

Curriculum Vitae

Dr Saeed Al-Naser

MBBS MSc MRCS FRCS (Tr & Orth)

Personal Details & Contact information:

Name: Dr Saeed Eyad Saeed Al-Naser
Date of Birth: 17/10/1978
Nationality: British
Address: 4 Al-Dahnaa Street, deir Gbar, Amman, Jordan
Telephone number: Jordan: 00962795269224
UK: 00447865286125
Email: alnasersaeed@yahoo.co.uk

Registrations:

General Medical Council	6093062	Full Specialist Registration- Trauma & Orthopaedics
Jordan Medical Association	15773	Full Specialist Registration- Trauma & Orthopaedics

Memberships:

Fellow of the Royal College of Surgeons of Edinburgh
Member of the Royal Jordanian Committee of Orthopaedic Surgeons
MDDUS M197248

Qualifications:

Certificate of Equivalence of Specialist Training (CESR/CCT)-Trauma & Orthopaedics	General Medical Council	2015
Jordanian Board in Trauma & Orthopaedics (Hons)	Jordan Medical Council	2013
FRCS (Tr & Orth)	The Royal College of Surgeons of Edinburgh	2012
Intercollegiate Specialty Exam- Trauma & Orthopaedics	The Joint Committee on Intercollegiate Examinations	2012

MSc 'Advanced Surgical Practice'	Cardiff University	2009
MRCS	The Royal College of Surgeons of Edinburgh	2007
MBBS	Jordan University of Science & Technology	2002

Employment History:

Assistant Professor Orthopaedic Surgery

The Hashemite University, Jordan

11/3/2018- Current

Full Time Employment

Consultant Paediatric Orthopaedic Surgeon

Al-Habib Medical Group, Riyadh, Saudi Arabia

06/03/2016- 6/3/2018

Full Time Employment

Consultant Orthopaedic Surgeon (Paediatric Orthopaedics and Limb Reconstruction)

Sheffield Children Hospital, Western Bank, Sheffield, S10 2TH

07/10/2015- 09/03/2016

Full Time Employment

Description:

I practice independently in this highly prestigious paediatric orthopaedic unit. My practice involves both trauma and elective cases covering all aspects of paediatric orthopaedics e.g. DDH, CTEV, Cerebral palsy and other neuromuscular conditions, congenital anomalies, limb reconstruction, guided growth, adolescent knee conditions, trauma surgery, etc.

Senior Clinical Fellow in Paediatric Orthopaedics and Limb Reconstruction Surgery- SAC Approved Fellowship

Sheffield Children Hospital, Western Bank, Sheffield, S10 2TH

6/10/2014-6/10/2015

Full Time Employment

Supervisors: Mr Geraint Davies, Mr James Fernandes, Mr Stanley Jones, Mr Mark Flowers, Mr Sanjeev Madan, Mr Stephen Giles

Description:
This is a SAC approved fellowship in paediatric orthopaedics and Limb reconstruction surgery. I was exposed to all aspects of paediatric orthopaedics including hip and foot ankle surgery. I performed hip ultrasound screening and Ponseti casting. I was also exposed to cerebral palsy surgery gait analysis and multilevel surgery. I gained vast experience in limb reconstruction and deformity

planning using the Ilizarov and the Taylor Spatial frame methods. I also gained lots of experience in paediatric trauma surgery.

**Clinical and Research Fellow in Knee Surgery- SAC Approved Fellowship
(Knee Surgery, Hip Surgery and General Trauma)**

The Royal Bournemouth Hospital, Castle Lane East, Bournemouth, Dorset BH7 7DW and
Poole Hospital, Longfleet Rd, Poole, Dorset BH15 2JB

09/09/2013- 06/10/2014

Full Time Employment

Supervisors: Mr Nicholas J Fiddian and Mr Adrian Harvey Description:

This is a SAC approved post FRCS fellowship in knee surgery. My duties include supervised elective theatre lists and outpatients clinics mainly covering knee surgery but also hip surgery. I received training in knee arthroplasty (Total and partial knee replacements), revision Knee surgery and soft tissue knee surgery (knee arthroscopy, ACL reconstruction, Patellar instability surgery, etc.) as well as primary hip replacement. I did independent theatre lists where I performed primary knee and hip replacements, knee arthroscopies and ACL reconstruction. I did supervised lists with my supervisors learning revision surgery and more complex cases.

I participated in the middle grade on call rota at Bournemouth hospital 1:8 and did independent general trauma operating lists at Poole hospital on weekends 1:6.

I was also a research fellow and was involved in few research projects and I ran an audit clinic looking at the outcome of knee replacements.

