

Dr. Mu'ath Ibrahim Mustafa Tanash

د. معاذ ابراهيم مصطفى طناش

BSc, RNS, MSc, PhD | 33 Years



+962 (5) 3903333-5454

+962 7 82720618

(WhatsApp)



MTanash@hu.edu.jo

mmuuaatth@yahoo.com



twitter

@muathtanash



The Hashemite University
Faculty of Nursing
P.O. Box 330127
Zarqa- 13133- Jordan

EDUCATION

- PhD in Nursing Science – Adult Health Nursing | 2014 – 2018 | Ulster University, UK. Thesis title: “*Developing and Feasibility Testing a Novel Intervention to Promote Self-management for Jordanian Patients Presenting with an Acute Coronary Syndrome and Type 2 Diabetes*”.
- MSc in Advanced Nursing | 2010 - 2011 | Glasgow Caledonian University, UK. Thesis title: “*Personal Protective Equipment: Knowledge and Compliance among Jordanian Nurses*”
- B.Sc Nursing Science | 2005 - 2009 | Jordan University of Science and Technology, Jordan.
- Secondary School (Scientific Stream) | 2004 | Jordan.

CURRENT POSITION

- Assistant Professor at Department of Adult Health Nursing | 2019 – now | Faculty of nursing at the Hashemite University, Jordan.
- Assistant Dean of Student Affairs | 2020 – now | Faculty of nursing at the Hashemite University, Jordan.

EXPERINCE

- Research Assistant | 2018, Queens University, UK.
- Research and Teaching Assistant | 2017 – 2018, Ulster University, UK.
- Assistant Specialist | 2011 – 2013 | Medical Clinic, UK & Jordan.

- Cardiac nurse | 2009 - 2010 | Al-Mafraq Government Hospital, Jordan.

SCHOLARSHIPS

- Vice-Chancellor's Research Scholarships (VCRS) for PhD study | 2014 - 2018| Ulster University, UK.
- Research Scholarship of the Hashemite University for PhD student | 2017-2018 |, Jordan.
- Broadening Horizons Travel Bursary | 2015 | Ulster University Student Fund, UK.
- International research scholarship | 2014 | Brighton University, UK.
- International research scholarship deduction for Master degree | 2010 | Glasgow Caledonian University, UK.

PROFESSIONAL SKILLS

- Training of trainers on interactive learning methods |2020 | The Royal Health Awareness Society, JO
- Guidance and counselling Methods |2020 | The Royal Health Awareness Society,JO
- National standards for youth-friendly centers |2021 | The United Nations Population Fund & The Royal Health Awareness Society, JO
- Depth interviewing skills | NatCen Social Research-London, UK.
- Qualitative interviewing skills (Individual & Focus group) | Ulster University, UK.

- Essentials of qualitative analysis | Ulster University, UK.
- Qualitative Data Analysis (NVivo) | Ulster University, UK.
- Quantitative data collect and analysis (SPSS) | Ulster University, UK.
- Qualtrics online survey software: collect and analysis | Queens University, UK.
- Fundamentals of Questionnaire Design | Ulster University, UK.
- Cochrane systematic reviews | Cochrane Center, UK.
- Professional Writing for publication | Palliative Care Research Forum, Northern Ireland.
- Writing a Critical Literature Review | Ulster University, UK.
- Advanced Presentation Skills | Ulster University, UK.
- Doctoral Innovation Programme |
 1. Research Project Planning, Implementation & Control.
 2. Making Professional Presentations.
 3. Facilitating Effective Professional Working Relationships.
 4. Project Closure, Evaluation & Transition Planning.
 5. ILM Level 5 Award in Leadership and Management | Ulster University, UK
- Advanced CPR & AED Skills | European Resuscitation Council.
- BCLS (Basic Cardiac Life Support): American heart association & European Resuscitation Council - Athens-Greece
- ACLS (Advanced Cardiac Life Support): American heart association & European Resuscitation Council Athens- Greece
- B.L.S. (Basic Life Support, CPR) | Jordan University of Science & Technology, Jordan.
- Infection control, I.V Fluids and Nursing Documentation | Jordan University of Science & Technology, Jordan.

