

CAREER OBJECTIVE

Athletics Coach/ Facilitator with leading experience, seeking a dynamic position in a reputable establishment, which would offer additional growth to my skills on both personal and professional levels.

SKILLS

- Setting and Achieving Targets.
- Networking with decision makers.
- Strong Leadership, Team Building, Creative Problem Solving, Analytical Thinking & Communication Skills.
- Coaching Youth and Youngsters Athletics. This was gained while working with Istiklal Athletics Club.
- Excellent skills in Arabic and good command in English
- Ability to use computer
- Licensed driver

PROFESSIONAL EXPERIENCE

Jordanian National Triathlon Team

Mar. 2018 - Present

Amman, Jordan

Recruited as a Running Coach

Key Responsibilities:

- Coaching Athletes among the National Team to perform on high levels.
- Performing supervision duties.
- Performing basic health-check procedures.
- Deliver within specified timeframes.

The Hashemite University (HU)

Feb. 2007 – Present

Zarqa, Jordan

<https://hu.edu.jo/>

Recruited as Athletics Coach

Key Responsibilities:

- Coaching (HU) team to represent the university in Track & Field events.
- Performing supervision duties.
- Performing basic health-check procedures.
- Setting training plans and achieving required targets.
- Deliver results within specific timeframes.

Jordan Athletics Federation

2014 - Present

Amman, Jordan

<http://ar.jordan-athletics.org/news.php>

Recruited as a coach (2014 – 2016) & a member of the Technical Commission (Present)

Key Responsibilities:

- Coaching Athletes among the National team to perform on high levels.
- Decision making and discussing related subjects.
- Setting and Achieving Targets with the Board members.
- Performing Supervision duties.
- Deliver within specified timeframes.

The Hashemite University (HU)

Sep. 2011 – Jan. 2014

Zarqa, Jordan

<https://hu.edu.jo/>

Recruited as Facilitator at the Faculty of Physical Education & Sport Science – All levels

Key Responsibilities:

- Teaching the aspects of Athletics.
- Discussing Athletics- related issues with the students.
- Performing supervision duties.

Yarmouk University (YU)

2004 – 2006

Irbid, Jordan

<https://www.yu.edu.jo/en/>

Recruited as Co. Researcher & Facilitator at the Faculty of Physical Education – Athletics

Key Responsibilities:

- Teaching the aspects of Athletics.
- Discussing Athletics- related issues.
- Performing supervision duties.
- Following up with the newest training technologies.
- Analyzing training methods and techniques.

Jordan Athletics Federation

2000 - 2012

Amman, Jordan

Recruited as Athlete (Cross Country and Long Distance Runner)

Key Responsibilities:

- Representing the National Jordanian Athletics Team in National and International Events

EDUCATION

Yarmouk University (YU)

2006

Master's Degree in Physical Training

Yarmouk University (YU)

2004

Bachelor's Degree in Physical Education

Other Training Courses & Competitions Held:

- Winning 1st place in Universities' Championships with (HU) Athletics Team for nine times in a row.
- 1st place during Athletics Training Course, and I was assigned by my university, and I was shifted from Level two into Level one.
- Certified Level One Athletics coach by Youth Leadership Center during 2010.
- Jordanian Record Holder.
- Beirut Marathon 3rd Place (10km) – 2010.
- 6th Place during the 10th Asian Cross Country Championship in Bahrain – 2009.
- 7th Place Internationally and 1st among Arabs at Beirut Int. Marathon – 2007.
- 5th Place at the Asian Cross Country Championship (12km) in China – 2005.
- Half Marathon World Championship in India – 2004.
- 6th Place at the World Half Marathon Universities' Championships in South Korea – 2003.
- More national and international events (Upon request)

PERSONAL INFORMATION

Birth Date : 01.01.1982

Gender : Male

Nationality : Jordanian