**Clinical Fellow in Paediatric Orthopaedics
(Paediatric Orthopaedics and Paediatric trauma)**

Birmingham Children Hospital NHS Foundation Trust, Steelhouse Lane, Birmingham

West Midlands B4 6NH

18/02/2013-31/08/2013

Full Time Employment

Supervisors: Mr John O'Hara, Mr Edward Bache, Mr Hari Prem, Mr Andrew Gaffey, Mr R Vadivelu and Mr James Phillips Description:

This is fellow post that can be accommodated according to training needs. I joined the post as a post FRCS fellow aspiring to pursue a career in paediatric orthopaedics and was treated as a senior fellow. My duties included supervised clinics and operating theatre lists covering trauma and elective cases. I also did independent clinics and operating lists in the absence of my supervisors. I did daily ward rounds with the junior doctors managing inpatients. I was exposed to most subspecialties within paediatric orthopaedics including hip, foot & ankle, upper limb, cerebral palsy, deformity correction/frames and young adult hip surgery. I have attended specialised clinics e.g. spina bifida, congenital upper limb, arthrogyrosis and ortho-endocrine clinics.

I participated in the middle grade on call rota 1:7 covering trauma cases and receiving referrals from all hospitals in West Midlands.

**Senior Clinical Fellow in Paediatric Orthopaedics-SAC Approved Fellowship
(Paediatric orthopaedics and General Trauma)**

University Hospital Southampton NHS Foundation Trust, Tremona Road, Southampton,
Hampshire SO16 6YD

01/02/2012-08/02/2013

Full Time Employment

Supervisors: Prof Nicholas M P Clarke, Mr Michael Uglow, Mr Edward Gent, Mr Graeme Taylor, Mr Kulandaivel Sakthivel, Miss Caroline Edwards.

Description:

This is a SAC approved fellowship in paediatric orthopaedics. I worked with all of the supervisors who are sub specialised and covered all aspects of paediatric orthopaedics. My duties included supervised clinics and theatre operating lists covering all aspects of paediatric orthopaedics. I also did independent clinics and theatre lists in the absence of my supervisors. I received training in Ponseti casting and ultrasound diagnosis and follow up of DDH patients and was independently running such clinics towards the end of fellowship. I led a daily ward round with the junior doctors looking after inpatients. I was also participating in the general (adult and paediatric) trauma on call 1:8 receiving referrals from the whole of Hampshire and Dorset. I have been involved in running the general (adult and paediatric) trauma list. I have also participated in running a weekly research clinic looking at DDH patients.

**Senior Clinical Fellow in Trauma & Orthopaedics
(Upper Limb: Shoulder, Elbow and Hand Surgery + General Trauma)**

Bedford Hospital NHS Trust, Kempston Road, BEDFORD, Bedfordshire MK42 9DJ

22/08/2011-31/01/2012

Full Time Employment Supervisor:

Mr Sameer Singh Description:

This is a middle grade post covering general trauma and elective upper limb surgery. My duties included supervised fracture clinics and trauma lists covering trauma surgery in general and complex upper limb trauma. On the elective side, I did supervised upper limb clinics and theatre lists. I gained clinical and operative skills in open and arthroscopic shoulder surgery, elbow surgery and hand surgery. I participated in the middle grade on call rota 1:8. I occasionally led the daily ward round looking after inpatients in the absence of my supervisor.

**Locum Appointment for Training (LAT) Specialty Trainee in Trauma & Orthopaedics
(Paediatric Orthopaedics, Lower limb Surgery + General Trauma)**

East of England Deanery Higher Surgical Training Programme

Bedford Hospital NHS Trust, Kempston Road, BEDFORD, Bedfordshire MK42 9DJ

01/08/2010- 31/07/2011 Full

Time Employment Supervisors:

Mr Phillip Edge 6 months- Paediatric Orthopaedics, Hip/Knee Arthroplasty and General Trauma
Mr Yadu Shankarappa 6 months- Hip/Knee Arthroplasty, soft tissue knee surgery and complex trauma

Description:

My duties included supervised clinics and theatre operating lists covering general trauma (with more complex lower limb trauma in the first six months) and elective orthopaedics within the subspecialty. I participated in the middle grade on call rota 1:8. I occasionally led the daily ward round looking after inpatients in the absence of my supervisor. I gained experience in hip and knee arthroplasty, knee arthroscopy, general paediatric orthopaedics and general trauma.

**Locum Appointment for Training (LAT) Specialty Trainee in Trauma & Orthopaedics
(Foot & Ankle Surgery, Knee Surgery, Arthroplasty and General Trauma)**

East Midlands (North) Deanery Higher Surgical Training Programme

Sherwood Forest Hospitals NHS Foundation Trust

Kings Mill Hospital, Mansfield Road, Sutton-in-Ashfield, Nottinghamshire NG17 4JL

05/08/2009-02/08/2010 Full

Time Employment

Supervisors:

Mr Paresh Kothari 6 months- Foot & Ankle Surgery, Hip/Knee Arthroplasty and General Trauma

Mr Maurice Needoff 6 months-Hip/Knee Arthroplasty, Soft Tissue Knee Surgery and General Trauma

Description:

My duties included supervised clinics and theatre operating lists covering general trauma (with complex knee and Foot & Ankle trauma) and elective orthopaedics within the subspecialty. I participated in the middle grade on call rota 1:8. I occasionally led the daily ward round looking after inpatients in the absence of my supervisor

**Locum Appointment for Training (LAT) Specialty Trainee in Trauma and Orthopaedics
(Spine Surgery, Hip/Knee Arthroplasty and General Trauma)**

