

# Curriculum Vitae

Dr. Ala Fawzi Ashour, RN, MSN, PhD

## Personal Information:

Name : ALA' FAWZI RASHED ASHOUR  
Date of Birth : 16<sup>th</sup> Mar 1976  
Gender : Male  
Nationality : Jordanian  
Marital Status : Married  
Job Title : Associate Professor  
Address : The Hashemite University, Faculty of Nursing, Department of Adult Health Nursing. P.O Box: 330127, Zarqa 13133, Jordan  
Tel : Work (+962) 5390-3333 Ex.5453. Mobile: +962796971636  
Email : [aashour76@hu.edu.jo](mailto:aashour76@hu.edu.jo)  
: [aashour76@yahoo.com](mailto:aashour76@yahoo.com)

**Major and Minor Field of Specialization:** **Adult Health Nursing/ Cardiovascular Nursing** (Coronary Heart Disease (CHD), Heart Failure (HF) and Caregivers).

**Research Interest**

- My work is focused on the adult health nursing and improving outcomes and quality of life of people experiencing long term conditions, including Coronary Heart Disease (CHD) and Heart Failure (HF).
- Learning needs of patients with Coronary Heart Disease (CHD), Heart Failure (HF), nurses and their family caregivers.
- Illness perceptions of CHD patients post percutaneous coronary intervention (PCI).
- Primary & Secondary prevention for patients with CHD.
- Risk factors assessment of Patients with CHD.
- Chronic illnesses management and outcomes (illness perception, Anxiety, Depression, Sexual counseling, Sleep disturbance, Quality of life and Hope) of Patients with Chronic Illnesses (CHD, HF and end-stage renal disease).
- Refugees Health (Coping strategies, Post-traumatic Stress Disorders, Anxiety, Stress, Quality of life, Fibromyalgia & Insomnia).

## Education:

Date	Degree	Field of Study	Institution and Location
2014	PhD	Cardiovascular Nursing	University of Ulster, Belfast, United Kingdom
2003	Master MSN	Adult Acute Care Nursing	Jordan University of Science and Technology, Irbid, Jordan
2001	BSC	Nursing	Jordan University of Science and Technology, Irbid, Jordan
1997	Diploma	Nursing	Nusayba Al- Mazinia College for Nursing and Midwifery, Irbid, Jordan.

**Titles of Master's Degree Thesis:** None. The degree was based on Comprehensive Exam Track

**Titles of the Doctoral Dissertation:** Exploring the Provision of Secondary Prevention Services for Coronary Heart Disease in Public Hospitals in Jordan

**Professional Experience:**

<b>Date</b>	<b>Position</b>	<b>Institution and Location</b>
June 2021- Present	Associate Professor	The Hashemite University, Faculty of Nursing, Jordan
February 2015- June 2021	Assistant Professor	The Hashemite University, Faculty of Nursing, Jordan
September 2015- September 2016	Head of Adult Nursing Department, Faculty of Nursing Program Supervisor and supervisor and lecturer in nursing departments – Executive Manager	The Hashemite University, Faculty of Nursing, Jordan
October 2003- August 2011	Staff Nurse	Al- Afaaq Institute For Health Training, kingdom of Saudi Arabia
April 1999- October 2003	Staff Nurse	Princess Basma Hospital- Ministry of Health, Jordan
March 1998- April 1999	Staff Nurse	Jerusalem Hospital, Jordan

**Professional Memberships:**

- A member of the Jordanian Nurses and Midwifery Council
- A member of the European Society of Cardiology (ESC)
- A member of the Council on Cardiovascular Nursing and Allied Professions (CCNAP).
- A member of the European Association for Cardiovascular Prevention and Rehabilitation
- A member of the European Association of Percutaneous Cardiovascular Interventions
- A member of the European Heart Failure Association (HFA)
- Irish Nurses Cardiovascular Association.
- Accredited and registered from Saudi commission for health specialties as senior specialist in nursing. Registration No: 08-R-N-0050729

