



Dr. Ali Ahmad Mohammed Alshraifeen

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PROFESSIONAL STATEMENT

- Skilled career professional with more than 10 years of practical experience in delivering patient focused nursing care; assessment of care needs, the development, implementation and evaluation of care, without supervision and in consultation with other healthcare professionals.
- Take charge of the ward /department, participate, and contribute to the development of nursing policies and procedures.
- Participate in the setting, monitoring and evaluation of standards of nursing practice within the ward/department, to ensure high standards of care are provided at all times.
- Provide clinical teaching and mentoring of nurse students and the supervision of junior staff.
- Working with a diverse group of qualified lecturers within the School of Nursing, Hashemite University and delivering taught courses to undergraduate and postgraduate nurse students throughout their course program.

PERSONAL DATA

Place of Birth: Bayt Yafa, Irbid, Jordan

Nationality: Jordanian/British

Marital Status: married with five children (Dalya, Deemah, Danah, Yara and Abdurrahman)

EDUCATION

Date	Degree	Field of Study	Institution & location	Main focus
2008- May, 2015	PhD	Adult Nursing- Nephrology Nursing	University of Stirling/ Stirling- United Kingdom	Thesis: "Influence of Spirituality on Health Outcomes and General Well-being in Patients with End Stage Renal Disease"
September 2003- May 2006	MSc	Nursing Science	Glasgow Caledonian University/ Glasgow- United Kingdom	Thesis: "Main Complications 5 Years Post Renal Transplantation in Two Main Hospitals in Jordan"
September 2004- May 2006	Graduate Diploma	Nephrology Nursing	Glasgow Caledonian University/ Glasgow- United Kingdom	Principles of nephrology, Hemodialysis, Chronic renal insufficiency, Peritoneal dialysis, Chronic renal insufficiency, Renal transplantation
1994-1998	BSc	Nursing	Jordan University of Science and Technology. Irbid, Jordan	
1993- 1994.	General Secondary School Certificate	Scientific Stream	Ministry of Education, Jordan	

AWARDS and GRANTS RECIEVED

- Hashemite University Scholarship for the PhD study at University of Stirling
- University of Stirling Scholarship for the PhD study (tuition fees)
- Research Fund for a research project titled " Quality of Life and Well-Being of Patients Receiving Hemodialysis Treatment and their Family Caregivers in Jordan: A Mixed Method Study" (4000 Jordanian Dinars)

RESEARCH INTEREST

- Quality of Life of Patients with Chronic Illnesses; mainly in patients receiving hemodialysis treatment

- General Well-Being of Patients with Chronic Illnesses; mainly in patients receiving hemodialysis treatment
- Spirituality and Religion and their effects on Quality of Life and General Well-Being
- Nursing Updates on caring for Patients with Chronic Illnesses
- Evidence-Based Nursing Education
- Hope and social support in patients with chronic illnesses

RECENT PROFESSIONAL EXPERIENCE

Date	Position	Institution & Location
September 2015- Present	Assistant Professor	Adult Health Department- Faculty of Nursing- Hashemite University, Jordan
March, 2007- November, 2011	Clinical Demonstrator: delivering the Healthcare Support Workers Program (NICHE) and teaching: anaphylaxis, BLS, blood glucose monitoring, urinalysis, peak flow, and blood pressure monitoring.	School of Health and Life Sciences- Glasgow Caledonian University, Glasgow, U.K
September, 2007- November, 2011	Lecturer: developing the Home Ventilation Care Program and designing the package for a holistic care program (care of the ventilated patients)	School of Health and Life Sciences- Glasgow Caledonian University, Glasgow, U.K
April, 2006- November, 2008	Staff Nurse- surgical intensive care unit working with critically ill patient, medical and surgical, post major surgeries, RTA's. Role involved looking after ventilated patients, assisting with lines insertion, monitoring patients' progress, blood gas analysis, etc.	Southern General Hospital, Glasgow, U.K
September, 2004-	Staff Nurse- Outpatient Department: working in different clinics; medical,	Southern General Hospital,

April, 2006	surgical, ENT, cardiology, oncology, gastrointestinal, liver, rheumatology, chest, colorectal, urology, endocrinology, and many more.	Glasgow, U.K
March, 2003- August, 2004	Staff nurse providing care to elderly patients, giving medications, nursing care, liaison with other services such as social services, GP practices and Hospitals to arrange patient care.	Sherbrooke Lodge Nursing Home, Glasgow, U.K.
October, 1999- January, 2003	Staff nurse in the accident and emergency unit, dealing adult and pediatric medical and surgical cases	Welcare Hospital, Dubai, United Arab Emirates
July, 1998- October, 1999	Staff nurse in the ICCU unit, caring medical and surgical cases (e.g., open heart surgeries, kidney transplantation, RTA's, heart attacks, cardiac catheterization, etc.)	Jordan hospital and medical Centre, Amman, Jordan

PROFESSIONAL MEMBERSHIPS

- Member of the Royal College of Nursing, U.K, 2003-2008.
- Member of the Nursing and Midwifery Council, U.K, 2003-2008.
- Member of the Jordanian Nursing and Midwifery Council, Jordan, 1999- Present.
- Member of the American Holistic Nurses Association.

