



Personal Information:

Name : MOHANNAD MOHAMMAD HAWAMDEH
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Nationality : Jordanian
Date of Birth : 10/3/1982

Education :

2008-2011

University of Rome (Tor Vergata), Rome, Italy.
PhD in Physical Therapy, Faculty of Rehabilitation Medicine.

2000- 2006

Hashemite University, Al-Zarqa, Jordan.
B.Sc. Physical Therapy, Faculty of Allied Health Science.

Work experience:

Feb 2012- Feb 2013

Assistant Professor in Physical Therapy, Faculty of allied health Sciences
Taibah University, Saudi Arabia

Sep 2013- up to date

Assistant Professor in Physical Therapy, Faculty of allied health
Sciences Hashemite University, Jordan

Jan 2016 –Feb 2018

Chairman of Physical and Occupational Therapy Department, Faculty of Allied
Health Sciences, Hashemite University, Jordan

Feb 2008 till Sep 2008

Royal Center for Rehabilitation, King Hussein Medical Center

Amman –Jordan

Physical Therapist P.T

July 2007 to Feb 2008

Prince Hashem Bin AL-Hussein Hospital,

Zarqa- Jordan

Physical Therapist P.T

May 2006 to July 2007

Prince Rashid Bin AL-Hassan Hospital

Irbid- Jordan

Training :

***Higher Education Course, Centre of Quality Assurance, The Hashemite University, Alzarqa-Jordan, 5th - 7th Jan 2014.**

***Tecar® Therapy Intensive Course, Unibell International Srl-Calco (Lecco), Milan-Italy.14-16 Oct 2009.**

***Spina Bifida Training Course, AL Hussein Society for Handicaps, Amman, April till June 2005.**

***Cerebral Palsy, Cerebral Palsy Society, Amman, March till June 2005.**

Department of Management Engineering

***General Physical Therapy, Physical Therapy Department, PrinceBassma hospital. From May till Nov 2004.**

***General Physical Therapy, Physical Therapy Department, AL Basheer Hospital From Dec till Feb 2004.**

Conferences :

- **Application of Capacitive – Resistive therapy in medical rehabilitation (Participant).Convention of Abbaziadis.NiloGrottaferrata. Rome-Italy 6th of May 2010**
- **III Rome International Meeting on Rehabilitation Medicine (Speaker). Rome-Italy 9-11 September 2009**
- **Workshop in vibration energy in physiopathology and sports (Participant). Rome-Italy 9-11 September 2009**
- **2nd International Meeting on Rehabilitation Medicine (Participant). Rome-Italy 21-22 November 2008.**
- **The 4th International Conference of the Royal Medical Services (Participant). Amman- Jordan 12-15 May 2008.18 Hours CME, Accredited by Jordan Medical Council.**

Personal Skills and Competences:

Mother tongue

Arabic

Other languages

	English
• Reading skills	Excellent
• Writing skills	Excellent
• Verbal skills	Excellent
	Italian
• Reading skills	Excellent
• Writing skills	Excellent
• Verbal skills	V. good

Research Skills and Competences:

1. **The effects of Whole-body vibration energy on bone mineral density in post-menopausal women: A systematic Review (Accepted Dec 2018, FizjoterapiaPolsk)**
2. **4th year physical therapy Students satisfaction in Jordanian universities: A survey study. (FizjoterapiaPolsk; Volume 18, issue 4, page 34-37)**
3. **A novel approach to improve hamstring flexibility: a single blinded randomized clinical trial. (Accepted Nov 26 2018, South African Journal of Physiotherapy)**
4. **Effectiveness of Physiotherapy Interventions on Spasticity in People with Multiple Sclerosis: A Systematic Review and Meta-Analysis. (American Journal of Physical Medicine & Rehabilitation • Volume 97, Number 11, November 2018)**
5. **Physical therapy practice in intensive care units in Jordanian hospitals: A national survey. (Physiotherapy research international, volum 24, issue 1, Jan 2019)**
6. **Constraint-induced movement therapy as a rehabilitation intervention for upper extremity in stroke patients: systematic review and meta-analysis. (International journal of Rehabilitation Research, Volume 39, Number 3, page: 197-210, 2016).**
7. **Comparison between the Effectiveness of using Transcutaneous Electrical Nerve Stimulation (TENS) with Back Strengthening Exercises and the use of**

Back Strengthening Exercises only on Patients with Chronic Low Back Pain: A Pilot Crossover Double Blind Study. (Indian Journal of Physiotherapy & Occupational Therapy, Vol. 9, No 2, page: 210-213, 2015).

- 8. Comparison between the effectiveness of aquatic exercises and land-based exercises in the treatment of chronic low back pain. (Indian Journal of Physiotherapy and Occupational Therapy, Vol 6, No 1, page: 12-16, 2015).**
- 9. The effectiveness of Capacitive Resistive Diathermy (Tecartherapy®) in acute and chronic musculoskeletal lesions and pathologies. (European journal of scientific research, Volume 118 Issue3, page: 9, 2014).**
- 10. Assessment of the effects of application of radio frequency 0.485 MHz by using capacitive-resistive system (TECAR ®), in the muscle tissue through cross-over double-blind study. (Department of Rehabilitation Medicine, University of Rome, Italy 2009. Presented in the III Rome International Meeting on Rehabilitation Medicine (Speaker). Rome-Italy 9-11 September 2009).**

Organizational skills and competences:

- **Effective Research skills.**
- **Communication.**
- **Team building.**
- **Leadership skills.**

Technical skills :

- * **MS office programs including MS excel, MS word, MS Power point.**
- * **Use of internet tools (E-mail, browsing and IM).**

Other skills and competences Competences not mentioned above :

- **Highly interdisciplinary including human and technical aspects.**
- **Strong general analytical skill.**
- **Good research and supervisory skills.**
- **Leadership Course, Success Skills Course& Communication Skills Course.**
- **Excellent creative thinking and problem-solving capabilities.**
- **Learning capabilities.**
- **Sociable.**