**Professional Certificates:**

- SPSS training Certificate, UK- Belfast- University of Ulster.
- **Qualitative Analysis** certificate- UK- Oxford- University of Oxford.
- **CPT** (Certified Professional Trainer): International Association for People and Performance Development (IAPPD) Sep 2017 Registration No: 21313672
- Certified as Registered Nurse Jordan Ministry of Health-Jordan since July 1998
- **CNS** (Clinical Nurse Specialist / Adult Acute Care) The Jordanian Nursing Council.
- **BCLS** (Basic Cardiac Life Support): American heart association & European Resuscitation Council - Athens-Greece

- **ACLS** (Advanced Cardiac Life Support): American heart association & European Resuscitation Council Athens- Greece
- **ICDL**: International Computer Driving License.

### **Academic Services and Activities:**

#### **Department Level/ Adult Health Department**

1. Head of the Adult Health Nursing Department (09/2015 to 09/2016)
2. Member of the council of Adult Health Department (2015- Present )
3. Chairman of the Scientific Research Committee (2018/2019- Present)
4. Member of the Scientific Research Committee (2015- Present )
5. Member of the Graduate Studies Committee (2015/2016, 2016/2017, 2017/2018)

#### **College Level**

1. Chairman of the Studies & Consultations Committee (2016/2017)
2. Chairman of the Academic Advising Committee (1<sup>st</sup> and 2<sup>ed</sup> year undergraduate students) (2016/2017, 2017/2018, 2018/2019)
3. Chairman of the Scientific Research Committee (2018/2019)
4. Chairman of the Curriculum committee at the College of Nursing (2019/2020, 2020/2021)
5. Member of the Simulation lab establishing committee (2015- Present )
6. Member of the Accreditation and Quality Assurance Committee (2015-2020/2021 Present )
7. Member of the Graduate Studies Committee (2015/2016)
8. Member of the "Curriculum" committee in the College of Nursing (2016- Present)
9. Member of the Faculty Council (2016/2017)
10. Member of the Scientific Research Committee (2015/2016, 2016/2017)
11. Member of the Strategic Planning Committee (2015/2016, 2016/2017)
12. Member of the Students Affairs Committee (2018/2019, 2019/2020, 2020/2021)

#### **University Level**

1. A member of the "University Counsel" at Hashemite University for the academic year 2018/2019.

### **Additional Activity & Community Services**

1. Member of the Scientific Committee at Jordanian Nursing Council (JNC) that prepared Nursing Practice Act Exam for students graduated from nursing colleges in Jordan, 2019- Present.
2. Member of the reproductive Health Committee- in collaboration with UNFPA and Royal Health Awareness Society (RHAS)- 2017- Present.
3. Member of the consultation team (six consultants) that work with the Royal Health Awareness Society (RHAS) between 1/5-31/12/2019, to review, update and unify two elective courses in the Jordanian universities.
4. Member of the consultation team that work with the Jordan University Hospital (JUH) for establishing of the heart failure clinic 2019- Present.
5. Participating in a Health Education Campaign in conjunction with the Royal Health Awareness Society (RHAS) at the Hashemite University (4th of Nov, 2018 & 15-17 of Oct 2019)

6. Participating in a scientific day in conjunction with the Royal Health Awareness Society (RHAS) titled 'Health Education Initiatives at Hashemite University' in 13th of December 2017.
7. An external examiner in the Comprehensive Exam for Clinical Training and Professional Adaptation Nursing Course at University of Jordan (2018/2019).
8. An external examiner in the Comprehensive Exam for Clinical Training and Professional Adaptation Nursing Course at Al al-Bayt University (2019).

