

CURRICULUM VITAE OF

Dr. Sami Yousef Mahmoud Al-Rawashdeh, RN, MSN, CNS, PhD

1. Personal Information

Name: Sami Yousef Al-Rawashdeh, RN, MSN, CNS, PhD
Date of Birth: 1976
Gender: Male
Nationality: Jordanian
Marital Status: Married (5 children)
Job Title: Assistant Professor /Dept. of Community and Mental Health Nursing
Address: Hashemite University/College of Nursing

Department of Community and Mental Health Nursing

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Major and Minor Field of Specialization: *Nursing/Community Health Nursing* (Adult Population Health/Long-term and Home Care)

Areas of Research Interest: *Adults population health in homes and long-term care settings:*
Family caregiving; Family caregivers' experiences and outcomes (burden, sleep disturbance, quality of life, hope); Chronic illnesses management; Pain management

2. Education and Employment Information

Education Information

- Aug 2014: PhD in Nursing, University of Kentucky/School of Nursing, Lexington, KY, USA.
- Sep 2002: Master Degree in Community Health Nursing, Jordan University of Science and Technology /Faculty of Nursing, Irbid, Jordan.
- July1998: B.Sc. degree in Nursing, Jordan University of Science and Technology /Faculty of Nursing, Irbid, Jordan.

Titles of Master's Degree Thesis: None. The degree was based on Comprehensive Exam Track

Titles of the Doctoral Dissertation: Sleep Disturbance and Outcomes in Patients with Heart Failure and their Family Caregivers

Continuing Education

- 2001: Microsoft Office
- 2002: Statistical Analysis Using the SPSS
- 2016: E-learning course "Moodle"
- January 25 -27, 2015: Attending "Higher Education" course held at HU - Center of Academic Quality Assurance at HU.
- May 31 - June 2, 2015: Attending the training course titled" Advance Training in Scientific Writing for Substance Use and Addiction Research in the MENA Region" held at HU in cooperation with International Society of Addiction Journal Editors. UCSF-AIDS Research Institute Center for AIDS Prevention Studies, and the National Institute on Drug Abuse-International Program
- March 15, 2016: Attending the workshop "Shaping the Way We Teach: Part 2". Held at Hashemite University and organized by Danish Jordanian University Cooperation and the Language Center at HU and funded by Danish-Arab partnership program.

- July 23, 2017: Participated in "JANA's Organization Third Scientific Day" held in the Hashemite University
- 23/12/2018: Attending the workshop title "Faculty Member Training on Electronic Teaching" held at Hashemite University
- 23/12/2018: Attending the Consultative Nursing Scientific Day held in the Hashemite University
- January 2020: Interactive Teaching held in the Hashemite University

Employment Information

Academic Experience

- Dec 2014- till present: **Assistant Professor** at College of Nursing/ Hashemite University, Zarqa, Jordan.
- Sep- Dec 2014 **Fulltime Lecturer** at College of Nursing/ Hashemite University, Zarqa, Jordan.
- Aug. 2012 – Dec. 2012 **Research Assistant** at the University of Kentucky- College of Nursing, Lexington, KY, USA
- Oct. 2005 – Aug. 2011 **Teaching and Research Assistant** at College of Nursing/ Hashemite University, Zarqa, Jordan.
- Jan. 2004 - June 2005 **Lecturer** at Department of Nursing / Hajr Health Sciences Institute (HHSI), Al-Hofuf, Kingdom of Saudi Arabia

Administrative Experience

- Sep 2015 – Sep 2018 **Head** of Community and Mental Health Nursing Department at College of Nursing/ Hashemite University, Zarqa, Jordan.
- Jan. 2004 - June 2005 **Head** of Nursing Department / Hajr Health Sciences Institute (HHSI), Al-Hofuf, Kingdom of Saudi Arabia

Clinical Nursing Experience

- Apr. 1999- Jan.2004: Registered Nurse at Al-Mafraq Governmental Hospital (Ministry of Health), Al-Mafraq, Jordan
- Jul 1998- Apr. 1999 Registered Nurse at Islamic Hospital, Amman, Jordan

3. Teaching Experience

Courses Taught

-Undergraduate Level:

I taught the following Undergraduate Level courses:

Date and Institution	Course title, credit hours
2014- current, the Hashemite University	Community Health Nursing / Theory, 3
	Community Health Nursing / Clinical, 3
	Health Promotion and Prevention/ Theory, 3 (Taught as in class and online course)
	Ethics of Science and Technology/ Theory, 1
	Health Education and First Aid/Theory, 3 (University elective)
	Communication Skills/ Theory, 3
	Fundamentals of Nursing/ Theory, 3
	Ethics of Science (an Arabic University elective course developed collaboratively with Dr. Sukaina AlZyoud)/ Theory, 3
2005-2011, the Hashemite University	Fundamentals of Nursing/ Clinical, 1
	Adult Health Nursing I /Clinical, 3
	Adult Health Nursing II /Clinical, 3
	Maternal and Family health / Clinical, 3
	Community Health Nursing / Clinical, 3
	Nursing Leadership and Professional Adaptation/ Clinical, 3
	Health Promotion/Theory, 2
	Health Education/ Theory, 3
Physical Assessment/ Clinical, 1	

- Diploma Level:

I taught the following Diploma Level courses:

Date and Institution	Course title, credit hours
2004-2005, Hajr Health Sciences Institute	Anatomy and Physiology for Nursing
	Fundamentals of Nursing/ theory and clinical
	Adult Health Nursing / theory and clinical
	Community Health Nursing/ theory and clinical

Curriculum Development and Teaching Managements

From the beginning of my teaching career as a Lecturer in the Hashemite University, I have paid a special attention to the curriculum development to enrich the department, college and university with my expertise. The followings are examples of my selected contributions in this regard:

1. I have prepared course curriculum and course outline along with the text books for the Ethics of Science course (an Arabic University elective course, developed collaboratively with my colleague the Associate Professor Dr. Sukaina A. Alzyoud).
2. A member of the "Curriculum" committee at the College of Nursing (2015-till present)
3. Critically revised and updated the course curriculum and course outline along with the text books for the following courses: Health promotion and Prevention, Community Health Nursing/ Theory, Community Health Nursing/ Clinical, Communication Skills, and Ethics of Science and Technology.

Student Advising

I have been contributing to academic advising in the College of Nursing as been serving as an academic advisor for undergraduate students; mainly for the senior (4th year level) students. Also, I have been serving as an academic advisor during the last 2 years for Diploma to B.Sc (Bridging students) and nationally and internationally transferred students.

M. Sc. Theses:

- External examiner for the graduate student **Nedaa Ahmad Al-Younis** thesis at the Faculty of Nursing/ Jordan University of Science and Technology. The Thesis was entitled "Job Satisfaction, Work Environment and Intent to Stay of Jordanian Midwives" (2018-2019).
- External examiner for the graduate student **Hala Saleh Al-jaraideh** thesis at the Faculty of Nursing/ Jordan University of Science and Technology. The Thesis was entitled " Factors Influencing Quality of Life among Syrian Refugees Pregnant Women in Jordan". 2020
- External examiner for the graduate student **Nuha Ahmad Al-Khatib** thesis at the Faculty of Nursing/ Jordan University of Science and Technology. The Thesis was

entitled "The relationship between workplace bullying, coping strategies, and job satisfaction among nurses in Jordanian hospitals". 13-12-2020

- External examiner for the graduate student **Bushra Hassan Shoman** thesis at the Faculty of Nursing/ Jordan University of Science and Technology. The Thesis was entitled "Association of nurses' perception, autonomy, and decision-making to clinical outcome in medical care units: electronic vs paper-based documentation". 07-01-2021

4. Scholarly Achievements

Scopus Page: <https://www.scopus.com/authid/detail.uri?authorId=57191163859>

Google Scholar Citation Page:

<https://scholar.google.com/citations?user=oj2A18QAAAAJ&hl=en&oi=ao>

Research Gate Page:

https://www.researchgate.net/profile/Sami_Al-Rawashdeh

ORCID:

ORCID ID: <https://orcid.org/0000-0003-1738-7953>

List of Publications in Referred Journals

1. **Al-Rawashdeh, S.**, Alshraifeen, A., Alhawamdih, S., & Ashour, A. (2020). Wellbeing and quality of life of family caregivers: influence of sleep quality. *British Journal of Community Nursing*, 25(2), 70-75. doi:10.12968/bjcn.2020.25.2.70
2. **Al-Rawashdeh, S.**, Alshraifeen, A., Rababa, M., & Ashour, A. (2020). Hope predicted quality of life in dyads of community-dwelling patients receiving hemodialysis and their family caregivers. *Quality of Life Research*, 29, 81–89 (2020). doi:10.1007/s11136-019-02378-4
3. **Al-Rawashdeh, S.**, Ashour, A., Alshraifeen, A., & Rababa, M. (2020). Experiences on Providing Home Care for A Relative with Heart Failure: A Qualitative Study. *Journal of Community Health Nursing*, 37(3), 129-140.
4. **Al-Rawashdeh, S. Y.**, Lennie, T. A., & Chung, M. L. (2016). Psychometrics of the Zarit Burden Interview in caregivers of patients with heart failure. *The Journal of cardiovascular nursing*, 31(6), E21-28. doi:10.1097/JCN.0000000000000348
5. **Al-Rawashdeh, S. Y.**, Lennie, T. A., & Chung, M. L. (2017). The Association of Sleep Disturbances With Quality of Life in Heart Failure Patient–Caregiver Dyads. *Western journal of nursing research*, 39(4), 492-506. doi:10.1177/0193945916672647
6. Alshraifeen, A., **Al-Rawashdeh, S.**, Alnuaimi, K., Alzoubi, F., Tanash, M., Ashour, A., . . . Al-Ghabeesh, S. (2020). Social support predicted quality of life in people

- receiving haemodialysis treatment: A cross-sectional survey. *Nursing Open*, 7(5), 1517-1525.
7. Alshraifeen, A., Alnuaimi, K., **Al-Rawashdeh**, S., Ashour, A., Al-Ghabeesh, S., & Al-Smadi, A. (2020). Spirituality, Anxiety and Depression Among People Receiving Hemodialysis Treatment in Jordan: A Cross-Sectional Study. *Journal of Religion and Health*, 1-16. doi:10.1007/s10943-020-00988-8
 8. Ashour, A., **Al-Rawashdeh**, S., Alwidyan, M., Al-Smadi, A., & Alshraifeen, A. (2020). Perceived Learning Needs of Patients With Heart Failure in Jordan: Perspectives of Patients, Caregivers, and Nurses: A Cross-Sectional Survey. *Journal of cardiovascular nursing*, 35(3), 273-279.
 9. Ashour, A., Al-Smadi, A., Tawalbeh, L., Alshraifeen, A., **Al-Rawashdeh**, S., & Gharaibeh, B. (2020). Do Illness Perception Predict Perceived Learning Needs Among Patients Treated With Percutaneous Coronary Intervention. *Dimensions of Critical Care Nursing*, 39(5), 251-258.
 10. Rababa, M., & **Al-Rawashdeh**, S. (2019). Nurses' certainty and pain outcomes of nursing home residents with dementia: the mediating effect of pain assessment. *Pain Management*, 9(6), 559–567. doi:10.2217/pmt-2019-0027.
 11. Ashour, A., Al-Smadi, A., Shajrawi, A., **Al-Rawashdeh**, S., Alshraifeen, A., & Abed, M. 2020. Changes in illness perception among patients' undergoing percutaneous coronary intervention. *Heart & Lung*, 49(6), 836-841, <https://doi.org/10.1016/j.hrtlng.2020.08.026>.
 12. Alshraifeen, A., **Al-Rawashdeh**, S., Herth, K., Alnuaimi, K., Alzoubi, F., Khraim, F., Ashour, A. 2020. The association between hope and quality of life in haemodialysis patients. *British Journal of Nursing*, 29 (21), 1260-1265. <https://doi.org/10.12968/bjon.2020.29.21.1260>
 13. Rababa, M., Hammouri, A. M. & **Al-Rawashdeh**, S. 2020. Association of nurses' characteristics and level of knowledge with ageist attitudes toward older adults: a systematic review. *Working with Older People*.
 14. Rababa, M. & Al-Rawashdeh, S. 2020. Critical care nurses' critical thinking and decision making related to pain management. *Intensive and Critical Care Nursing*, 103000. <https://doi.org/10.1016/j.iccn.2020.103000>

Papers Accepted for Publication in Referred Journals: ---

1. Mrayyan, M, **Al-Rawashdeh**, S, & Al-Omari, H. Nurses' job stressors and social support behaviors: Comparing public, teaching, and private hospitals. Accepted in *Nursing Forum*
2. Rababa, M., & **Al-Rawashdeh**, S. Nurses Critical Thinking and Decision-Making of Pain Assessment and Management in Non-Verbal Patients. Accepted in the *Intensive & Critical Care Nursing*

Papers Submitted for Publication in Referred Journals

1. Hayajneh, A., Rababa, M., & **Al-Rawashdeh**, S. "The COVID-19 Pandemic Influencing Prehospital Delay Among Older Adult Patients with Acute Coronary Syndrome Seeking Emergency Care". Submitted to the *International Journal of Clinical Practice*

Papers in process:

1. Mrayyan, M., Al-Atiyyat, N., Ashour, A., Alshraifeen, **Al-Rawashdeh, S.**,... *Nurses' Perceptions of the Obstacles and Supportive Behaviors of End of Life Care in Intensive Care Units.*
2. Mrayyan, M., Al-Atiyyat, N., **Al-Rawashdeh, S.**.....Comparing Rates and Causes of, and Views on Reporting of Medication Errors among Nurses Working in Different Sized Hospitals

Ongoing Research

1. Sleep disturbance, psychological health, and academic achievements in adolescents in Jordan

Grant and Research Support

Primary Investigator: Views, experiences, and needs of Jordanian family caregivers of patients with heart failure (\$6500) (funded by the Hashemite University, Jordan). (2016- 2019)

Conferences and presentations:

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| May, 2002: | Oral presentation of a project “Helminthes among school age students” at the Seventh International Middle East Nursing Conference (Discovering Reality: A Road for Nursing Success), Jordan University of Science and Technology, Irbid, Jordan |
| Nov. 8, 2013: | Poster presentation of “Psychometrics of the Zarit Burden Interview in Caregivers of Patients with Heart Failure” at the 23rd Annual Nursing Research Papers Day, University of Kentucky- College of Nursing, Lexington, KY, USA |
| April 11, 2014: | Oral presentation of a manuscript “The effect of sleep disturbance on quality of life in dyads of patients with heart failure and their family caregivers” at the 10th Annual Student Scholarship Showcase, , University of Kentucky- College of Nursing, Lexington, KY, USA |
| December 16-17, 2014: | Attendant of “Toward Excellence in Practicing Nursing profession” conference held at the Applied Science Private |

University – Amman/Jordan

28-30/1/2016: Moderator of a session in and attendant of the Zarqa Governmental Hospital First Conference held at Zarqa Governmental Hospital, Zarqa, Jordan

Reviewer for Refereed International Journal

I reviewed papers for the following refereed scholarly journals:

1. Journal of Cardiovascular Nursing
2. Disability and Rehabilitation
3. Journal of Multidisciplinary Healthcare
4. International Journal of Mental Health & Psychiatry
5. The Western Journal of Nursing Research

5. Service

Department level

1. Head of the Community and Mental Health Nursing Department (9 / 2015- 9/2018).
2. Member in the Graduate Studies Committee in the Department of Community and Mental Health Nursing for the academic years of 2014/2015, 2015/2016, 2016/2017, and 2017/2018.
3. Chairman of the Scientific Research Committee in the Department of Community and Mental Health Nursing for the academic years of 2015/2016 and 2018/2019.
4. Member in the Scientific Research Committee in the Department of Community and Mental Health Nursing for the academic years of 2014-2018.
5. Member in a committee for preparing a psychiatric and metal health Nursing lab.

