

Mona Abdallah Abed, PhD, RN

Curriculum Vitae

PERSONAL DATA

Mona Abdallah Abed, PhD, RN
The Hashemite University Faculty of Nursing
P.O Box: 150459
Zarqa, Jordan 13115
Tele: (962) 5390-3333 Ex.5520
abedm@hu.edu.jo

EDUCATION

Data confirmed	Degree	Field of study	Institution & location
1997, June	BSN	Nursing	Jordan University of science and Technology, Irbid, Jordan
2003, July	MSN	Clinical Nursing	Jordan University, Amman, Jordan
2010, August	PhD	Critical Care Nursing	University of Kentucky, Kentucky, USA

CERTIFICATIONS

- Train the Trainers on Interactive teaching strategies
- Interactive Training for Health Courses
- Staying Connected with Remote Learning Through Microsoft Teams and Office 365
- Certified Microsoft Innovative Educator
- Data Collection & Analysis via Online Survey Workshop.
- Web of Science and Endnote Training Workshop.
- Advanced Training in Scientific Writing for Substance Use And Addiction Research in the MENA Region.
- Teaching Technologies in Higher Education
- Student Learning Outcomes (SLOs): Design and Measures
- Rapid Response Team Training Course.
- Pre advanced Cardiac life Support Course.
- Advanced Cardiac Life Support Provider Course.
- Critical Care Study.
- The Technology of Education and Evaluation.
- International Computer Driving Course.

LICENSURE AND SOCIETY/ ASSOCIATION MEMBERSHIP

- Jordanian Nursing License.
- Psi Kappa Jordan Chapter- Sigma Theta Tau International
- European Society of Cardiology.
- Council on Cardiovascular Nursing and Allied Professions.

PROFESSIONAL EXPERIENCE

Date	Position	Institution, Location
May 2016- current	Associate professor	The Hashemite University, Jordan
October 2018- September 2019	Associate professor, sabbatical vacation	Isra University, Jordan
September 2016- August 2018	Department head: adult health nursing	The Hashemite University, Jordan
September 2010- April 2016	Assistant professor	The Hashemite University, Jordan
December 2007- July 2010	Research assistant	University of Kentucky, USA
November 2003- July 2007	Teaching & research assistant	The Hashemite University, Jordan
December 1999- September 2001	Acute care nurse	Dhahran Health Center (Saudi Aramco), Saudi Arabia
July 1997- December 1999	Acute care nurse	Arab Center for Heart and Special Surgery, Jordan

HONORS & AWARDS

- 2018 Recognized Reviewer- Elsevier, The Netherlands
- 2016 Outstanding Reviewer- Elsevier, The Netherlands
- 2015 A Commentary on Important Research Contribution- Heart & Lung, USA
- 2015 Recognized Reviewer- Elsevier, The Netherlands
- 2014 Founding Member- Jordan Honor Society Charter/ Sigma Theta Tau International, Jordan
- 2012 Endeavour Research Fellowship Award, Australia
- 2010 Certification of Merit Southern Nursing Research Society, USA
- 2008 Golden Key International Honour society, USA
- 2007 University of Kentucky Graduate Scholarship, USA
- 2007 Hashemite University PhD Scholarship, Jordan

- 1995 Undergraduate Academic Honor, Jordan
- 1994 Undergraduate Academic Honor, Jordan