**Continuing Education/ Workshops & Scientific Day:**

26 – 30 November 2005	Teachers and student counselors Course about “Awareness of Harmful Effects of Drugs” (Work shop) - Organized by General Directorate for Drug Control, Al-Qassim Region, Kingdom of Saudi Arabia.
10 – 14 October 2009	Update of Infection Prevention in Clinical Practice Work shop - Organized by General Director of Health Affairs- Nursing Administration, Al-Qassim Region, Kingdom of Saudi Arabia.
3 – 4 May 2011	Health Institutes Education Future Accomplishments Work shop - Organized by Saudi Commission for Health Specialties, Riyadh, Kingdom of Saudi Arabia (KSA).
22 – 23 Mar 2012	Introduction to Qualitative Interviewing - University of Oxford- UK.
October 2013	An Introduction to Teaching, Learning and Assessment for Postgraduate Tutors and Demonstrators Course, University of Ulster. United Kingdom.
21 May 2015	Quality Clinical Training in Nursing Schools Seminar. Philadelphia University, Faculty of Nursing, Amman, Jordan.
11-13 January 2016	Higher Education Course. Organized by Center of Academic Quality Assurance at the Hashemite University. Zarqa, Jordan.
15 March 2016	Shaping the way we teach: part 2 Work shop. Organized by Danish Jordanian University Cooperation (DJUCO) and the Language center at Hashemite University. Zarqa, Jordan.
5 May 2016	Toward Healthy Lifestyle: Nursing Challenges 2end Scientific day. Philadelphia University, Faculty of Nursing, Amman, Jordan.
9 May 2016.	Fourth Scientific Day Entitled “Contemporary Issues in Nursing Care: Today and Tomorrow”. Al al-Bayt University, Princess Salma Faculty of Nursing, Mafraq-Jordan.
9-16 September 2017	"Train The Trainers" training course 7 days 63 training hours about interactive learning which was implemented in cooperation with the Royal Health Awareness Society (RHAS) and United Nations Population Fund at the Jordan University of Science and Technology.
October 2017	Introduction to conducting systematic reviews course. Cochrane Interactive Learning.
15th March 2018	Second Scientific Day Entitled “Innovations in Nursing Education, Research, and Practice”. Zarqa University Faculty of Nursing, Zarqa, Jordan.
29 April 2018	Eighth Scientific Day Entitled “Toward Education based on Competencies”. Isra University, Faculty of Nursing, Amman, Jordan.
2 3 Dec 2018	Consultative Nursing Scientific Day. Hashemite University, Faculty

	of Nursing, Zarqa, Jordan.
22-24 December 2019	Interactive learning course for health courses 3 days training which was implemented in cooperation with the Royal Health Awareness Society and United Nations population fund.
28 January 2020	Workshop "Developing a Competency Based Curriculum" The University of Jordan, Faculty of Nursing, Amman, Jordan.
23-30 September 2020	Workshop "Counseling and tutoring skills" 5 days training which was implemented in cooperation with the Royal Health Awareness Society (RHAS) and United Nations Population Fund (UNPF). The Hashemite University, Faculty of Nursing, Zarqa, Jordan.
9 – 11 February 2021	Training on the national standards document for youth-friendly sexual and reproductive health services. The Hashemite University, Youth –friendly health clinic, Zarqa, Jordan.

### **Conferences and Presentations:**

- Nursing Symposium about "The impact of Nursing Regulations on Patient Safety" Kingdom of Saudi Arabia- Riyadh from 20 to 21 March 2007.
- Nursing Symposium about "Psychiatric Nursing best Performance and Quality" 2 – 3 June 2009- Organized by General Director of Health Affairs- Nursing Administration, Al-Qassim Region, Kingdom of Saudi Arabia.
- Stress and Health Symposium 28 October 2009- Organized by General Director of Health Affairs- Nursing Administration, Al-Qassim Region, Kingdom of Saudi Arabia.
- Irish Cardiac Society's Cardiovascular Nurses Scientific Conference 6<sup>th</sup> October 2011, Newcastle, United Kingdom.
- Euro Prevent Congress 3-5 May 2012-Dublin, Ireland.
- Euro Heart Care Congress 22-23 March 2013-Glasgow, Scotland, United Kingdom.
- Euro Prevent Congress 18-20 April 2013-Rome, Italy.
- Euro Heart Care Congress 4-5 April 2014- Stavanger, Norway. Oral Presentation
- Euro Prevent Congress 9 May 2014-Amsterdam, Netherlands. (Poster Presentation)
- ESC Congress 30 August-3 September 2014-Barcelona, Spain. (Poster Presentation)
- The International Nursing Conference "Improving Clients' Outcomes Through Implications of Scientific Evidence". 6-7 April, 2016. Zarqa University- Jordan.
- Euro Heart Care Congress 15-16 April 2016-Athens, Greece. Oral Presentation.  
"Secondary prevention in Jordan is underdeveloped and requires urgent improvement to meet the guidelines".
- 3<sup>rd</sup> Global Summit on Heart Diseases 2-4 November 2017 in Bangkok, Thailand. Oral Presentation. "Perceived learning needs of Jordanian patients after undergoing percutaneous coronary intervention".