College level

1. Member of the Faculty of Nursing Council for the academic years of 2015 until 2018 (as a Head of the Community and Mental Health Nursing Department).
2. Member of the Faculty of Nursing Council for the academic year of 2019/2020 (as a representative of the Department of Community and Mental Health Nursing).
3. Member of the Graduate Studies Committee in the Faculty of Nursing for the academic years of 2014/2015, 2015/2016, 2016/2017, and 2017/2018.
4. Member of the Scientific Research Committee in the Faculty of Nursing for the academic years of 2014/2015, 2015/2016, 2016/2017, and 2017/2018.
5. Member of the "Curriculum" committee in the College of Nursing (2015-till present)
6. Member in a committee for establishing the Simulation Lab in the faculty of Nursing.
7. Member of the Specific and General Accreditation Committees in the Faculty of Nursing for the academic years of 2014-2018. 2017/2018, 2016/2017, 2015/2016, and 2014/2015
8. Member of the Academic Advising Committee for undergraduate students (worked mainly for the 4th year students) in the Faculty of Nursing for the academic years of 2014/2015 - current
9. Member of the Students Affairs Committee in the Faculty of Nursing for the academic year of 2016/2017
10. A member of the Appointment and Promotion Committee at the Faculty of Nursing and the Department of Community and Mental Health Nursing levels.
11. Chairman of the Committee for the Bridging, National and International transferred students in the faculty of nursing for the years of 2018/2019 and 2019/2020
12. Member of the Strategic Plan Committee in the academic years of 2016/2017 and 2018/2019
13. Member of the Academic Quality Assurance Committee in the Faculty of Nursing for the years of 2014 - 2018
14. Member of the Tender Committee for the nursing school for the year 2016-2017
15. Participated in and supervised undergraduate students in the "Wikipedia in Education Program" in the 2nd semester 2017/2018
16. Participated in and supervised undergraduate students in the "Arabic Wikipedia in Education Program – Levant Arabic Content Promotion Program" in the 2nd semester 2016/2017

17. Participated in and coordinated the development of the online course of "Health Promotion and Prevention" (course # 150701315/110701315) in the Hashemite University in 2017-2018
18. Participated in the Election day for the Hashemite University students' election on 11/2014
19. Oral presentation of "The Role of the University and the Faculty of Nursing in Community Service: Achievements, Challenges, and Opportunities" in the Consultative Nursing Scientific Day held in HU in 23/12/2018.
20. Member in the Alumni Committee in the Faculty of Nursing for the academic year of 2019/2020
21. Member in the Committee for Clinical Training and Coordination in the Faculty of Nursing for the academic years of 2015/2016 – current
22. Member in the Community Services and Workshops Committee in the Faculty of Nursing for the academic years of 2014/2015 – current.
23. Member in the Continuous Education Committee in the Faculty of Nursing for the academic years of 2015/2016 - 2017/2018.
24. Head of the Continuous Education Committee in the Faculty of Nursing for the academic year of 2014/2015.
25. Member in the Faculty of Nursing' Web Page Improvement Committee in the academic years of 2016/2017 and 2017/2018
26. Member in the Education Resources and Computerization (E-learning), and continuing education Courses committee for the academic year of 2019/2020

University level

1. A member of the "University Counsel" at the Hashemite University for the academic year of 2016/2017.
2. Participated in the "Awareness Day to Fight Cancer" held in the Hashemite University in 4/2/2019.
3. Participated in the "Mental Illnesses Awareness Day" held in the Hashemite University in 19/12/2019.

Community services

1. Representing the Hashemite University at the "Jordanian Universities Alliance for Tobacco Control and Prevention" since Sep 2019-current
2. Undergraduate students: External examiner for undergraduate nursing students in Al al-Bayt University-Jordan in the years of 2015 and 2016.
3. Participated in the Health Fair Day in 19/12/2015 in Al-Byader- Amman organized in cooperation with Amman Greater Municipality, and Human Rights and Peace Center.
4. Served as a member in the committee for preparing for the "Free medical day" that was held by the school of nursing at the city of "Al Hashemiah" in Zarqa Governorate, Jordan.
5. Participated in the "Family Violence" workshop held in the city of Russeifa- Zarqa in 19/12/2019.

6. Membership in Professional Societies

1. Member in the Jordan Nurses & Midwives Council since July 1998
2. Member in Heart Failure Society of America (HFSA)

7. Certification

1. Certified as Registered Nurse Jordan Ministry of Health-Jordan since July 1998
2. Certified as Community Health Nurse\ Clinical Nurse Specialist form the Jordan Nursing Council since June 23, 2016