North of Scotland Deanery Higher Surgical Training Programme

NHS Grampian

Woodend Hospital, Eday Road, Aberdeen, Aberdeenshire AB15 6XS

Aberdeen Royal Infirmary, Foresterhill Road, Aberdeen, Aberdeenshire AB25 2ZN

04/02/2009-31/07/2009 Full

Time Employment

Supervisors:

Mr David Knight- Spine Surgery

Prof James D Hutchison- Hip/Knee Arthroplasty

Description:
My duties included supervised clinics and theatre operating lists covering elective orthopaedics within the subspecialty. All elective work was done at Woodend Hospital. Most of my time was spent in Spine surgery. I participated in the middle grade on call rota 1:6 in Aberdeen Royal Infirmary where I did some trauma operating lists. I occasionally led the daily ward round looking after inpatients in the absence of my supervisor.

**Locum Appointment for Service (LAS) Specialty Registrar in Trauma & Orthopaedics
(Shoulder Surgery, Elbow Surgery, Hand Surgery and General Trauma)**

Abertawe Bro Morgannwg University Health Board

Morrison Hospital, Heol Maes Eglwys, Morrison, Swansea SA6 6NL

01/04/2008- 03/02/2009

Full Time Employment

Supervisors:

Mr Ceri Hoddinott- Shoulder and Elbow Surgery

Mr David Newington- Hand Surgery Mr

Andrew P Davies- Trauma Description:

This is a post that had arisen after one of the trainees obtained a consultant post. The post was advertised locally as a (LAS) although my duties were similar to other training registrars within the firm including the number and distribution of sessions and attendance of weekly regional deanery teaching. My duties included supervised clinics and theatre operating lists covering general trauma (with complex upper limb trauma) and elective orthopaedics within the subspecialty. I participated in the middle grade on call rota 1:8. I occasionally led the daily ward round looking after inpatients in the absence of my supervisor.

Trust grade Senior House Officer in Trauma & Orthopaedics

(Arthroplasty, Knee Surgery, Pelvic and Acetabular Surgery and General Trauma)

Abertawe Bro Morgannwg University Health Board

Morrison Hospital, Heol Maes Eglwys, Morrison, Swansea SA6 6NL

01/08/2007-31/03/2008 Full

Time Employment

Supervisors:

Mr Andrew P Davies (Knee Arthroplasty and soft tissue knee surgery)

Mr E T R James (Hip/Knee Arthroplasty)

Prof Ian Pallister (Pelvic and acetabular surgery, Complex Trauma surgery) Description:

My duties included looking after in patients on the trauma and elective sides. I also regularly attended trauma and elective clinics and operating lists. Towards the end of this placement I was performing some minor trauma cases independently with the supervisor unscrubbed e.g. ankle fracture ORIF, DHS and MUAs.

Senior House Officer in Trauma & Orthopaedics

(Arthroplasty, Knee Surgery, Pelvic and Acetabular Surgery and General Trauma)

Abertawe Bro Morgannwg University Health Board

Morrison Hospital, Heol Maes Eglwys, Morrison, Swansea SA6 6NL

01/08/2007-31/03/2008 Full

Time Employment

Supervisors:

Mr Andrew P Davies (Knee Arthroplasty and soft tissue knee surgery)

Mr E T R James (Hip/Knee Arthroplasty)

Prof Ian Pallister (Pelvic and acetabular surgery, Complex Trauma surgery) Description:

My duties included looking after in patients on the trauma and elective sides. I also regularly attended trauma and elective clinics and operating lists.

Senior House Officer in Trauma and Orthopaedics**(Hip/ Knee Arthroplasty, Foot and Ankle, Shoulder surgery and General Trauma)**

West Wales General Hospital, Dolgwili Road, Carmarthen, Dyfed, Carmarthenshire, SA31 2AF

Prince Philip Hospital, Bryngwyn Mawr Dafen Rd, Llanelli, Carmarthenshire SA14 8QF

08/02/2006-06/02/2007 Full

Time Employment

Supervisors:

Mr A Gadgil (Foot & Ankle, Arthroplasty and General Trauma)

Mr S Johnson (Shoulder surgery, Arthroplasty and General Trauma)

Mr R Uppala (Arthroplasty and General Trauma) Description:

My duties included looking after in patients on the trauma and elective sides. I also regularly attended trauma and elective clinics and operating lists.

Senior House Officer in Accident and Emergency

Prince Philip Hospital, Bryngwyn Mawr Dafen Rd, Llanelli, Carmarthenshire SA14 8QF

03/08/2005-07/02/2006

Full Time Employment

Supervisor: Mr M Vaziri

Description:

My duties included the primary management of acutely ill patients including medical, surgical and trauma patients and arranging secondary definitive treatment and follow up for these patients.

Pre Registration House Officer (PRHO) in General Surgery**Breast and Colorectal Surgery**

Prince Philip Hospital, Bryngwyn Mawr Dafen Rd, Llanelli, Carmarthenshire SA14 8QF

09/03/2005-02/08/2005

Full Time Employment

Supervisors: Mr Simon Holt and Mr D Shanahan Description:

My duties included looking after inpatients on the surgical ward, pre and post operative management of surgical patients, running pre assessment operative clinics and assisting in the operating theatre and in the outpatient clinic.