- International Conference on Cardiology and Cardiac Nursing 25-26 March 2019 in Amsterdam, Netherlands. Oral Presentation. "The influence of illness perception on perceived learning needs among patients treated with percutaneous coronary intervention".

### **Honours Thesis Examination:**

- Elham Hussan Al-Absi (2016). MSN. Jordan University of Science and Technology, Faculty of Nursing. "Quality of sleep and types of sleep disturbances within the different classes of heart failure using the New York Heart Association functional classification".
- Raghad Thaer Tawalbeh (2019). MSN. Jordan University of Science and Technology, Faculty of Nursing. "The effect of cardiac educational program among patients with Coronary Artery Disease on level of knowledge and satisfaction in north Jordan".
- Milian Waheeb Abu Dieh (2020). MSN. Jordan University of Science and Technology, Faculty of Nursing. "Jordanian Nurses Knowledge, Perception and Practice toward Discharge Planning in Acute Care Settings".
- Omaymah Mohammad Ayyoub Al-Gharaibeh (2020). MSN. Jordan University of Science and Technology. Faculty of Medicine. "Burnout among Emergency Healthcare Providers in Jordan: Physicians, Nurses, and Paramedics".
- Maysa Ahmad Ababneh (26. May, 2021). M.Sc. in health care management and quality. Jordan University of Science and Technology. Faculty of Medicine /Applied Medical Sciences. "Assessing Patient Handover Process between Pre-Hospital care Practitioners and In-Hospital Health Care Providers in Jordan: A Mixed Method Study".

### **Honors, Awards & Grants:**

- Hashemite University PhD Scholarship For study at Ulster University.
- Travel grant of 500 Euros from the ESC Council on Cardiovascular Nursing and Allied Professions at its annual congress Euro Heart Care 2014 in Stavanger, Norway.
- Primary Investigator: Perceived learning needs of Jordanian patients post PCI: perspectives of patients and nurses (\$5000) (funded by Hashemite University, Jordan). (2017-2018)
- Applied for 150.000 USD to establish Specialized Health clinic to screen and educate publics for modifiable cardiovascular disease risk factors.

### **Curriculum and Course Development:**

- Development of the course syllabus along with the text books for Fundamentals of Nursing Module- Faculty of Nursing- Hashemite University.
- Development of the course syllabus along with the text books for Emergency Nursing Module- Faculty of Nursing- Hashemite University.
- Development of the course curriculum and course outline along with the text books for the Reproductive Health course and Health Education and First Aid course in collaboration with my colleagues in the department, these courses are delivered in Arabic language to students across the university as elective courses.

- Critically revised and updated the course curriculum and course outline along with the text books for the following courses: Adult Nursing I & II, Critical Care Nursing, Health Assessment, Fundamentals of Nursing (Theory & Clinical).
- Participated in the development of the online course of "Emergency Nursing" (course # 150702423) in the Hashemite University in 2017-2018.

### **Courses Taught:**

- Adult Nursing I & II (Theory & Clinical)
- Critical Care Nursing (Theory & Clinical)
- Health Assessment (Theory & Clinical)
- Fundamentals of Nursing (Theory & Clinical)
- Emergency Nursing (Theory & Clinical)
- Health Education (Theory)
- First Aids (Theory)
- Reproductive Health (Theory)

### **Student Advising:**

I have been contributing to academic advising in the College of Nursing as an academic advisor for the undergraduate students; mainly for the 1<sup>st</sup> and 2<sup>nd</sup> year level students.

