



<b>2003</b>	<b>University of Jordan</b>	<b>Amman, Jordan</b>
Teaching assistant in the Department of Nutrition and Food Technology for four months (as a part of the Mango Academic Scholarship). Responsibilities included the following: 1- Correction of examination papers and home works for undergraduate students. 2- Correction of postgraduate students examination papers.		
<b>2002-2004</b>	<b>University of Jordan</b>	<b>Amman, Jordan</b>
Research assistant in the food biotechnology lab. Responsibilities included the following: 1- Preparation of the cultural media. 2- Preparation of the bacterial, yeast and mold cultures. 3- Bacterial identification tests. 4- Performance of researches for studying the bacterial behavior under different conditions. 5- Food biochemical testing.		
<b>2005-2007</b>	<b>The Greater Amman Municipality</b>	<b>Amman, Jordan</b>
Lab technician in microbiological lab.		
<b>2007-2012</b>	<b>Jordan Food and Drug Administration</b>	<b>Amman, Jordan</b>
Lab technician in microbiological lab.		
<b>2012-2014</b>	<b>Jordan Food and Drug Administration</b>	<b>Amman, Jordan</b>
Risk Assessment and Studies Department		
<b>2012- 2014</b>	<b>JISMO</b>	<b>Amman, Jordan</b>
Member in the technical committee for Drinks and Juices		
<b>2013-2014</b>	<b>Jordan Food and Drug Administration</b>	<b>Amman, Jordan</b>
Member in the technical committee for Athletic food		
<b>2014- present</b>	<b>Faculty of Allied Health Sciences / Hashemite University</b>	<b>Zarqa, Jordan</b>
Assistant Professor at the Department of Clinical Nutrition & Dietetics.		
<b>2017- present</b>	<b>Jordan Food and Drug Administration</b>	<b>Amman, Jordan</b>
Member in the technical committee for Special use food		
<b>2017- present</b>	<b>Jordanian Dietetic Association (JDA)</b>	<b>Amman, Jordan</b>
Member in JDA and its scientific committee		
<b>2019- present</b>	<b>Jordanian Dietetic Association (JDA)</b>	<b>Amman, Jordan</b>
Head of the JDA scientific committee		
<b>2020-present</b>	<b>Health Education Clinic/ The Hashemite University</b>	<b>Zarqa, Jordan</b>
Member in the Health Education Clinic committee		

## **2- TRAINING COURSES**

<b>13-24<sup>th</sup> /5/2007</b>	<b>Jordan Food and Drug Administration</b>	<b>Amman, Jordan</b>
Training course on Method for Examination of <i>Escherichia coli</i> O157 (VTEC).		
<b>10-14<sup>th</sup> /6/ 2007</b>	<b>Jordan Food and Drug Administration</b>	<b>Amman, Jordan</b>
Training course in Quality Assurance and Quality Control, Microbiology According to ISO 17025:2005		
<b>6-7<sup>th</sup> / 8/ 2007</b>	<b>Jordan Food and Drug Administration</b>	<b>Amman, Jordan</b>
Training course of ISO/IEC 17025:2005 "General Requirements for the competence of Testing and Calibration Laboratories"		
<b>5-6<sup>th</sup> 10/2010</b>	<b>Jordan Food and Drug Administration</b>	<b>Amman, Jordan</b>
Training course in Detection of Certain Pathogenic Microorganisms using PCR		
<b>26-27<sup>th</sup> /12/2010</b>	<b>Jordan Food and Drug Administration</b>	<b>Amman, Jordan</b>
Training course in Knowledge Management and its Application		
<b>7<sup>th</sup> /5/2011</b>	<b>Jordan Academy for Quality Management</b>	<b>Amman, Jordan</b>
Training course in Quality Improvement Tools.		
<b>25-28<sup>th</sup> /2/2013</b>	<b>Jordan Food and Drug Administration</b>	<b>Amman, Jordan</b>
Training course in "Development and Adoption of performance indicators for Food Safety Procedures".		

**23-24<sup>th</sup> Sep./ 2018**                      **the Polat Renaissance Hotel Yeşilköy**                      **Istanbul ,Turkey**  
 EASO Training course: Training the East Mediterranean Trainers in the Prevention and Management of Obesity  
**25<sup>th</sup> Nov./2018**                      **Geneva Hotel**                      **Amman, Jordan**  
 Attending the workshop of Erasmus + program titled by: "How to write a competitive proposal"

**13-16<sup>th</sup> Sep/2020**                      **Coral Tower Hotel / Royal Health Awareness Society**                      **Amman, Jordan**  
 Trainee: Training of Trainers Course- Interactive Learning

### **3- SCIENTIFIC ACTIVITY**

**31<sup>th</sup> Aug/2020**                      **Jordan University of Science and Technology**                      **Irbid, Jordan**  
 External examiner for M.Sc. thesis at JUST

**11<sup>th</sup> Aug/2020**                      **Jordan University of Science and Technology**                      **Irbid, Jordan**  
 External examiner for M.Sc. thesis at JUST