ACADEMIC SERVICES AND ACTIVITIES

- Head of the Adult Health Nursing Department- 09/2018 to 13/09/2019
- Head of the **Nephrology Nursing Strategy Committee**- Jordanian Nursing Council- 2016- present
- Head of the Simulation lab committee- 2015- present
- Member of the reproductive Health Committee- in collaboration with UNFPA and Royal Health Awareness Society- 2017- present

CURRICULUM AND COURSE DEVELOPMENT

- Development of the course syllabus for:

- Fundamentals of Nursing (Theory)
- Adult Nursing I & II (Theory)
- Adult Nursing I & II (Clinical)
- Pathophysiology- Nursing students
- Nursing Theories- Master's Students
- Critical Care Nursing (Theory)
- Health Education and First Aid
- Reproductive Health
- Emergency Nursing
- Introduction to Nursing

COURSES TAUGHT

- Adult Nursing, I & II (Theory)
- Adult Nursing, I& II (Clinical)
- Pathophysiology- Nursing Students
- Fundamentals of Nursing (Theory)
- Fundamentals of Nursing (Clinical)
- Nursing Theories- Master's Students
- Critical Care Nursing (Theory)
- Health Education and First Aid
- Reproductive Health
- Emergency Nursing
- Introduction to Nursing

PUBLICATIONS

- **REFEREED JOURNALS**

- 1- Abu-Baker, N. N., Al-Zyoud, N. M. H., & **Alshraifeen, A.** (2020). Quality of Life and Self-Care Ability Among Individuals With Spinal Cord Injury. *Clinical Nursing Research*, doi:1054773820976623.
- 2- **Alshraifeen, A.**, Al-Rawashdeh, S., Herth, K., Alnuaimi, K., Alzoubi, F., Khraim, F., & Ashour, A. (2020). The association between hope and quality of life in haemodialysis patients. *British Journal of Nursing*, 29(21), 1260-1265.
- 3- **Alshraifeen, A.**, Alnuaimi, K., Al-Rawashdeh, S., Ashour, A., Al-Ghabeesh, S., & Al-Smadi, A. (2020). Spirituality, Anxiety and Depression among People

- Receiving Hemodialysis Treatment in Jordan: A Cross-Sectional Study. *Journal of Religion and Health*, 59(5), 2414-2429. doi:10.1007/s10943-020-00988-8
- 4- **Alshraifeen**, A., Al-Rawashdeh, S., Alnuaimi, K., Alzoubi, F., Tanash, M., Ashour, A., ... Al-Ghabeesh, S. (2020). Social support predicted quality of life in people receiving haemodialysis treatment: A cross-sectional survey. *Nursing Open*, 7(5), 1517-1525. doi:10.1002/nop2.533
 - 5- Ashour, A., Al-Smadi, A., Tawalbeh, L., **Alshraifeen**, A., Al-Rawashdeh, S., & Gharaibeh, B. (2020). Do Illness Perception Predict Perceived Learning Needs Among Patients Treated With Percutaneous Coronary Intervention. *Dimensions of Critical Care Nursing*, 39(5), 251-258.
 - 6- Al-Rawashdeh, S., **Alshraifeen**, A., Ashour, A., & Rababa, M. (2020). Experiences on Providing Home Care for a Relative with Heart Failure: A Qualitative Study. *Journal of Community Health Nursing*, 37(3), 129-140.
 - 7- Al-Rawashdeh, S., **Alshraifeen**, A., Rababa, M., & Ashour, A. (2019). Hope predicted quality of life in dyads of community-dwelling patients receiving hemodialysis and their family caregivers. *Quality of Life Research*, 29(1), 81-89. doi:10.1007/s11136-019-02378-4
 - 8- Al-Rawashdeh, S., **Alshraifeen**, A., Alhawamdih, S., & Ashour, A. (2020). Wellbeing and quality of life of family caregivers: influence of sleep quality. *British Journal of Community Nursing*, 25(2), 70-75. doi:10.12968/bjcn.2020.25.2.70
 - 9- Ashour, A., Al-Rawashdeh, S., Alwidyan, M., Al-Smadi, A., & **Alshraifeen**, A. (2020). Perceived Learning Needs of Patients With Heart Failure in Jordan: Perspectives of Patients, Caregivers, and Nurses A Cross-Sectional Survey. *Journal of cardiovascular nursing*, 35(3): 273-279. doi:10.1097/jcn.0000000000000681
 - 10- Alnuaimi, K., Obeisat, S., Almalik, M., Ali, R., & **Alshraifeen**, A. (2020). A phenomenological study of Jordanian women's experience of sexual intercourse after giving birth. *Midwifery*, 88, 102761. <https://doi.org/10.1016/j.midw.2020.102761>
 - 11- Alnuaimi, K., Almalik, M., Mrayan, L., Mohammad, K., Ali, R., **Alshraifeen**, A. (2020). Resumption of Sexuality and Health Education in Postpartum Period: From Jordanian Health Care Professionals' Perspectives. *Journal of Sex and*