### **Published Research Articles:**

1. Al-Smadi, A. M., Tawalbeh, L. I., Gammoh, O. S., Ashour, A. F., Shajrawi, A., & Attarian, H. (2021). Relationship between anxiety, post-traumatic stress, insomnia and fibromyalgia among female refugees in Jordan: A cross-sectional study. *Journal of Psychiatric and Mental Health Nursing*. 28 (4), 738-747. DOI: 10.1111/jpm.12732
2. **Ashour, A.**, Al-Smadi, A., Shajrawi, A., Al-Rawashdeh, S., Alshraifeen, A., & Abed, M. (2020). Changes in Illness Perception among Patients' Undergoing Percutaneous Coronary Intervention. *Heart & Lung. The Journal of Cardiopulmonary and Acute Care*. 49(6): 836-841. DOI: 10.1016/j.hrtlng.2020.08.026.
3. **Ashour, A.**, Al-Smadi, A., Tawalbeh, L., Alshraifeen, A., Al-Rawashdeh, S., Gharaibeh, B. (2020). Do Illness Perception Predict Perceived Learning Needs among Patients Treated with Percutaneous Coronary Intervention. *Dimensions of Critical Care Nursing*, 39(5): 251-258. DOI: 10.1097/DCC.0000000000000436.
4. **Ashour, A.**, Al-Rawashdeh, S., Alwidyan, M., Al-Smadi, A., & Alshraifeen, A. (2020). Perceived Learning Needs of Patients With Heart Failure in Jordan: Perspectives of Patients, Caregivers, and Nurses: A Cross-Sectional Survey. *Journal of Cardiovascular Nursing*, 35(3), 273-279. DOI: 10.1097/JCN.0000000000000681.

5. Al-Rawashdeh, S., **Ashour, A.**, Alshraifeen, A., & Rababa, M. (2020). Experiences on Providing Home Care for a Relative with Heart Failure: A Qualitative Study. *Journal of Community Health Nursing*, 37(3), 129-140, DOI: 10.1080/07370016.2020.1780043
6. Al-Rawashdeh, S., Alshraifeen, A., Alhawamdih, S., & **Ashour, A.** (2020). Wellbeing and quality of life of family caregivers: influence of sleep quality. *British Journal of Community Nursing*, 25(2), 70-75. DOI: 10.12968/bjcn.2020.25.2.70.
7. Al-Rawashdeh, S., Alshraifeen, A., Rababa, M., & **Ashour, A.** (2020). Hope predicted quality of life in dyads of community-dwelling patients receiving hemodialysis and their family caregivers. *Quality of Life Research*, 29 (1), 81–89. DOI: 10.1007/s11136-019-02378-4.
8. Alshraifeen, A., Al-Rawashdeh, S., Alnuaimi, K., Alzoubi, F., Tanash, M., **Ashour, A.**, Al-Hawamdih, S., Al-Ghabeesh, S. (2020). Social support predicted quality of life in people receiving haemodialysis treatment: A cross-sectional survey. *Nursing Open- open access* 0 (0), 1–9. DOI: 10.1002/nop2.533.
9. Alshraifeen, A., Alnuaimi, K., Al-Rawashdeh, S., **Ashour, A.**, Al-Ghabeesh, S., & Al-Smadi, A. (2020). Spirituality, Anxiety and Depression among People Receiving Hemodialysis Treatment in Jordan: A Cross-Sectional Study. *Journal of Religion and Health*, 59(5), 2414-2429. DOI: 10.1007/s10943-020-00988-8.
10. Alshraifeen, A., Al-Rawashdeh, S., Herth, K., Alnuaimi, K., Alzoubi, F., Khraim, F., & **Ashour, A.** (2020). The association between hope and quality of life in haemodialysis patients. *British Journal of Nursing*, 29(21), 1260-1265. DOI: 10.12968/bjon.2020.29.21.1260.
11. Slater, P. F., Bunting, B. R. E. N. D. A. N., Hasson, F. E. L. I. C. I. T. Y., Al-Smadi, A. M., Gammoh, O. S., & **Ashour, A.** (2020). A comparison of an emergent factor structure of the Insomnia Severity Index set against a global context. *Testing, Psychometrics, Methodology in Applied Psychology*, 27(1), 85-101. DOI: 10.4473/TPM27.1.6
12. Slater, P. F., Bunting, B., Hasson, F., Al-Smadi, A., Gammouth, O. S., **Ashour, A.**, & Jordan, D. (2019). An Examination of Factor Structure of the Hamilton Anxiety Rating Scale in a Non-Clinical Persian Sample. *International Journal of Research in Nursing*, 10 (1), 1-9. DOI: 10.3844/ijrnsp.2019.1.9
13. Gharaibeh, B., Al-Smadi, A. M., **Ashour, A.**, & Slater, P. (2019). Development and psychometric testing of the Physical Examination Attitudes and Practices Scale. *Nursing forum*, 54 (1), 111-120. doi.org/10.1111/nuf.12304
14. Ali, R. M. A., Abed, M. A., Khalil, A. A., Al-Kloub, M. I., **Ashour, A. F.**, & Alnsour, I. A. (2018). A survey on sexual counseling for patients with cardiac disease among nurses in Jordan. *Journal of Cardiovascular Nursing*, 33(5), 467-473. DOI: 10.1097/JCN.0000000000000472
15. Al-Smadi, A. M., Tawalbeh, L. I., **Ashour, A.**, Hweidi, I. M., Gharaibeh, B., Slater, P., & Fitzsimons, D. (2017). The influence of treatment modality on illness perception and secondary prevention outcomes among patients with acute myocardial