- Developing vocabulary and spoken fluency in English | Glasgow Caledonian University, UK.
- Reading and planning effectively for writing in English | Glasgow Caledonian University, UK.
- Advance reading, speaking and writing English language | Glasgow Caledonian University, UK.
- VAdobe Photoshop Program | Refworks v2 and EndNote referencing softwares | Microsoft Office

PUBLISHED PROJECTS

- Donna Fitzsimons, Matthew A Carson, Tina B Hansen, Lis Neubeck, **Mu'ath I Tanash**, Loreena Hill (2021) "*The varied role, scope of practice, and education of cardiovascular nurses in ESC-affiliated countries: an ACNAP survey*", European Journal of Cardiovascular Nursing, zvab027, <https://doi.org/10.1093/eurjcn/zvab027>
- Hamaideh, Shaher; Al-Modallal, Hanan; **Tanash, Mu'ath**; Hamdan-Mansour, Ayman M (2021) "*Depression, anxiety and stress among undergraduate students during COVID-19 outbreak and "home-quarantine"*", Nursing Open, NOP-2021-Jan-0016.R2.
- Al Maqbali, M., Al Sinani, M., Al Naamani, Z., Al Badi, K., & **Tanash, M. I.** (2021). *Prevalence of Fatigue in Patients With Cancer: A Systematic Review and Meta-Analysis*. Journal of pain and symptom management, 61(1), 167–189.e14. <https://doi.org/10.1016/j.jpainsymman.2020.07.037>
- Abujilban , Sanaa ; Mrayan, Lina; Al-Obeisat, Salwa; **Tanash, Muath** (2020) "*Knowledge, Attitude and Practices toward COVID-19 and Antenatal Depression among Jordanian Pregnant Women*", Nursing Open, SO-20-4483 | NOP-2020-Dec-1279.
- Alshraifeen, Ali; Al-Rawashdeh, Sami; Alnuaimi, Karimeh; Alzoubi, Fatmeh; **Tanash, Muath**; Ashour, Ala; Al-Hawamdih, Sajidah; Al-Ghabeesh, Suhair, (2020) "*Social Support Predicted Quality of Life in People Receiving Hemodialysis Treatment: A Cross-Sectional Survey*", Nursing Open, NOP-2020-Feb-0089.R1

- **Tanash, MI.**, Fitzsimons, D. and Coates., V. (2016) “*Are interventions to promote self-management in acute coronary syndrome and type 2 diabetes effective? A systematic review*”, Abstract presentation in EuroHeartCare 2016 - Croatia, and published on European Journal of Cardiovascular Nursing, Vol.15, No.1, P. S1 -S115.

- **Tanash, MI.**, Fitzsimons, D., Coates, V. and Deaton, C. (2017), “*An evaluation of the effectiveness of self-management interventions for people with type 2 diabetes after an acute coronary syndrome: a systematic review*”. Journal of Clinical Nursing. 26, 1458-1472.

- **Tanash, MI.**, Coates, V., Fitzsimons, D., Slater, P., Ashour and A., AL-Faouri, I. (2017), “*Double trouble: developing an intervention for people with diabetes and heart disease - what professionals tell us?*” Abstract presentation in EuroHeartCare 2017- Greece, published on European Journal of Cardiovascular Nursing, 16, S1-S100.

- **Tanash, MI.**, Coates, V., Slater, P., Fitzsimons, D. and Alshraifeen, A. (2018) “*Double trouble: Implications for care and self-management interventions when patients experience type 2 diabetes post-acute coronary syndrome – qualitative study of the patient’s perspective*”, Oral presentation in EuroHeartCare 2018 Dublin and published on European Journal of Cardiovascular Nursing, Vol.17, No.1, P. S1– S120.

ACTIVE MEMBERSHIP

- Journal reviewer in international journal | Nursing and Health sciences Journal
- International Network for Doctoral Education in Nursing (INDEN)- Institutional Band 1, Johns Hopkins University, USA.
- European Society of Cardiology- Council on Cardiovascular Nursing and Allied Professions (CCNAP), European Society of Cardiology- France.
- Research student’s representative | Institute of Nursing and Health Research - Ulster University, UK.

- RNs | Jordanian nursing and midwifery council (JNMC).

PERSONAL SKILLS

- Competence in Arabic and English language
- Enjoying team work
- Industrious and diligent in carrying out tasks or duties

REFERENCES: Available upon request