

Curriculum Vitae

Name: Abdallah F. Abu Khait, Ph.D., CNS, MSN, BSN, RN

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Education and Training

Doctoral Degree

A. Institution: University of Connecticut

- **Date attended:** August 2017
- **Major:** Nursing
- **Degree:** Ph.D. in nursing
- **GPA:** (3.89/4)
- **Dissertation:** Building a Foundation for Reminiscence Research and Practice in the Arabic-Jordanian Culture
- **Advisor:** Dr. Juliette Shellman
- **Date degree awarded:** August 2020

Master Degree

B. Institution: The Hashemite University

- **Date attended:** September 2012
- **Major:** Nursing
- **Degree:** Master/ MSN/ Psychiatric and Mental Health Nursing Specialist
- **Date degree awarded:** July 2014
- **GPA:** (3.93/4)

Bachelor Degree

C. Institution: The Hashemite University

- **Date attended:** September 2004
- **Major:** Nursing
- **Degree:** B.Sc. of Nursing
- **Date degree awarded:** June 2009
- **GPA** (3.39/ 4)

Research Interest

My current research interest focuses on developing a national reminiscence program in Jordan by raising awareness among Jordanian people, health care providers, and health policymakers regarding the importance of reminiscence in promoting mental health. This goal will be accomplished by conducting a series of studies that describe the association between reminiscence functions and other health-related outcomes, as well as studies that describe the differences in reminiscence patterns and functions based on demographic variables. The next step will include the development of effective nursing interventions in the context of reminiscence and mild dementia, with a focus on the impact of reminiscence in determining health-related outcomes such as reducing depressive symptoms, improving cognition, and enhancing the well-being of individuals with mild dementia. My academic and research experience to date has provided me with an excellent background in using reminiscence for these patients. I have the expertise, leadership, training, and motivation needed to successfully carry out the proposed research project. I have a broad background in psychiatric and mental health nursing, with specific training and expertise in quantitative research. I am excited to keep

pushing forward with both education and research. My goal is to conduct further interventional studies to improve the process of mental health care.

Research Experience

School of Nursing, University of Connecticut, USA 2019- 2020
Research assistant to Dr. Mark Lazenby, The Spiritual Needs of Cancer Patients

1. I shared Dr. Mark in preparing a manuscript of integrative review about exploring psychotherapeutic interventions for Muslim people with cancer.
2. Graduate Student Technician, Summer 2020: This position reports directly to Dr. Lazenby. My duties included coordinating the Masterful Intervention Pilot Trial, which is conducted at Memorial Sloan-Kettering Cancer Center (MSKCC). The incumbent, through telecommuting, liaised with MSKCC research staff to:
 - Maintain detailed records pertaining to the trial.
 - Monitor research trial progress, including recruitment, intervention fidelity, and data collection and analysis.
 - Assist in writing manuscripts pertaining to the trial.

School of Nursing, University of Connecticut, USA 2018- 2019
Mentor: Urban Service Track

I mentored the Urban Health/AHEC Scholars in a variety of activities to enhance their clinical and patient counseling skills. The Urban Service Track/AHEC Program is designed to produce a cadre of well-qualified health care professionals through prevention and primary care in Connecticut's urban underserved communities.

School of Nursing, Hashemite University, Jordan 2015- 2017

Research Assistant: In this position, I have established skills in quantitative research and quality improvement. Projects have included the data collection, literature review, and analyses of data in the research study focusing on workplace violence against psychiatric nurses in Jordan. This resulted in a publication in the Archive of Psychiatric Nursing.

Teaching Experience

School of Nursing, University of Connecticut, USA 2017- 2019
Teaching assistant for nurse practitioner (NURS-5375-Advanced Neonatal Nursing Theory II; NURS-5362-Advanced Health Assessment Across the Lifespan; NURS-3130-Public Health Nursing; NURS-3715W-Nursing Leadership; NURS-5030-Nursing Research for Evidence Based Practice). Assisted in the selection of readings, graded the courses' assignments, managed the online course content, and critiqued final papers.

School of Nursing, Hashemite University, Jordan 2009- 2017
Clinical Instructor for Bachelor and Master students. Helped develop case studies, managed online course environment, and facilitated student discussions. Assisted in the selection of readings, lead seminar discussions, managed the online course content, coordinated guest lecturers, and critiqued final papers. I was responsible for reviewing and critiquing student papers.

Academic and Professional Work Experience

- **Title of position, institution date:**

Clinical instructor: This is a full-time position, with the School of Nurse Hashemite University, 2009- 2017

Graduate Assistant: This is a full-time track position, with the School of Nursing University of Connecticut. August-2017- 2020.