infarction. *International Journal of Nursing Sciences*, 4(3), 271-277. DOI: 10.1016/j.ijnss.2017.06.007

16. Alsmadi, A. M., Tawalbeh, L. I., Gammoh, O. S., Shawagfeh, M. Q., Zalloum, W., **Ashour, A.**, & Attarian, H. (2017). The effect of Ginkgo biloba and psycho-education on stress, anxiety and fatigue among refugees. *Proceedings of Singapore Healthcare*, 27(1), 26-32. DOI: 10.1177/2010105817716184
17. Al-Smadi, A. M., Tawalbeh, L. I., Gammoh, O. S., **Ashour, A. F.**, Alshraifeen, A., & Gougazeh, Y. M. (2017). Anxiety, stress, and quality of life among Iraqi refugees in Jordan: A cross sectional survey. *Nursing & Health Sciences*, 19(1), 100-104. DOI: 10.1111/nhs.12323.
18. Al-Smadi, A. M., Tawalbeh, L. I., Gammoh, O. S., **Ashour, A.**, Tayfur, M., & Attarian, H. (2017). The prevalence and the predictors of insomnia among refugees. *Journal of Health Psychology*, 24(8), 1125-1133. DOI: 10.1177/1359105316687631.
19. Al-Smadi, A. M., Halaseh, H. J., Gammoh, O. S., **Ashour, A. F.**, Gharaibeh, B., & Khoury, L. S. (2016). Do chronic diseases and availability of medications predict post-traumatic stress disorder (PTSD) among Syrian refugees in Jordan. *Pakistan Journal of Nutrition*, 15(10), 936-941. DOI: 10.3923/pjn.2016.936.941.
20. Al-Smadi, A. M., Tawalbeh, L. I., Gammoh, O. S., **Ashour, A.**, Alzoubi, F. A., & Slater, P. (2016). Predictors of coping strategies employed by Iraqi refugees in Jordan. *Clinical Nursing Research*, 26(5), 592-607. doi.org/10.1177/1054773816664915.
21. Al-Smadi, A. M., **Ashour, A.**, Hweidi, I., Gharaibeh, B., & Fitzsimons, D. (2016). Illness perception in patients with coronary artery disease: a systematic review. *International Journal of Nursing Practice*, 22(6), 633-648. DOI: 10.1111/ijn.12494.
22. Gammoh, O. S., Al-Smadi, A. M., **Ashour, A. F.**, & Al-Awaida, W. (2016). Salivary Nitric Oxide, a Biomarker for Stress and Anxiety?. *Psychiatry Investigation*, 13(3), 311-315. DOI: 10.4306/pi.2016.13.3.311