PUBLICATIONS

1. Ala Ashour, Ahmed Al-Smadi, Abed almajeed Shajrawi, Sami Al-Rawashdeh, Ali Alshraifeen, **Mona Abed**. (2020). Changes in illness perception among patients' undergoing percutaneous coronary intervention. *Heart & Lung*. 49(6): 836-841.
2. **Abed MA**, Khalifeh AH, Khalil AA, Darawad MW, Moser DK. (2020). Functional health literacy and caregiving burden among family caregivers for patients with end-stage renal disease. *Research in Nursing & Health*. 43 (5): 529-537.
3. Maysoon S. Abdalrahim, Amani A. Khalil, Manal Alramly, Khalid Nabeel Alshloul, **Mona A. Abed**, Debra K. Moser. (2020). Pre-existing chronic kidney disease and acute kidney injury among critically ill patients. *Heart & Lung*. 49 (5):626-629.
4. Manal Ibrahim Al-Kloub, Hanan J. Al-Zein, Maysoon S. Abdalrahim, **Mona Abdallah Abed** (2019). Young women's experience of adolescent marriage and motherhood in Jordan, *Culture, Health & Sexuality*. 21(4):462-477.
5. **Mona A. Abed**, Nidal F Eshah, Debra K. Moser. (2018). Risk profile of myocardial infarction in young versus older adults. *Heart & Lung*. 47(3):226-230.
6. Raeda M. Abu Ali, **Mona A. Abed**, Amani A. Khalil, Manal I. Al-Kloub. Ala F. Ashour. Intesar A. Alnsour. (2018). A Survey on sexual counseling for patients with cardiac disease among nurses in Jordan. *Journal of Cardiovascular Nursing*. 33(5):467-473
7. Amani A. Khalil, **Mona A. Abed**, Muayyad Ahmad, Ayman Hamdan Mansour. (2018). Under-diagnosed chronic kidney disease in Jordanian adults: Prevalence and correlates. *Journal of Renal Care*. 44(1):12-18.
8. **Mona A. Abed**, Raeda M. Abu Ali, Motaz M. Abu Ras, Faten O. Hamdallaha, Amani A. Khalil, Debra K. Moser. (2015). Symptoms of acute myocardial infarction: a correlational study of the discrepancy between patients' expectations and experiences. *International Journal of Nursing Studies*. 52(10):1591-1599.
9. **Mona A. Abed**, Amani Khalil, Debra K. Moser. (2015). Awareness of modifiable acute myocardial infarction risk factors has little impact on risk perception for heart attack among vulnerable patients. *Heart & Lung*. 44(3):183-188.
10. **Mona A. Abed**, Amani Khalil, Debra K. Moser. (2015). The contribution of symptom incongruence to prehospital delay for acute myocardial infarction symptoms among Jordanian patients. *Research in Nursing & Health*. 38(3): 213-221.
11. Amani Khalil, **Mona A. Abed**. (2014). Perceived social support is a partial mediator of the relationship between depressive symptoms and quality of life in patients receiving hemodialysis. *Archives of Psychiatric Nursing*. 28(2):114-118.

12. Khalil, A. Modalal, H, Abdalrahim, M. Arabiat, D. **Abed, MA.**& Zeilani, R. (2014). Development and psychometric evaluation of the Chronic Kidney Disease Screening Index. *Renal Failure*. 36(8):1200-1207.
13. Abdullah S. Alhurani, Rebecca L. Dekker, **Mona A. Abed**, Amani Khalil, Marwa H. Al Zaghal, Kyoung, Suk Lee, Gia Mudd-Martin, Martha J. Biddle, Terry A. Lennie, Debra K. Moser. (2014). The association of co-morbid symptoms of depression and anxiety with all-cause mortality and cardiac rehospitalization in patients with heart failure. *Psychosomatics*. 56(4):371-380.
14. Manal Ibrahim Al-Kloub, **Mona A. Abed**, Omar A. Al khawaldeh, Yasin M. Al Tawarah, Erika Sivarajan Froelicher. (2014). Predictors of non adherence to follow up visits and deferasirox chelation therapy among adolescents with thalassemia major. *Pediatric Hematology and Oncology*. 31(7):624-637.
15. **Mona A. Abed**, Suzan Frazier, Lynne Hall, Debra Moser. (2013). Anxiolytic medication use is not associated with anxiety level and does not reduce complications after acute myocardial infarction. *Journal of Clinical Nursing*. 22(11-12):1559-1568.
16. **Mona A. Abed**, Manal I. Kloub, Debra K. Moser. (2013). Anxiety and adverse health outcomes among cardiac patients: a biobehavioral model. *Journal of Cardiovascular Nursing*. 29(4): 354-363.
17. Amani Khalil, Muhammad Darawad, Eklas Aljamal, Ayman Mansour, **Mona A. Abed**. (2012). Predictors of dietary and fluid non-adherence in Jordanian patients with end-stage renal disease receiving haemodialysis: a cross-sectional study. *Journal of Clinical Nursing*. 22(1-2): 127-136.
18. **Mona A. Abed**, Lynne Hall, Debra Moser. (2011). Spielberger's State Anxiety Inventory: development of a shortened version for critically ill patients. *Issues In Mental Health Nursing*. 32 (4):220-227.
19. Jia-Rong Wu; Donna J Corley; **Mona A. Abed**; Debra K. Moser. (2010). A theory-based intervention improves medication adherence and outcomes in patients with heart failure. *Circulation*. 122: A12212. (Abstract)

CONFERENCE PRESENTATIONS

- Waterpipe smoking is associated with early-onset myocardial infarction: a correlational study. Symposium presentation, *International Nursing Congress on Innovative Avenues: practice, education, research, and policy, Jordan, Irbid*, October 2018.
- Jordanian nurses' perspectives on sexual counseling for cardiac patients. Symposium presentation, *Third World Congress on Nursing and Nursing Education, Valencia ,Spain,*, July, 2018.
- Does awareness of modifiable risks of myocardial infarction enhance perceived risk for heart attack among Jordanian patients? Symposium presentation, *International Nursing Conference, Zarqa University, Jordan*, April, 2016

- