

Dr. Salwa Adnan Sharman



A full-time lecturer with a salary as an assistant professor in administration and training for swimming
College of Physical Education and Sports Sciences,
The Hashemite University

personal information

Date of birth: 3/20/1979

Place of birth: Kuwait

Religion of Islam

Jordanian nationality

Marital Status: Married

post address

work address

College of Physical Education and Sports Sciences
The Hashemite University
Sub: 4553

Permanent Address

Al-Ahram Street
Al-Abrar neighborhood: Al-Qusailah
Irbid - The Hashemite Kingdom of Jordan

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salwa_shorman@hu.edu.jo

Qualifications

Appreciation	Graduation Year	University / Country	Specialization	Degree
Excellence	2016	The University of Jordan \ Jordan	physical education	Doctor of Philosophy
Excellence	2011	Yarmouk University / Jordan	Sports Science	Master's degree
Excellence	2002	Yarmouk University / Jordan	physical education	Bachelor's degree

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Title of the PhD thesis:
The effect of ballistic training on improving some physical and skill abilities in the games of swimming and basketball.

Thesis Title:
The extent to which some anthropometric measurements and physical abilities contribute to the digital level of swimmers

Academic awards

Academic excellence, the highest GPA in 3.5 years

Obtaining the first place in the master's degree and obtaining a certificate of honor 2011

The first batch in PhD 2016

Academic rank

Full-time Lecturer, with a salary, Assistant Professor / College of Physical Education and Sports Sciences - The Hashemite University	Now - 1/6/2019
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Practical experiences

Full-time Lecturer, with a salary, Assistant Professor / College of Physical Education and Sports Sciences - The Hashemite University	Now - 1/6/2019
Physical education teacher, Irbid - Jordan	<i>24/8/2003-1/1/2019</i>
Fitness trainer - Al Hassan Youth City	1/1/2003– 1/8/2003
Swimming lifeguard - El Hassan Youth City	2000–2003
Swimming Instructor - Al Hassan Youth City and Yarmouk University	2017 -1998