Resident in general surgery (SHO equivalent)**(Rotating through General surgery, Plastic Surgery, Cardiothoracic surgery)**

King Hussein Medical Centre, Amman, Jordan

01/01/2004-14/02/2005

Full Time Employment Supervisor:

Dr K Omari Description:

My duties included looking after inpatients on the surgical ward, pre and post operative management of surgical patients, running pre assessment operative clinics and assisting in the operating theatre and in the outpatient clinic.

General Practitioner

Royal Medical Air Forces, Amman, Jordan

01/07/2003-31/12/2003

Full Time Employment Supervisor:

Dr K Omari Description:

My Duties included primary assessment of patients in a General Practice clinic in a military air force base, treatment of simple cases, arranging investigation for patients and referring patients to specialist care when required.

Internship in General Surgery, General Medicine and Accident and Emergency

King Hussein Medical Centre, Amman, Jordan

01/07/2002-30/06/2003

Full Time Employment Supervisor:

Dr K Omari Description:

My Duties included looking after in patients, data keeping, arranging investigations and supervised treatment of patients on the ward and in A&E

Awards:

‘Dr Yasser Amr’ Prize for Academic Excellence (for highest score in the Jordanian Board of Trauma and Orthopaedics 2013)- The Jordanian Orthopaedic Association

Research Experience:

- **Intramedullary nailing for deformity correction in patients with pathological Bone disease**
A retrospective study studying patients with Osteogenesis Imperfecta, fibrous dysplasia and rickets who required rigid nailing of the femur and the tibia. I looked at deformity correction, healing rates and complications.
- **The efficacy of local anaesthesia infiltration in the hamstring tunnel after ACL reconstruction.**
A randomised controlled trial of 84 patients undergoing ACL reconstruction with Hamstring graft to assess the efficacy of local anaesthetic infiltration in the hamstring tunnel after harvesting on the levels of post-operative pain. I personally recruited 45 patients for the study explaining the study, obtaining consent and providing information sheet about the study. I also followed the patients by telephone to assess their pain levels over a three day period postoperatively.
- **Do Pre-Operative Radiographs Predict Outcome after Total Knee Replacement? Analysis of Pre-Operative Radiographs Vs Post-Operative Outcomes.**
Presented at EFORT/BOA 2014- London

A prospective study of 314 patients aiming to determine the correlation between the radiographic severity of knee osteoarthritis and the outcome following knee arthroplasty using patient reported outcome measures (PROMs). I gathered the data and did the statistical analysis on the results and then prepared the study abstract and presented the findings as a poster at EFORT/BOA 2014

- **A randomized controlled trial comparing the use of standardized knee cutting blocks with MRI generated Visionaire® patient specific cutting blocks for implant alignment in Total Knee Replacement surgery**

A RCT of 130 patients aiming to determine the difference between the two methods in the rotational, sagittal and coronal alignment of TKR as well as the clinical outcome. I prepared the study protocol and submitted it for ethical approval. I liaised with the sponsoring company regarding the logistics of running the study.

- **Knee Surgery Database**

I designed the Knee surgery database and worked on it with the IT department at The Royal Bournemouth Hospital.

- **A randomised controlled trial comparing static cold compression therapy (Cryocuff®) with dynamic cold compression (GameReady®) after Total Knee Replacement surgery**

A RCT comparing the two methods in terms of postoperative pain, rehabilitation, outcome and complications following TKR surgery. I prepared the study protocol and submitted for ethical approval.

- **The effects of Vitamin D Deficiency on the natural history of Perthes' disease. Presented at BSCOS 2013- Leicester**

A retrospective study looking at Vitamin D deficient patients with Perthes' disease to assess the effects of Vitamin D deficiency on the duration of the fragmentation and ossification stages in order to try to predict prognosis in this group of patients. I gathered the data, analysed the results, prepared the abstract and presented the results as podium presentation at BSCOS 2013.

- **Avascular necrosis following failed Pavlik harness treatment of DDH**

A retrospective study aiming to find a correlation between DDH cases who failed the Pavlik harness treatment with the development of Avascular necrosis. I gathered data and analysed results and then prepared the study abstract. Results were implemented locally in the department.

- **MSc Dissertation: The effects of the psychological status on early outcome following knee arthroplasty. A Prospective Study.**

Presented at BASK 2009- Edinburgh and SICOT 2009 Thailand.

A prospective study of 108 patients aiming to assess the effects of anxiety and depression on the outcome of knee arthroplasty using patient reported outcome measures (PROMs). I recruited all patients and followed them up. I obtained all the scores pre-operatively and then at 6 months and one year postoperatively. I

analysed the data and prepared the abstract and then presented the results as a podium presentation at BASK 2009 and SICOT 2009.

- **Outcome following unicompartmental knee arthroplasty. A Prospective study.**

- **Presented at BASK 2009- Edinburgh and SICOT 2009- Thailand**

- A Prospective study of 108 patients to assess the difference in outcome between unicompartmental knee arthroplasty compared with Total knee arthroplasty using patient reported outcome measures (PROMs). I recruited all patients and followed them up. I obtained all the scores pre-operatively and then at 6 months and one year postoperatively. I analysed the data and prepared the abstract and then presented the results at SICOT 2009.