- 12- Al-Ghabeesh, S. H., Bashayreh, I. H., Saifan, A. R., Rayan, A., & **Alshraifeen, A. A.** (2019). Barriers to Effective Pain Management in Cancer Patients from the Perspective of Patients and Family Caregivers: A Qualitative Study. *Pain Management Nursing*. doi:10.1016/j.pmn.2019.07.011
 - 13- Al-Ghabeesh, S., Al-Momani, M., Ibraheem, B., **Alshraifeen, A.**, Saifan, A. (2019). Nurses' perspective towards caring for Jordanian men with sexual health problems. *Journal of Men's Health*, 15(2), pp. e59-e69. DOI: 10.22374/jomh.v15i2.146.
 - 14- Mrayan, L., Abujilban, S., Abuidhail, J., & **Alshraifeen, A.** (2018). Traditional neonatal care practices in Jordan: A qualitative study. *Nursing & Health Sciences*, 20 (4), 486-493doi:10.1111/nhs.12540
 - 15- Youssef, N. F., **Alshraifeen, A.**, Alnuaimi, K., & Upton, P. (2018). Egyptian and Jordanian nurse educators' perception of barriers preventing the implementation of evidence-based practice: A cross-sectional study. *Nurse Education Today*, 64, 33-41.
 - 16- Al-Ghabeesh, S. H., **Alshraifeen, A. A.**, Saifan, A. R., Bashayreh, I. H., Alnuaimi, K. M., & Masalha, H. A. (2018). Spirituality in the Lives of Patients with End-Stage Renal Disease: A Systematic Review. *Journal of Religion and Health*, 57 (6), pp. 2461-2477.
 - 17- Al-Smadi, A. M., Tawalbeh, L. I., Gammoh, O. S., Ashour, A. F., **Alshraifeen, A.**, & Gougazeh, Y. M. (2017). Anxiety, stress, and quality of life among Iraqi refugees in Jordan: A cross sectional survey. *Nursing & Health Sciences*, 19 (1), 100-104.
 - 18- **Alshraifeen, A.**, McCreddie, M. & Evans, J. (2014). Quality of life and well-being of people receiving hemodialysis treatment in Scotland: A cross-sectional survey. *International Journal of Nursing Practice*, 20 (5), 518-523.
- **REFEREED CONFERENCES**
 - 1- **Alshraifeen, A.** (2016) Influences of spirituality on health outcomes and general well-being in patients with end-stage renal disease", International Nursing Primary Healthcare Conference-2016, 1-3rd November, 2016, Dubai, UAE.

- 2- **Alshraifeen, A.** and Evans, J. Quality of life and general well-being in patients with end-stage renal disease, the 13th European Doctoral Conference in Nursing Science, 14-15 September 2012, Gratz, Austria
 - 3- **Alshraifeen, A.** and Evans, J. Influences of spirituality on health outcomes and general well-being in patients with end-stage renal disease, the 13th Annual Interdisciplinary Research Conference, 7-8 November, 2012, Dublin, Ireland.
- **SUBMITTED PAPERS**
 1. Alnuaimi, K., **Alshraifeen, A.** (2020) Familial and social stressors among Jordanian midwives amid the COVID-19 crisis: a phenomenological study
 2. Ashour, A., Al-Smadi, A., Shajrawi, A., Al-Rawashdeh, S., **Alshraifeen, A.**, Abed, M. (2020). Changes in illness perception among patients undergoing percutaneous coronary intervention. *Heart & Lung*.
 3. Mrayyan, M., Al-Atiyyat, N., Ashour, **A.**, **Alshraifeen**, Al-Rawashdeh, S.,... *Nurses' Perceptions of the Obstacles and Supportive Behaviors of End of Life Care in Intensive Care Units*.

HONORS THESIS EXAMINATION

- Isra Almomani (2020). The effect of mobile phone text messaging on the adherence to self-care behaviors among patients with type 2 diabetes. Jordan University of Science and Technology.
- Reem Khalid (2020). An Evaluation Of The Level Of Adherence To Medication And Its Relationship With Health Literacy And Self-Efficacy Among Syrian Refugees Patients With Hypertension. Jordan University of Science and Technology.
- Rawan Alghazawi (2019). Impact of Cedarwood Essential Oil on Sleep Quality of Patients with spinal Cord Injury. Jordan University of Science and Technology.
- Ne'ma Hasan Al-Zyoud (2019). Quality of Life and Self-care Ability among Patients with Spinal Cord Injury in Jordan. Jordan University of Science and Technology.