#### **Papers Accepted for Publication in Referred Journals**

1. Tawalbeh, L. I., Al-Smadi, A. M., **Ashour, A.**, Alshajrawi, A., Gammoh, O., & Abu-Al-Rous, N. (2021). Public knowledge, attitudes and practice about COVID-19 pandemic. *Journal of Public Health in Africa*. doi.org/10.4081/jphia.2021.1519 (Published on Jan 29, 2020).

#### **Papers Submitted for Publication in Referred Journals:**

1. **Ala. Ashour**, Sami Al-Rawashdeh, Mu'ath Tanash, Ahmed Al-Smadi, Ali Alshraifeen, Abedalmajeed Shajrawi. Changes in Anxiety level of Patients' Undergoing Percutaneous Coronary Intervention. *Dimensions of Critical Care Nursing*. (19 June 2021).
2. Ahmed Al-Smadi; Omer Gammoh; **Ala. Ashour**; Loai Tawalbeh; Abedalmajeed Shajrawi. Demographic Differences in Insomnia and Anxiety and the association with Cardiovascular Risk Factors among Jordanian Healthy Adult. Preventing Chronic Disease journal. (19 June 2021).

3. **Ala. Ashour**, Ahmed Al-Smadi, Ali Alshraifeen, Sami Al-Rawashdeh, Loai Issa Tawalbeh, Beshar Gharaibeh. Patients and Nurses Perspectives of Learning Needs Post Percutaneous Coronary Intervention. Contemporary Nurse.
4. **Ala. Ashour**, Ahmed Al-Smadi, Donna. Fitzsimons, Paul. Slater, Brenda. O'Neill, Abedalmajeed Shajrawi, Wisal Ajlouni. High levels of risk factors but poor secondary prevention for patients with coronary heart disease in public hospitals in Jordan. Preventing Chronic Disease journal.
5. Shajrawi, A., Al-Smadi, A., **Ashour, A.** The impact of type of acute myocardial infarction on cardiac patient self-efficacy after hospitalization". Nursing and Health Sciences.
6. Majd Mrayyan, **Ala Ashour**, Ali Alshraifeen, Sami Al-Rawashdeh, Murad Sawalha, Nijmeh Al-Atiyyat. Nurses Perceptions of the Obstacles and Supportive Behaviors of End of Life Care in Intensive Care Units. Applied Nursing Research.

#### **Papers in Process:**

1. Knowledge and Practice toward Basic Life Support among Nurses working with SARS-CoV-2 Patients in Jordanian Hospitals

#### **Ongoing Research**

1. **Ala. Ashour**, Abedalmajeed Shajrawi, Ahmed Al-Smadi. The impact of patients' education on self-care behavior practice, quality of life and illness perception among patients with heart failure in Jordan.
2. The effect of heart failure disease management program (DMP) on quality of life and self-patients efficacy.

#### **Scholarly Achievements**

**Scopus Page:** <https://www.scopus.com/authid/detail.uri?authorId=57189391155>

**Google Scholar Citation Page:** <https://scholar.google.com/citations?user=nnBymhgAAAAJ>

**Research Gate Page:** [https://www.researchgate.net/profile/Ala\\_Ashour2](https://www.researchgate.net/profile/Ala_Ashour2)

#### **Reviewer for Refereed International Journal**

I am a reviewer for the following refereed scholarly journals:

1. Heart & Lung. The Journal of Cardiopulmonary and Acute Care.
2. Journal of Public Health in Africa (JPHIA)
3. Clinical Nursing Research
4. Journal of Cardiovascular Nursing (JCN)
5. Journal of Medical Ethics
6. Nursing and Health Sciences
7. Journal of Evaluation in Clinical Practice
8. Psychology Research and Behavior Management
9. Quality of Life Research
10. Qualitative Health Research