- **The correlation between knee scoring system**

- **Presented at SICOT 2009- Thailand**

- A prospective study of 108 patients. All patients were assessed clinically and radiologically. All patients were scored using different knee scoring systems. Scores were recorded pre-operatively and then six months and one year following knee replacement. The correlation between the scores was analysed. I recruited all patients and followed them up. I obtained all the scores pre-operatively and then at 6 months and one year postoperatively. I analysed the data and prepared the abstract and then presented the results at SICOT 2009.

- **The effects of obesity on symptoms, function and psychological distress in patients undergoing knee arthroplasty. A Prospective Study.**

- **Presented at BASK 2008 and SICOT 2009.**

- A Prospective study comparing the outcome of Total Knee arthroplasty in patients with BMI of >35 compared with patients of normal BMI. I recruited all patients and followed them up. I obtained all the scores pre-operatively and then at 6 months and one year postoperatively. I analysed the data and prepared the abstract and then presented the results at BASK 2008.

- **The management of distal femoral intra-articular fractures: A quality of life study comparing supracondylar nail with LISS plating. A Retrospective study.**

- A retrospective study comparing outcome following fixation of femoral supracondylar fractures with the above methods in terms of symptoms, function and rate of complications

I have also conducted the following literature reviews as part of my MSc degree 'Advanced Surgical Practice' in Cardiff University:

- Cervical spine clearance in the unconscious trauma patient: The efficacy of methods and the current practice
- The effects of smoking on the rates of development of surgical wound infection and the role of smoking cessation in reducing the risk

- The efficacy of suction drainage in total hip arthroplasty.
- Colloids vs. Crystalloids in the initial management of the multi trauma patient.
- Prevention of atelectasis in the peri-operative period.
- The efficacy of glyceryl trinitrate (GTN) in the treatment of chronic anal fissure.
- The role of analgesia in acute abdominal pain.
- The role of mechanical bowel preparation in elective colorectal surgery.

Publications:

- Deformity Correction and stabilization of long bones of adolescents with metabolic bone disease using rigid intramedullary nailing. Bone and Joint (BJJ) Sep 2016. 98-B (15):11. S Al-Naser, N Nicolaou, S N Giles, J A Fernandes
- The effects of Vitamin D Deficiency on the natural progression of Perthes' disease. Bone and Joint (BJJ) Jan 2014. 96-B (1):7. S Al-Naser, J Judd, NMP Clarke.
- Pre Operative psychological status affects early outcome following primary knee arthroplasty. JBJS (Br) Proceedings, Jul 2010; 92-B: 406. S Al-Naser, ETR James, AP Davies
- Outcome following Unicompartmental knee arthroplasty. JBJS (Br) Proceedings, Jul 2010; 92B: 415 - 416. S Al-Naser, AP Davies
- The effects of obesity on symptoms, function and psychological distress in patients undergoing knee arthroplasty. JBJS (Br) Proceedings, Sep 2009; 91-B: 420.S Al-Naser, AP Davies
- Early loosening and secondary dislocation due to a broken trochanteric osteotomy wire following a Charnley total hip arthroplasty: A case report. Cases Journal 2009 May 2:7117. Y Shahin, R Choudhary, S Al-Naser and M Mullins
- Congenital bilateral lunate subluxation. The Journal of Hand Surgery -European volume 2008 Jun;33(3):383-4. Al-Naser S, Al-Omouh O, Al-Fakayh O, Altal Y, Pendse A
- Factors predicting patient satisfaction following major trauma. Injury 2008 Aug; 39(8):963-4. Al-Naser S
- Are drains required in primary joint arthroplasty? International Orthopaedics 2008 Oct; 32(5):719. Al-Naser S

- Is MRI essential in c-spine clearance in obtunded patients with blunt trauma? The Journal of Trauma 2008 Feb; 64(2):540. Al-Naser S
- Association between radiology and symptoms at the PFJ in knee OA. JBJS(Br) Oct 2007. AlNaser S
- The use of gravity or manual stress radiographs in the assessment of supination external rotation ankle fractures. JBJS(Br) Oct 2007. Al-Naser S
- Post operative blood salvage with autologous retransfusion in primary THR. JBJS(Br) Sep 2007. Al-Naser S
- Minimally invasive technique for the management of comminuted fracture of the tarsal navicular bone. The Internet Journal of Orthopaedic Surgery 2006. 5(1). Pendse A, Al-Naser S, Khurana A, James N, Gadgil A, Fanaroff H.
- CT scan findings of cardiac arrest. EuroRad: Journal of the European society of radiologists 2007. 5 (1). ISSN: 1531-2968. URL: <http://www.eurorad.org/case.php?id=6213>. ISSN: 15312968. Al-Naser S, Al-Momani H, Altal Y, Al-Omouh O, Al-Fakayh O.
- A rare complication of a common operation: hepatic artery pseudoaneurysm following cholecystectomy. The Irish Journal of Medical Science Dec 2008. 177 (4): 397-8. Masannat Y, Al-Naser S, Altal Y, Al-Koteesh J, Sharaf U.