HONORS THESIS SUPERVISION

- Hala Aljaraideh (2019). Factors influencing QOL among pregnant refugees Syrian women. Jordan University of Science and Technology.

JOURNAL REVIEWER

- Nursing and Health Sciences
- European Journal of Cancer Care
- Journal of Evaluation in Clinical Practice
- Psychology Research and Behavior Management
- Quality of Life Research
- Qualitative Health Research

Course, WORKSHOPS AND SCIENTIFIC DAYS

- Systematic approach to trauma care: University of Sheffield, U.K, May 2000.
- Infection Control Course, University of Sheffield, U.K, March 2000.
- First line management course, University of Sheffield, U.K, July 2001.
- Advanced Cardiac Life Support, American Heart Association, UAE, November 2001.
- Moving and handling Course, Lamphill Court nursing home, Glasgow, U.K, October 2003.
- Basic Food Hygiene, Aberdeen College, Aberdeen, U.K, December 2003.
- Basic life support, Southern general hospital, Glasgow, U.K, September 2004.
- Venipuncture certificate, Southern general hospital, Glasgow, U.K, November 2004.
- Moving and Handling, Southern General Hospital, Glasgow, U.K, November 2004.
- Mentorship preparation certificate, Glasgow Caledonian University, Glasgow, U.K, January 2005.
- D grade development course, Southern General Hospital, Glasgow, U.K, 2005.
- IV drug administration, Southern General Hospital, Glasgow, U.K, December 2006.
- NHS hand hygiene, Southern General Hospital (online training), April 2008.
- ILS course. NHS GG&C, Southern General Hospital, Glasgow, U.K, June 2008.
- Statistics 1 to 10, University of Stirling, U.K, October to December, 2008
- Effective Communication with your Supervisor, a cultural perspective, University of Stirling, U.K, October, 2008
- Working with your supervisor, University of Stirling, U.K, October, 2008
- Getting Started with Reference Manager (RM1, 2, 3, and 4), University of Stirling, U.K, October, 2008

- Introduction to Vocal Skills, University of Stirling, U.K, November, 2008
- Publishing Your Research, University of Stirling, U.K, November, 2008
- NVivo Training, University of Stirling, U.K, November, 2008
- Successful interview techniques, University of Stirling, U.K, February, 2009
- Academic Writing Workshop, University of Stirling, U.K, March, 2009
- Conference presentations, University of Stirling, U.K, March, 2009
- “Quality Clinical Training in Nursing Schools” Seminar. 21 May 2015. Philadelphia University, Faculty of Nursing, Amman, Jordan.
- Towards Healthy Lifestyle: Nursing Challenges 2nd scientific day. 5 May 2016. Philadelphia University, Faculty of Nursing, Amman, Jordan.
- Fourth Scientific Day Entitled “Contemporary Issues in Nursing Care: Today and Tomorrow”. 9 May 2016. Al al-Bayt University, Princess Salma Faculty of Nursing, Mafraq-Jordan.
- Train The Trainers" training course 7 days 63 training hours which was implemented in cooperation with the royal health awareness society and United Nations population fund during the period from 9-16/9/2017- Jordan University of Science and Technology.

CERTIFICATION and LICENSURE

- CPT (Certified Professional Trainer): International Association for People and Performance Development (IAPPD) Sep 2017 Registration No: 21313673
- CNS (Clinical Nurse Specialist/Adult Acute Care) The Jordanian Nursing Council 23/6/2016.

LANGUAGES

- Arabic: Native Language
- English fluent in writing, reading, and speaking

REFERENCES

- Dr. Shaher Alhamaideh, Professor, Dean of the Faculty of Nursing, Community and Mental Health Department, Faculty of Nursing, Hashemite University. (shaher29@hu.edu.jo)

- Dr. Ali Al-Ammouri, Professor, Adult Nursing Department, Faculty of Nursing, Hashemite University. (aammouri@hu.edu.jo)
- Dr. Ala Ashour, Assistant Professor, Adult Nursing Department, Faculty of Nursing, Hashemite University. Tel. 00962796971636 (aashour76@hu.edu.jo)
- Dr. Mohammed Almotlaq, Associate Professor, Pediatric and Maternal Department, Faculty of Nursing, Hashemite University. Tel.00962780322611 (mmodeh@hu.edu.jo)
- Dr. Sami Al-Rawashdeh, Assistant Professor, Psychiatry and Community Health Department, Faculty of Nursing, Hashemite University. Tel.00962797173799 (smiy@hu.edu.jo)