

CURRICULUM VITAE

Fida F Asali

M.B, B.S, MSc, FRCOG, DFRH

Assistant Professor in Obstetrics and Gynaecology

Consultant in Obstetrics and Gynaecology

Faculty of Medicine

The Hashemite University

Personal Details

Name: Fida Fuad Al-Asali

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Amman

Languages: Arabic, English

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RCOG Membership Number: 131599

GMC Registration Number: 6031933

DFSRH Number : D024513

Education and Qualifications

- **Certificate of General Secondary Education**
Ministry of Education
Amman – Jordan
June,1988.
- **M.B, B.S**
The University of Jordan
Amman– Jordan
June,1994.
- **Certificate of Higher Specialisation in Obstetrics and Gynaecology (MSc)**
Faculty of Graduate Studies.The University of Jordan
Amman – Jordan
June,1999
- **Jordanian Board in Obstetrics and Gynaecology**
Jordanian Medical Council,
Amman – Jordan.
September,1999.
- **Membership of the Royal College of Obstetricians and Gynaecologists, FRCOG**
Royal College of Obstetricians and Gynaecologists
London
September,2018
MRCOG 2005
- **Diploma of the Faculty of Sexual and Reproductive Health, DFSRH**
Royal College of Obstetricians and Gynaecologists
London
June,2009

Current appointment

Assistant Professor, Consultant Obstetrician and Gynaecologist

Department of Obstetrics and Gynaecology

Faculty of Medicine, The Hashemite University

Previous clinical experience

Pre-registration experience

Jordan University Hospital. July 1994 - June 1995
Amman, Jordan

Post-registration experience

- **Residency training in Obstetrics and Gynaecology**
 - **Year one resident: Obstetrics and Gynaecology July 2005- June 2006**
Jordan University Hospital, Amman, Jordan
 - **Elective period: Accident and emergency: July 2006- June 2007**
Year two resident, Jordan University Hospital, Amman, Jordan.
 - **Year three and four resident: July 2007 – June 2009**
Jordan University Hospital, Amman, Jordan
- **Specialist in Obstetrics and Gynaecology: July 1999 – February 2000**
The Medical polyclinics, Amman, Jordan
- **Specialist in Obstetrics and Gynaecology: April 2000 – April 2002**
Kingdom Hospital, Riyadh, Saudi Arabia
- **Specialist in obstetrics and Gynaecology: March 2002- July 2004**
The Medical polyclinics, Amman, Jordan
- **Clinical attachment in Obstetrics and Gynaecology: 1/05/2005 - 01/08/2005**
Royal United Hospital, Bath - UK
- **Clinical attachment in Obstetrics and Gynaecology: 01/02/2006-15/07/2006**
Wexham Park Hospital, Slough- UK
- **Locum registrar in Obstetrics and Gynaecology: 02/08/2006-31/07/2007**
Wexham Park Hospital, Slough- UK
- **Senior clinical fellow in Obstetrics and gynaecology: 01/08/2007-01/08/2008**
Wexham Park Hospital, Slough- UK
- **Speciality doctor in Obstetrics and Gynaecology: 02/08/2008- 30/6/2011**
Wexham Park Hospital, Slough

Profesional Experience: Obstetrics

Antenatal Obstetrics

I have worked in a variety of hospital, serving diverse populations, in several countries. I have experience of medical antenatal clinics and fetal medicine, therefore I have experience in the management of high-risk pregnancies.

Intrapartum Obstetrics

I am proficient in the multidisciplinary management of a wide variety of obstetric emergencies. I am proficient in labour and delivery of twins, breech vaginal delivery and breech extraction, ventouse and forceps deliveries, manual removal of retained placenta, and repair of 3rd and 4th degree Perineal and external cephalic version. Moreover; caesarean sections elective or emergency, routine and complicated, are procedures that I am proficient in undertaking at different gestational ages

I have regularly supervised registrars and senior house officers during senior on-call shift on the labour ward

Postnatal Obstetrics

I have always participated actively in the postpartum care of women in hospital and have experience in obstetric trauma and lower urinary tract dysfunction following pregnancy and childbirth. I have also experience in the management of third- and fourth-degree tears

Professional Experience: Gynaecology

General Gynaecology

I have had training in general gynaecology, have always attended general gynaecology clinics, and I am competent in the outpatient management of a wide variety of benign gynaecological conditions

Acute Gynaecology/early pregnancy

I have experience in trans-vaginal ultrasound scanning for early pregnancy complications.

Gynaecological Endocrinology

I have experience in the investigation and management of sub-fertility.

Major Surgery

I am independently performing most open abdominal procedures including hysterectomy, oophrectomy, ovarian cystectomies, and tubal surgeries for ectopic pregnancies and vaginal surgeries.

Minimal Access Surgery

I am confident in performing diagnostic laparoscopic and hysteroscopic procedures, and started performing operative laparoscopic procedures including salpingectomy, ovarian cystectomy and oophrectomy. In addition, I started training in trans-cervical resection of the endometrium and resection of sub-mucous fibroids

Urogynaecology

I have general experience in the management of urogynaecological conditions including lower urinary tract symptoms and pelvic organ prolapse

Courses and Conferences

- **The 14th conference of Palestinian Society of Obstetricians & Gynecologists** 11/04/2019
- **The 20th International Conference of the Jordanian-British Society for Obstetrics & Gynaecology**, 28/2-1/03/2019, Amman Jordan.
- **The 14th International Congress of the Jordanian Society of Obstetricians & Gynaecologists**: 2nd-4th May 2018(Scientific Committee)
- **The 19th International Jordanian Conference of RCOG-IRC in Jordan**: 1st-2nd March 2018(Committee)

- **Breast feeding awareness day at the Hashemite University:** 7th of August 2017(organiser)
- **The 13th International Congress of the Jordanian Society of Obstetricians & Gynaecologists** :31st August-2nd September 2016
- **The 17th Congress of RCOG Representative Committee in Jordan, Palestine & Syria:** Feb.2016 (Scientific committee)
- **The 2nd Scientific day at the Hashemite University, Faculty of medicine:** Feb.2016 (organiser)
- **Three cycles of Aemat workshop** 3 October.2015
- **The 16th Congress of RCOG Representative Committee in Jordan, Palestine & Syria** :27-28 Feb.2015
- **The 15th Congress of RCOG Representative Committee in Jordan, Palestine & Syria** :27-28 Feb.2014
- **The 14th Congress of RCOG Representative Committee in Jordan, Palestine & Syria:** Feb.2013
- **The Eleventh International Congress of the Jordanian Society of Obstetricians and Gynaecologists:** 26- 29/9/12, Amman-Jordan
- **Management of the Labour Ward:** 15-18/6/10, RCOG
- **Maternal medicine: Medical complication in pregnancy:** 12-13/5/10, RCOG
- **Female sexual dysfunction:** 10-03/10, RCOG
- **SAS career progression workshop:** 12/02/10. Wexham Park Hospital, Slough
- **BritSPAG meeting (Paediatric and adolescent gynaecology):** 18-19/01/10, RCOG
- **K2; fetal monitoring:** 12/12-09
- **Basic theoretical course for the DFSRH:** 9-11/02/09. London
- **Early pregnancy and gynaecological ultrasound course:** 15-17/9/08, RCOG
- **Understanding Clinical Research:** 25-27/3/08, RCO
- **PCO conference:** November,2007, RCOG
- **Intrapartum fetal surveillance:** October 2007, RCOG