Presentations:

International:

- Intramedullary nailing for deformity correction in patients with pathological Bone disease. EPOS 2016, Rome, Italy
S Al-Naser, N Nicolaou, S N Giles, J A Fernandes
- Do Pre-Operative Radiographs Predict Outcome After Total Knee Replacement? Analysis Of Pre-Operative Radiographs Vs Post-Operative Outcomes
EFORT/BOA 2014 London UK
Al-Naser S, Kirubanandan R, Rajagopalan S, Moonot P, Fiddian NJ, Harvey A
- The effects of obesity on outcome following knee arthroplasty
SICOT 2009 Pattaya, Thailand
Al-Naser S, Davies AP

- The correlation between knee scoring systems
SICOT 2009 Pattaya, Thailand
Al-Naser S, Davies AP
- The effects of the psychological status on outcome following knee arthroplasty
SICOT 2009 Pattaya, Thailand
Al-Naser S, Davies AP
- Outcome following unicompartmental knee arthroplasty
SICOT 2009 Pattaya, Thailand
Al-Naser S, Davies AP
- Congenital lunate subluxation. A rare case that can lead to unnecessary treatment.
EFORT 2008 Nice, France
Al-Naser S, Al-Omouh O, Al-Fakayh O, Altal Y, Al-Momani H, Pendse A.
- Early management of trochlear osteochondral injuries in adolescence.
ESSKA 2008 Porto, Portugal
Al-Naser S, Davies AP
- Idiopathic multiple lumbar disc calcification.
European society of calcified tissue 2008 Barcelona, Spain
Al-Naser S, Nasser T, Al-Omouh O

National (UK)

- Intramedullary nailing for deformity correction in patients with pathological Bone disease.
BSCOS 2016, Stoke Mandeville UK
S Al-Naser, N Nicolaou, S N Giles, J A Fernandes
- The effects of Vitamin D deficiency on the natural progression of Perthes' disease
BSCOS 2013, Leicester UK
S Al-Naser, J Judd, NMP Clarke
- The effects of the psychological state on early outcome following knee arthroplasty.
British Association for Surgeons of the Knee Meeting (BASK 2009), Edinburgh, UK
S Al-Naser, AP Davies
- Outcome following Unicompartmental knee arthroplasty
British Association for Surgeons of the Knee Meeting (BASK 2009), Edinburgh, UK
S Al-Naser, AP Davies
- The effects of obesity on symptoms, function and psychological distress in patients undergoing knee arthroplasty

British Association for Surgeons of the Knee Meeting (BASK 2008), Bournemouth, UK
S Al-Naser, AP Davies

- Results of metal on metal hip arthroplasty in patients younger than 40 years.
British Orthopaedics Research Society Meeting (BORS 2008), Manchester, UK
BP Wilson, AD Pendse, S Hassan, S Bitar, S Al-Naser, MS Bhamra
- A rare complication of a common operation: hepatic artery pseudoaneurysm following cholecystectomy.
The 2nd annual interdisciplinary conference 2006. Cork, Ireland
Masannat Y, Al-Naser S, Altal Y, Al-Koteesh J, Sharaf U.

Regional:

- Current concepts in Paediatric hip conditions
Wessex Paediatric orthopaedic Conference, Southampton, UK
Al-Naser S
- Demographics of paediatric orthopaedics in East Anglia
East Anglian Paediatric Orthopaedics Meeting 2011, Bedford, UK
Al-Naser S, Edge P
- The effects of the psychological status on outcome following knee arthroplasty.
Cambridge Orthopaedic Club Meeting 2011, Cambridge, UK
Al-Naser S, Davies AP
- Early management of trochlear osteochondral injuries in adolescence.
South West Wales Orthopaedic Club Annual Meeting 2007, Swansea, UK
Al-Naser S, Davies AP
- Patello-femoral injuries in young adults.
Swansea NHS Trust Monthly Grand Meeting Nov 2007, Morriston Hospital, Swansea, UK
Al-Naser S, Davies AP
- CT scan findings of cardiac arrest
Carmarthenshire NHS Trust Monthly Grand Meeting Jun 2005, Prince Philip Hospital, Llanelli, UK
Al-Naser S, Al-Koteesh J

Conferences attended:

- Combined European and north American Paediatric orthopaedic meeting (EPOSNA). Barcelona Spain May 2017
- British Society for Children's Orthopaedic Surgery (BSCOS). Liverpool UK, Mar 2015
- British Association for Surgery of the Knee (BASK). Telford UK, Mar 2015
- EFORT/ BOA Combined Meeting. London UK, Jun 2014
- British Society for Children's Orthopaedic Surgery (BSCOS). Leicester UK, Jun 2013
- British Society for Children's Orthopaedic Surgery (BSCOS). London UK, Jan 2013
- Wessex Paediatric orthopaedic meeting. Southampton UK, Mar 2012
- East Anglian Paediatric Orthopaedic Meeting. Bury St Edmunds UK, Oct 2011
- East Anglian Paediatric Orthopaedic Meeting. Bedford UK, Jul 2011
- Cambridge Orthopaedic Club Meeting. Cambridge UK, Mar 2011
- BOA/ Combined Orthopaedic Association Meeting. Glasgow UK, Sep 2010
- International Society of Orthopaedic Surgery & Traumatology (SICOT). Thailand, Sep 2009
- British Association for Surgery of the Knee (BASK). Edinburgh UK, Apr 2009
- EFORT. Nice France, May 2008
- European Society of Sports Traumatology Knee Surgery and Arthroscopy (ESSKA). Porto Portugal, May 2008
- European Society of Calcified Tissue. Barcelona Spain, May 2008
- British Association for Surgery of the Knee (BASK). Bournemouth UK, Apr 2008
- South West Wales Orthopaedic Club Meeting. Swansea UK, Apr 2007