**28<sup>th</sup> Jul/2020**                      **The University of Jordan**                      **Amman, Jordan**  
 External examiner for M.Sc. thesis at the University of Jordan

**12<sup>th</sup> Jul/2020**                      **Jordan University of Science and Technology**                      **Irbid, Jordan**  
 External examiner for M.Sc. thesis at JUST

**4<sup>th</sup> Aug/2019**                      **Jordan University of Science and Technology**                      **Irbid, Jordan**  
 External examiner for M.Sc. thesis at JUST

**30<sup>th</sup> April/2019**                      **Jordanian Dietetic Association**                      **Amman, Jordan**  
 Speaker for a scientific lecture titled by: Nutrition and Ramdan Fasting

**28<sup>th</sup> April/2019**                      **Applied Science Private University**                      **Amman, Jordan**  
 Speaker for a scientific lecture titled by: Nutrition and Ramdan Fasting

**24<sup>th</sup> April/2019**                      **The University of Jordan**                      **Amman, Jordan**  
 External examiner for M.Sc. thesis at the University of Jordan

**4-5<sup>th</sup> April/2019**                      **Landmark Hotel**                      **Amman, Jordan**  
 Scientific Committee Member and Chairman in the 2<sup>nd</sup> International Jordanian Conference of Nutrition 2019

**1<sup>st</sup> Dec./2018**                      **Bristol Hotel**                      **Amman, Jordan**  
 Scientific Committee Member and Speaker in the 2<sup>nd</sup> Scientific day for Jordanian Dietetic Association. Oral Presentation: Bariatric Surgery: Postoperative Nutritional Management

**9<sup>th</sup> Oct./2018**                      **Hashemite University**                      **Zarqa' , Jordan**  
 Speaker for a Scientific lecture titled by: Nutrition and Autism. In a course of Special Topics for Occupational Therapy- Occupational Therapy Department

**30-31<sup>th</sup> Aug, 1<sup>st</sup> Sep/2018**                      **Al-Hussein Youth City**                      **Amman, Jordan**  
 Scientific Committee Member and Chairman in the Smart Food Conference 2018, held by Agriculture Engineering Association

**14<sup>th</sup> May/2018**                      **Jordan Society for Scientific Research**                      **Amman, Jordan**  
 Speaker for a scientific lecture titled by: Nutrition and Ramdan Fasting

**18<sup>th</sup> Apr/2018**                      **Petra University**                      **Amman, Jordan**  
 Attending the 9<sup>th</sup> Scientific day, titled by: Celiac Disease

**25<sup>th</sup> Nov/2017**                      **Landmark Hotel**                      **Amman, Jordan**  
 Scientific Committee Member and Speaker in the 1<sup>st</sup> Scientific day for Jordanian Dietetic Association. Oral Presentation: Iron Deficiency among Overweight and Obese Children

**16-18<sup>th</sup> Nov/2017**                      **Grand Hyatt Amman Hotel**                      **Amman, Jordan**  
 Scientific Committee Member and Chairman in the 1<sup>st</sup> International Jordanian Conference of Nutrition 2017

<b>11<sup>th</sup> Nov/2017</b>	<b>University of Jordan</b>	<b>Amman, Jordan</b>
Attending the 8 <sup>th</sup> Conference on Scientific Research in Jordan, held by Jordan society for Scientific Research (JSSR).		
<b>9<sup>th</sup> Oct/2017</b>	<b>Le Royal Hotel</b>	<b>Amman, Jordan</b>
Attending the 4 <sup>th</sup> Erasmus plus Conference		
<b>3<sup>rd</sup> Jan/2017</b>	<b>Jordan University of Science and Technology</b>	<b>Irbid, Jordan</b>
External examiner for M.Sc. thesis at JUST		
<b>19<sup>th</sup> May/2016</b>	<b>Jordan University of Science and Technology</b>	<b>Irbid, Jordan</b>
External examiner for M.Sc. thesis at JUST		
<b>1-2<sup>nd</sup> May/2016</b>	<b>Landmark Hotel</b>	<b>Amman, Jordan</b>
Attending the first medical conference: "Jordanian Society Free from Obesity and its Related Diseases"		
<b>3-5<sup>th</sup> Dec/ 2015</b>	<b>Marrakech, Morocco,</b>	
Speaker in the International Symposium on Stress, Addiction, and Obesity. Oral Presentation: Fast Food Perception among Adolescents in Jordan by Gender and Weight Status.		
<b>9-10<sup>th</sup> Oct/ 2012</b>	<b>University of Jordan</b>	<b>Amman, Jordan</b>
Speaker in the Fourth Conference of Research Thesis and Dissertation; Paper Title: Development of Probiotic Hummus.		
<b>8-10<sup>th</sup> Oct/ 2012</b>	<b>Jordan University of Science and Technology</b>	<b>Irbid, Jordan</b>
Speaker in the Seventh Scientific Agricultural Conference; Paper Title: Effect of Probiotic Hummus on Blood Lipids of Rats		
<b>28-29<sup>th</sup> Apr/2010</b>	<b>Petra University</b>	<b>Amman, Jordan</b>
Participant in the Jordanian Conference on Nutrition		
<b>7-9<sup>th</sup> Dec / 2004</b>	<b>Arab Center for Nutrition</b>	<b>Manamb, Bahrain</b>
Participant in the second Arab Conference for Nutrition; Paper Title: Effect of inclusion of locally isolated probiotics strains and prebiotics to rat diet on their blood lipids		
<b>11<sup>th</sup> May / 2005</b>	<b>Al-Balqa' Applied University</b>	<b>Salt, Jordan</b>
Speaker in the 5 <sup>th</sup> Agricultural Scientific Conference; Paper Title: The Characteristics of Locally Isolated <i>Lactobacillus acidophilus</i> and <i>Bifidobacterium infantis</i> Isolates as Probiotics Strains.		
<b>Since 2004</b>	<b>Agricultural Engineers Association</b>	<b>Amman, Jordan</b>
Member in the Agricultural Engineers Association		