- **Management of 3rd and 4th degree tears:** 03/02/2007, Mayday University Hospital.
- **Basic Laparoscopic and Hysteroscopic Skills Course (RCOG I):** 11/2006, Guildford
- **Basic Surgical Skills:** 10/2006, Sheffield Teaching Hospitals
- **K2 Fetal Monitoring Training System:** 26/09/2006, Wexham Park Hospital
- **ALSO:** 07/2006, ALSO UK, London
- **K2 Fetal Monitoring Training System:** 30/03/06, Wexham Park Hospital
- **Resuscitation in Pregnancy:** 2005, Birmingham Women Hospital.
- **Audit and Literature Appraisal:** 2005, Birmingham Women Hospital.
- **Breaking Bad news and Counselling Skills:** 2005, Birmingham Women Hospital.
- **Advanced Course in Ultrasound in Obstetrics and Gynaecology”:**2004. Amman-Jordan
- **Jordanian Fertility Congress:** 2004, Amman-Jordan
- **Communication and Interview skills course:** 2001, Kingdom Hospital, Riyadh - KSA.
- **Basic Life Support Course:** 2002, Kingdom Hospital, Riyadh - Saudi Arabia.
- **Advanced Cardiac Life Support (ACLS):** 2002, Kingdom Hospital, Riyadh- Saudi Arabia.
- **Neonatal Resuscitation Course:** 2002, Kingdom Hospital, Riyadh- Saudi Arabia.
- **Managing Obstetric Emergencies:** 2001, Kingdom Hospital, Riyadh- Saudi Arabia.
- **Advanced course in Customer Services (Service Plus):** 2001, Riyadh, Saudi Arabia.
- **International Conference in Recent Advances in Obstetrics and Gynaecology:** 2001, Military Hospital, Riyadh- Saudi Arabia.
- **Advanced course in Electronic Medical Record System (Serner System):** 2000, Kingdom Hospital, Riyadh- Saudi Arabia.

- **Advanced course in Microsoft Office:** 2000, Kingdom Hospital, Riyadh- Saudi Arabia.
- **National and International Conferences of the Jordanian Society of Obstetricians and Gynaecologists:** 1995-1999. Amman- Jordan.
- **Basic Obstetrics and Gynaecology Ultrasound course:** 1997, Amman- Jordan.
- **Family Planning course:** 1997. Jordan University Hospital, Amman – Jordan

Audit and Research

Audit

I have actively sought involvement in the audit process during my training and recognise it as essential component of clinical governance. I participated in several audit projects and assisted in the projects of the senior House Officers.

- Outcome of Trans-Obturator Tape Operation at Heatherwood and Wexham Park hospital, Two years experience
- Induction of Labour at Heatherwood and Wexham Park Hospital
- Blood and Blood components transfusion after Caesarean deliveries at Heatherwood and Wexham Park Hospitals

Research

I participated in several projects

Publications:

1. Fida Asalia, Rashid Abdel-Razeq, Ahmad Al-Thunaibat, Abrar Okour, Salem Abu Mahfouz, Ismaiel Abu Mahfouz. Jordanian women's attitudes towards cervical cancer screening
Has the pattern changed?
Journal of Obstetrics and Gynaecology
Accepted 2/6/2019, manuscript ID CJOG-2019-0069.R1
2. Sabika Allehdan, Fida Thekraallah, Lana Agraib, Fida Asali. Relative Validity and Reproducibility of a Food Frequency Questionnaire to Assess Food Group Intake in Pregnant Jordanian Women
Journal of the Academy of Nutrition and Dietetics
2019 Apr 25; Epub 2019 Apr 25.
<https://doi.org/10.1016/j.jand.2019.02.009>
3. Reema Tayyem, Sabika Allehdan, Lana Mustafa, Fida Thekraallah, and Fida Al-Asali. Validity and Reproducibility of a Food Frequency Questionnaire for Estimating Macro- and Micronutrient Intakes Among Pregnant Women in Jordan. <https://doi.org/10.1080/07315724.2019.1570878>
2019 Apr 5; :1-10. Epub 2019 Apr 5.
Journal of the American college of Nutrition
4. Fida Al-Asali, Rami Kilani, Firas Rshoud, Ismaiel A. Mahfouz. A Rare Case of Rectovaginal Fistula Due to Consensual Sexual Intercourse. Sultan Qaboos University Med J, February 2018, Vol. 18, Iss. 1, pp. e107–109, Epub. 4 Apr 18. doi: 10.18295/squmj.2018.18.01.019
5. Fida Al-Asali, Alexander Goodman, Ismaiel Abu Mahfouz, Christian Phillips. A Prospective evaluation of the Ajust single incision sling in the surgical management of stress urinary incontinence: Two years follow up. *UroToday*