Courses attended:

- Complete solutions for knee repair matercourse. Istanbul Turkey, Oct 2017
- Live Knee Surgery Symposium. Basingstoke UK, Jan 2016
- Basingstoke Knee Osteotomy Masterclass. Basingstoke UK, Dec 2015
- Deformity Planning Course. Hull UK, Jun 2015
- Wexham Park International Cruciate Ligament Meeting. London UK, Nov 2014
- Current Concepts in Lower Limb Surgery. Birmingham UK, Oct 2014
- Birmingham Patellofemoral Masterclass. Birmingham UK, Sep 2014
- Good Clinical Practice. Online, Aug 2014.
- Primary through to Revision Cadaveric Knee Replacement. York UK, May 2014
- Equality and Diversity. Online, Apr 2014
- Improving communication skills for better outcomes. Online, Apr 2014
- Conflict Resolution. Online, Apr 2014
- Patient Safety. Online, Apr 2014
- Healthcare associated Infection: Clostridium difficile and Norovirus. Online, Apr 2014
- Good Medical Records. Online, Apr 2014
- Advanced Trauma Life Support (ATLS). Poole UK, Mar 2014
- Educational Supervision for Trainers. Birmingham UK, Sep 2013
- Clinical Management & Leadership Skills. Birmingham UK, Apr 2013
- FRCS (Orth) Viva Course. Chertsey UK, Oct 2012
- FRCS (Orth) Viva course. Peterborough UK, Sep 2012

- FRCS (Orth) Viva and Clinical Examination Course. Bristol UK, Sep 2012
- FRCS Basic sciences Course. Nottingham UK, Sep 2012
- FRCS Hand surgery Course. Nottingham UK, Sep 2012
- BSCOS Instructional course. London UK, Feb 2012
- BOA Instructional Course. Manchester UK, Jan 2012
- Essentials of the Ilizarov method. York UK, Nov 2011
- Anatomy & Surgical Approaches . Oswestry UK, Oct 2011
- Current Concepts in Paediatric Trauma. London UK, Oct 2011
- Oxford Uni-compartmental knee Replacement. Oxford UK, Mar 2011
- Medical Interview Skills Course. Charing Cross Hospital, London UK, Mar 2011
- Learning and Studying Efficiently. Online, Mar 2011
- Surgery of the foot and Ankle. RNOH, Stanmore, London UK, May 2010
- BOA Instructional Course. Manchester UK, Jan 2010
- Healthcare Associated Infection: MRSA. Online, Aug 2009
- External Fixation in Trauma. Leeds UK, Apr 2008
- Basic knee Arthroscopy. RNOH, Stanmore, London UK, Dec 2007
- AO principles of fracture management. Basingstoke UK, Nov 2007
- Exeter Basic cemented hip arthroplasty. Exeter UK, Nov 2007
- Basic Biomechanics. Bath UK, Oct 2007
- Principles of Total Hip Replacement. Nottingham UK, Oct 2007
- Principles of Total Knee Replacement. Nottingham UK, Oct 2007

- Adult Learning Theory. Online, May 2007
- Rapid Appraisal of RCTs. Online, May 2007
- Interview Skill Training. Online, May 2007
- Advanced Trauma Life Support (ATLS). Brecon UK, May 2006
- Basic Surgical Skills. Cardiff UK, Nov 2005
- Presentation skills. Llanelli UK, Nov 2005
- A&E induction course. Cardiff UK, Aug 2005
- Immediate Life Support (ILS). Carmarthen UK, Jun 2005
- ALERT. Llanelli UK, May 2005
- Communication Skills. Llanelli UK, Apr 2005
- Ionising Radiation Protection. Llanelli UK, Dec2004

Audit:

- Multidisciplinary Approach to follow up of patients with cerebral palsy post BOTOX injections. A Re-Audit
- One year follow up of TKR patients, Audit and Re-Audit
 - I did a weekly clinic reviewing TKR patients one year following surgery to assess them clinically and to obtain patient reported outcome scores in order to compare the department outcome with national data. I analysed data and presented findings at local departmental audit meeting suggesting changes to practice. Some changes have been implemented. I re-audited the topic following year showing good improvement in all parameters.
- Post operative care of Trauma patients, A Re-Audit
 - I re-audited the care of trauma patients on the ward in terms of medical and nursing documentation. I analysed data and presented data at local departmental meeting. Results showed good compliance following implementing changes to practice after the first audit.
- Antibiotic prophylaxis in open fractures

I collected data on all open fractures presenting to our department concentrating on antibiotic prophylaxis at different points of care. I analysed data against the BOA guidelines and presented findings at the local departmental audit meeting suggesting changes to practice. A plan to re-audit practice after six months was made.

- **Body mass index effects on outcome of Total Knee Replacements**
I collected data from the department on TKR patients who had high BMI. I analysed data against evidence from the literature and presented findings at local departmental audit meeting suggesting changes to practice. I subsequently conducted a prospective study of 108 patients examining the same effects. This study was presented at BASK 2008 and SICOT 2009.
- **Orthopaedic elective cancellations.**
I audited the rates and causes of cancellations on the day of surgery in an elective orthopaedic unit. I analysed data against standards from the Welsh assembly government and presented findings at the local departmental audit meeting suggesting changes to practice particularly to pre-assessment clinics. The topic was audited a year afterwards showing significant reduction in the number of cancellations.
- **Drain use in primary total hip replacement.**
I audited the use of drains vs. no drain in THR in our department and compared outcome to evidence from the literature. I analysed data and presented findings at the local departmental audit meeting suggesting stopping the use of drains in primary THR. Subsequently, 6 out of 7 consultants in the department stopped using drains in primary THR.
- **Triple assessment in the diagnosis of symptomatic breast disease.**
I collected data to check the percentage of breast patients undergoing triple assessment on presenting to the department. I analysed results against national guidelines and presented findings at the local departmental audit meeting showing good compliance with guidelines.

Teaching and Training experience:

- I participated in formal and regular medical student teaching at Southampton University, Nottingham University and Aberdeen University. This included lectures and bed side teaching.
- I taught medical students and junior colleagues in most hospitals I worked in. This included case based discussions, bedside teaching and operative teaching in theatre.
- I have formally assessed junior colleagues using work place assessments (e.g. ISCP forms)

- I have done 'Educational supervision for trainers' course and other teaching courses
- I organised teaching for junior colleagues and registrars (e.g. Bedford Hospital)

Management experience:

- I completed the 'Clinical Management and Leadership skills' course
- I designed the 'Knee Surgery Database' at The Royal Bournemouth Hospital. This involved holding many meetings with managers and IT consultants.
- I have organised the East Anglia Paediatric orthopaedic group (EAPOG) meeting. Bedford 2011
- I led many research projects and held meeting with Research department, sponsoring companies and colleagues from other disciplines.

Procedures:

I have independently performed the following procedures:

Paediatric Orthopaedics:

Paediatric hip ultrasound screening, hip surgery (including open reductions, femoral and pelvic osteotomies), Ponseti casting and foot and ankle surgery, cerebral palsy, limb reconstruction using Ilizarov and TSF methods, adolescent knee surgery, guided growth and all paediatric trauma cases.

Hand and elbow Surgery:

Carpal Tunnel Decompression, Trapeziectomy, Metacarpal K wiring and plating, Dupuytren's Fasciectomy, Extensor tendon repairs, Trigger finger and thumb releases, Ganglion excision, wrist external fixators, Distal radius K wiring and plating, forearm fractures plating and flexible nailing, olecranon tension band wiring and plating, ulnar nerve decompression, paediatric supracondylar fracture K wiring, Lateral condylar fractures ORIF, Medial epicondyle fracture ORIF, Nail bed surgery, IPJ arthrodesis, etc.

Shoulder surgery:

Diagnostic arthroscopy, arthroscopic subacromial decompression, MUA dislocated shoulder, proximal humerus ORIF, Humerus nailing, clavicle ORIF, etc.

Hip and pelvic Surgery:

Total Hip Replacement, paediatric pelvic and femoral osteotomies, Dynamic hip screw, hip hemiarthroplasty, cannulated screw fixation, femoral nailing, paediatric adductor and psoas releases, pelvic bone graft harvesting, femoral fracture plating, MUA hips and THR, Hip Ultrasound scanning, etc.

Knee Surgery:

Total Knee Replacement, Unicompartmental knee Replacement, all arthroscopic procedures, ACL reconstruction, Revision arthroplasty, Fulkerson's osteotomy, MPFL reconstruction, Knee Arthrodesis, Meniscal repair, distal femur ORIF, tibial spine ORIF, tibial nailing and plating, High tibial osteotomies, patella fracture tension band wiring, quadriceps and patella tendon repair, Tibia tuberosity fracture ORIF, Hamstring lengthening, tibial external fixation, etc.

Foot and Ankle Surgery:

Ankle ORIF, Ankle External Fixation, Tendon repairs and transfers, derotation tibial osteotomy, arthrodesis procedures, calcaneal osteotomy, first ray surgery including osteotomies and arthrodesis, toe arthrodesis, Zadick procedure, Butler procedure, Ponseti casting, external fixation, plantar fascia injections and release, soft tissue releases, midfoot osteotomies, etc.

General Orthopaedics:

Wound debridement, joint washout, removal of foreign bodies, aspirations, injections, plaster casting, Manipulations, excision of benign lumps, arthrograms, etc.