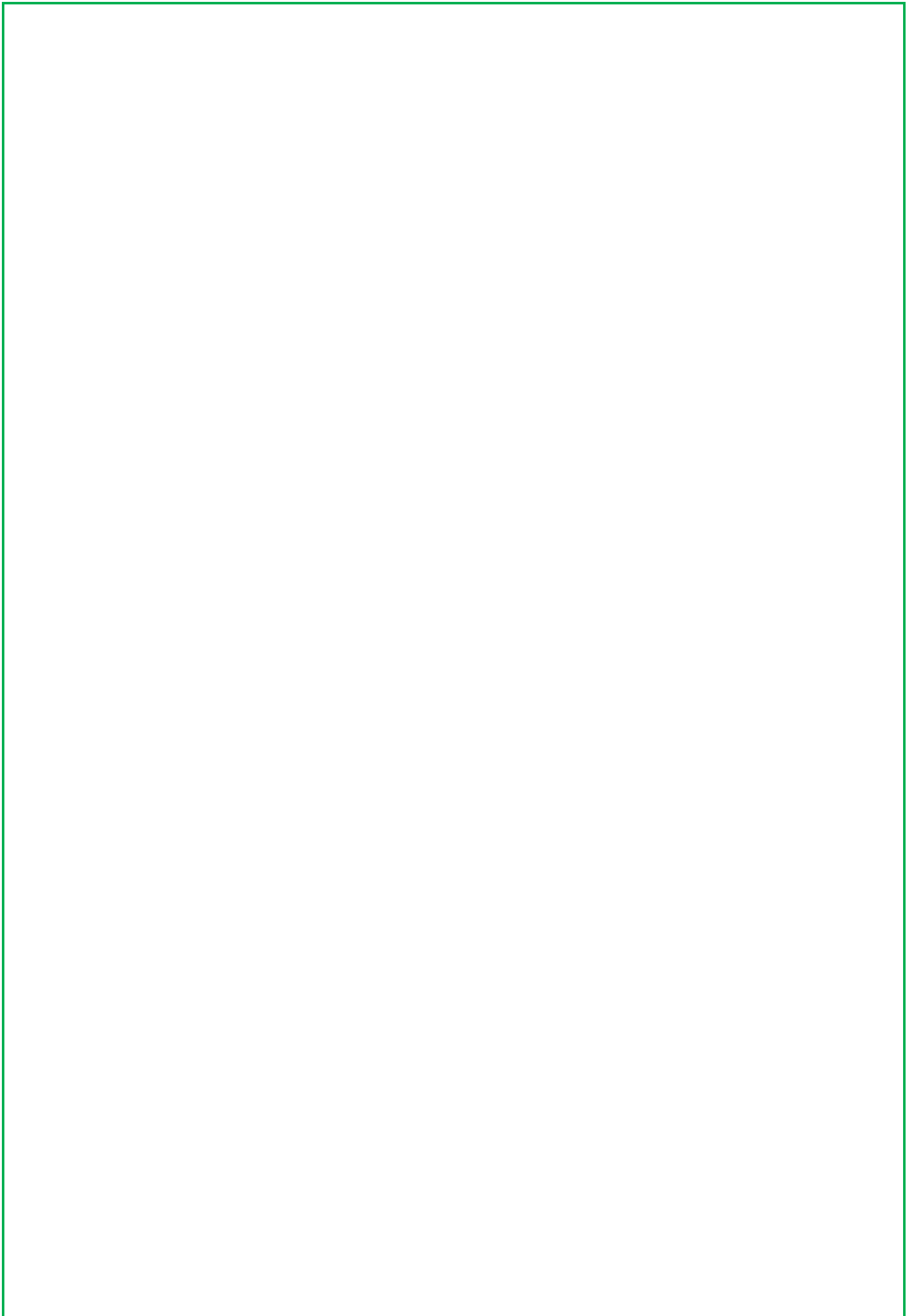
Research

1- Al-Sharman, Salwa Adnan, and Walid Al-Rahaleh (2019) The effect of ballistic training on improving some physical and skill levels in the games of swimming and basketball, Journal of Educational Sciences Studies / University of Jordan, 46 (1) 98-116

**2-Al-Sharman, Salwa Adnan, and Ziyad Al-Kurdi (2013) The extent to which some anthropometric measurements and physical abilities contribute to the digital level of swimmers
Mu'tah Journal for Research and Studies, Humanities and Social Sciences Series 28 (3) 29-65.**

**3-Barriers to physical activities of college students with disabilities
Ibrahim Mohammad Harafsheha*, Faleh Aultan Abu-eida, Salwa Adnan Alshormana and Enshirah Abdullah Kanaana
Management Science Letters 10 (2020) 3339–3346**

**4-
KINEMATICS OF SCISSORS LEG STROKE VS BREAST STROKE KICKS OF POOLS' LIFEGUARDS DURING VICTIM TUG
Salwa Adnan Alshorman, Wasim Yousef Zeidan, Ibrahim mohammad Harafsheh, Raiea Marouf Alkhrasat**



Scientific conferences

The Hashemite University, Zarqa 20-23 / 8/2019 (Reception and Public Relations Committee for the Conference)

Courses and subjects that I teach

- **Swimming**
- **Management and training in swimming**
- **the flying Feather**
- **Motor development**
- **Sports Psychology**
- **Principles of sports training science**

Courses and workshops

- International Computer Driving License- ICDL 2004
- Intel Course 2005

- Unit Leader Assistant Course (Girl Guides and Scouts) 2006

- Volleyball refereeing course

- Basketball Arbitration Course
- Badminton arbitration course
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- Tennis refereeing course
- -Judging and training course in the King Abdullah Award for Fitness and Health
- Curriculum development course in education
- Volleyball training course

- Swimming training course
- A course for new faculty members at the Hashemite University