Int J. 2013 June; 6(3): art 36. <http://dx.doi.org/10.3834/uij.1944-5784.2013.06.10>.

6. Fida Asali, Ismaiel Mahfouz, Christian Phillips. The management of urogynaecological problems in pregnancy and the early postpartum. *The Obstetrician and Gynaecologist*. Volume 14. Issue 3. Pages 153-158. July 2012
7. Rami Kilani, Wesam Alyeadeh, Fida Asali, Firas Al-Rshoud, Maysa Khadra. Inter-observer variability in the assessment of ultrasound features of polycystic ovaries. *Middle East Fertility Society Journal*, Volume 22, Issue 3, September 2017, Pages 226-232. <https://doi.org/10.1016/j.mefs.2017.03.005>
8. Mahfouz I, Asali F, Wiltshire R, Sayer TR, Phillips CH. Unplanned return to the operating theatre in gynaecology. Five-year experience. *Eur J Obstet Gynecol*. 2011 Aug;157(2):222-225
9. Mahfouz I, Asali F, Johnson N, More V, Sayer T, Phillips C. Pain scores during removal of surgical drains after obstetrics and gynaecological surgery. *J Obstet Gynaecol*. 2011 May; 31(4):335-7

Teaching Experience

I am a faculty member and deeply involved in the medical students teaching programme. I was also actively involved in teaching nurses and midwives. During post-graduate training, I participated in departmental teaching, which involved researching and presenting journal papers. I have regularly participated in the teaching of junior colleagues. I have participated in the teaching courses of the different hospital that I worked in

Career Aims

Establishing a continuing career in general Obstetrics and Gynaecology

Membership of Professional Organisations

- Royal College of Obstetricians and Gynaecologist (RCOG)
- Membership of Faculty of family Planning and Sexual health (DFSRH)
- Jordanian Medical Association-Jordan
- Jordanian Society of Obstetricians and Gynaecologists-Jordan
- Jordanian British Society for Obstetrics and gynaecology & RCOG Representative Committee in Jordan, Palestine and Syria

Extracurricular activities

Reading, travelling

Community Services

- Volunteer at recurrent free medical days in rural areas in Jordan
- Educational lecture to community ladies at Queen Rania Centre, Jabal AlNaser: fertility Issues; 21/01/2013
- Educational lecture to school girls (14-17 years) at Bunat Alghad Academy School: Puberty and Hygiene 26/11/2012
- Educational lecture to young school girls(10-13 years) at Bunat Alghad Academy School: Puberty and Growing 26/11/2012
- Television program about methods of contraception with the general population as the targeted audience: May/2014
- Live Radio interview: برنامج صحتك بالدنيا ,The management of menopause (The National Radio of Jordan): 10/11/12
- Live Radio interview: Menstrual cycle regulation (The National Radio of Jordan): 29/9/12
- Voluntary medical day at Zarqa Camp for Palestinian Refugees: January/2011

Referees

1. Mr.E.Dimitry, Med Phil, FRCOG

Consultant Gynaecologist

Heatherwood and Wexham Park Hospitals NHS Trust

Wexham Park Hospital

Slough, SL2 4HL

Tel: 01753634506

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2. Mr PW Reginald, MD, FRCOG

Consultant Gynaecologist

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