• Responsibilities are:

- Prepare materials for Human Subjects Review, interview subjects, and analyze data
- Keep accurate records of experimental/observational data
- Prepare articles, reports, and/or presentations
- Review literature
- Prepare materials for grant submission
- Attend lectures and present lectures as needed
- Maintain/submit student records (e.g., grades)
- Proctor School of Nursing exams

Professional Memberships

- 2009- Membership of Jordan nurses and midwife's council; Registration Number: 15304.
- 2015 - Clinical Nurse Specialist, Jordanian Nursing Council
- 2018 - Member, Sigma Theta Tau International Honor
- 2018 - Member, International Institute for Reminiscence and Life Review
- 2020- Member, Eastern Nursing Research Society (ENRS); ENRS Number: 100427
- 2018- THENA Research Series. School of nursing, University of Connecticut

Committees

2009 -2020

- A member of the committee for the preparation of Community and Mental Health lab, The Hashemite University.
- A member of the *Scientific Research* Committee in the Department of Community and Mental Health Nursing, The Hashemite University.
- ATHENA Research Series. School of nursing, University of Connecticut, 2017-2018.

Publications

- Abu Khait, A., & Lazenby, M. (2021).** Psychosocial-spiritual interventions among Muslims undergoing treatment for cancer: An integrative review. *BMC Palliative Care*, 20(1). <https://doi.org/10.1186/s12904-021-00746-x>
- Abu Khait, A. A., Shellman, J., & Menger, A. (2021).** Psychometric testing of the Arabic version of the reminiscence functions scale. *Journal of Nursing Measurement*, JNM-D-20-00113. <https://doi.org/10.1891/jnm-d-20-00113>
- Abu Khait, A., & Shellman, J. (2020).** Reminiscence in the care of people with mild dementia: A concept analysis. *Nursing Forum*, 55(2), 282-293. <https://doi.org/10.1111/nuf.12427>
- Abu Khait, A., Shellman, J., & Sabo, K. (2020).** Metasynthesis of patients' perspectives about reminiscence in dementia care. *Western Journal of Nursing Research*, 019394591989792. <https://doi.org/10.1177/0193945919897927>
- Abu Khait, A., Sabo, K., & Shellman, J. (2020).** Analysis and evaluation of Reed's Theory of Self-Transcendence. *Research and Theory for Nursing Practice*, 34(2), 170-187. <http://dx.doi.org/10.1891/RTNP-D-19-00015>

Al-Omari, H., **Abu Khait**, A., Al-Modallal, H., Al-Awabdeh, E., & Hamaideh, S. (2019). Workplace violence against nurses working in psychiatric hospitals in Jordan. *Archives of Psychiatric Nursing*, 33(5), 58-62. <https://doi.org/10.1016/j.apnu.2019.08.002>

Conferences, Presentations, and Workshops

- Abu Khait, Abdallah. (2020, March 26). Uses of Reminiscence in Dementia Care: An Integrative Review [Poster presentation]. 2020 Annual Scientific Sessions (ENRS): Boston, MA United States.
- Abu Khait, Abdallah. (2020, April 13). Translation, Cross-Cultural Adaptation, and Validation of the Arabic Version of the Reminiscence Functions Scale: A Study Protocol [Poster presentation]. ATHENA: Patient centered nursing care delivery, technology and more. Storrs, CT, United States.
<https://www.huskyct.uconn.edu>
- 30th Annual Scientific Sessions (ENRS): 4/11/2018 - 4/13/2018: Newark Liberty Marriott, Newark, NJ 07114 United States: Attendance
- 2018 International Reminiscence and Life Review Conference: November 12-13, 2018. Boston, Massachusetts, USA. Poster Presentation: Reminiscence in Mild Dementia Care: A Concept Analysis.
- 2018 International Reminiscence and Life Review Conference: November 12-13, 2018. Boston, Massachusetts, USA. Pre-Conference Workshops: (a) Reminiscence Therapy for Persons with Alzheimer's Disease and Other Cognitive Impairments, (b) Reflecting on the past: A cultural lens

Awards and Grants

- University of Connecticut Pre-doctoral Fellowship, 2017 \$4000
- University of Connecticut Pre-doctoral Fellowship, 2020 \$536
- Doctoral Student Travel Fellowship, 2020 \$ 1000
- Early PhD Posters: 2nd Place: Uses of Reminiscence in Dementia Care: An Integrative Review; The 2020 ENRS School-Selected Student Poster Winners!

- Students First Fund Award \$ 1800
- Sigma Theta Tau International- Mu Chapter \$1000