#### **4- VOLUNTEER EXPERIENCE**

<b>2000</b>	<b>University of Jordan</b>	<b>Amman, Jordan</b>
Social activity in the Nutrition Office for ten hours		
<b>2007</b>	<b>The Greater Amman Municipality</b>	<b>Amman, Jordan</b>
Instructor in Good Manufacturing Practices training course for food inspectors.		
<b>2013</b>	<b>Jordan Food and Drug Administration</b>	<b>Amman, Jordan</b>
Instructor in Good Manufacturing Practices training course for Palestinian food inspectors.		
<b>2013</b>	<b>Safeway</b>	<b>Amman, Jordan</b>
Instructor in Good Manufacturing Practices training course for Safeway staff.		

#### **5- Funded Research**

<b>2014- 2016</b>	<b>Hashemite University</b>	<b>Zarqa, Jordan</b>
Dietary habits, physical activity and prevalence of obesity among the students of the Hashemite University at different educational years.		

#### **6- Education and Teaching Courses**

- Clinical Nutrition for Child, including: full-term infant nutrition, premature infant nutrition, Autism nutrition, Nutrition for special needs, Celiac nutrition, GI disorders nutrition, DM- type 1 nutrition, Down Syndrome nutrition, Cystic fibrosis nutrition.

- Nutrition and Health
- Sport Nutrition
- Computer Application in Nutrition
- Medical and Nutritional Therapy
- Food Preparation
- Internship in Nutrition
- Health Promotion and Nutrition

## **7- Published papers**

Tayyem RF, Hijjawi NS, Al-Awwad NJ, Nimer NA, Agraib LM, Allehdan SS and Al-Radaideh AM. (2018). Association between intakes of macro- and micro- nutrient and serum lipid profiles among Jordanian adults: a preliminary study. **Progress in Nutrition 20 (3): 361-371 DOI: 10.23751/pn.v20i3.7259**

Al-Awwad NJ, Tayyem RF, Allehdan SS, Agraib LM, Al-Mannai M and Musaiger AO (2018). Beverages Consumption is not related to Weight Status among Adolescents Living in the Capital of Jordan. **Current Nutrition & Food Science. 14, 1-10**

Allehdan SS, Tayyem RF, Bawadi HA, Al-Awwad NJ, Al-Mannai M and Musaiger AO (2017). Fast foods perception among adolescents by gender and weight status. **Nutrition and Health .23(1):39-45. DOI: 10.1177/0260106016685724**

Tayyem RF, Bawadi, H, Sehadeh I, Agraib L, Bani-Hani K, Al-Awwad N and Health D (2016). Consumption of Whole-Grains, Refined Cereals and Legumes and its Association with Colorectal Cancer among Jordanians. **Integrative Cancer Therapies. 15(3):318-25. DOI: 10.1177/1534735415620010.**

Al-Awwad NJ, Takturi HR & Yamani MI (2014). Effect of probiotic hummus on blood lipids of rats. **Jordan Journal of Biological Sciences . 7(4): 261-267.**

Al-Awwad NJ, Yamani MI & Takturi HR (2013). Development of probiotic hummus. **Journal of Saudi Society for Food and Nutrition 9 (1):1-18**

Al-Awwad NJ, Haddadin MS & Takturi HR (2009). The characteristics of locally isolated *Lactobacillus acidophilus* and *Bifidobacterium infantis* isolates as probiotics strains. **Jordan Journal of Agricultural Sciences 5:192-205.**

Al-Awwad NJ, Takturi HR & Haddadin MS (2004). Effect of inclusion of locally isolated probiotics strains and prebiotics to rat diet on their blood lipids. **Arab Journal for Food and Nutrition 11:222-234.**

## **8- INTERESTS**

Reading, research and teaching work.

## **9- REFERENCES**

- 1- Professor Mohammad Isam Yamani, University of Jordan, Faculty of Agriculture, Department of Nutrition and Food Technology, Telephone 5355028.
- 2- Professor Hamid Rabah Takturi, University of Jordan, Faculty of Agriculture, Department of Nutrition and Food Technology, Telephone 5355028.
- 3- Doctor Malik Saleh Haddadin, University of Jordan, Faculty of Agriculture, Department of Nutrition and Food Technology, Telephone 5355028.