

## **Eslam Khaled Ali "A. Al-Shami"**

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### **Education and Training:**

- Jordan University of Science and Technology,2008 Irbid - Jordan  
**Master** in Nutrition and Food Technology  
Average: 88.5 % (Excellent)  
Majoring in **Nutrition Science**, Thesis Program
- Jordan University of Science and Technology,2005 Irbid - Jordan  
**Bachelor** in **Nutrition and Food Technology**  
Average: 80.1 % (Very Good)
- Training in Nutrition and Food Technology Department/Jordan University of Science and Technology organized by Agricultural Engineers Association/ Irbid Branch. Training included development of projects objectives, proposal writing and data collection and analysis using statistical analysis program (SPSS) from 1/7 – 31/12/2009.
- Training in King Abdullah Hospital (nutrition) and in Jordanian Food and Drug Administration (JFDA) Food Health Laboratory/ Irbid in Microbiology and Chemistry Labs, 2005.

### **Qualifications:**

- Teaching in Jordan University of Science and Technology Labs (Biochemistry, Analytical Food Chemistry and Diet Therapy) in the Nutrition and Food Technology Department for 4 semesters.
- Workshops in New Techniques for Training on Creative Thinking organized by the Civil Society Development Center/ Jordan University of Science and Technology from 23/7-6/8/2007.
- Training course in preparing for TOEFL exam organized by the Consultative Center for Science and Technology/ Jordan University of Science and Technology from 9/7-3/8/2006.
- Workshop about the WHO New Growth Standards organized by UNICEF and University of Oxford in Amman - Jordan from 30/4-2/5/2012.
- Workshop about the Contemporary Issues in Nutrition in the Arab world organized by the department of Clinical nutrition and Dietetics /Hashemite University from 21/1-22/1/2013.

- Training course in the Principles and Diet Planning in chronic Diseases and Post-Operations in Hospitals organized by the Center for Studies, Consultation and Continuing Education at the Hashemite University from 16/1- 19/1/2013.

### **Job Experience:**

- Research Assistant in Jordan University of Science and Technology (1/6/2009 – 1/6/2010).
- Tutor in The Hashemite University (29/1/2012 and still).

### **Skills and Activities:**

- Computer skills (Excellent knowledge in Microsoft Office, Internet and Web applications).
- Excellent in using Computerized Nutrient Analysis Program (ESHA).
- Very good command on SPSS software analysis (statistical analysis).
- Quick learner with ability to cope and assimilate job requirements.
- Ability to work under pressure and meet deadlines.
- Strong presentation and public speaking skills.

### **Published Papers:**

- Obeidat, B., **Al-Shami E.**, Abdul-Razzak K., and Khader Y. Predictors of Metabolic Syndrome among Employees: A Study from Jordan. *Food and Nutrition Sciences*, 2012, 3, 669-677
- Qatatsheh, A., Tayyem R., **Al-Shami I.**, Al-Holy M., and Al-rethaia A. Vitamin D deficiency among Jordan University Students and Employees. *Nutrition & Food Science*, 2015, 45 (1), 68 – 82
- Belal, M., Abulola H., Olaimat A.N., Abu Odeh R., Attlee A., Al-Nabulsi A.A., Osaili T.M., **Al-Shami I.**, Ayyash M.M., and Obaid R.Ah. Viability of *Escherichia coli* O157:H7 during Fermentation and Storage of Plain and Spiced Ayran. *Journal of Hygienic Engineering and Design*, 2019, 29: 21-25.

### **Manuscripts Under Preparation:**

- AbuMweis, S., Abu Omran D., **Al-Shami I.**, and Jew S. Current data does not propose a preferable ratio of EPA to DHA for modulating cardiometabolic factors: A meta-regression of randomized clinical trials

### **Conferences:**

- Obeidat, B., **Al-Shami E.**, and Al-Ani K. The prevalence of metabolic syndrome among Jordanian employees and its associated factors. International conference of early disease detection and prevention. February 25-28, 2010, Munich, Germany.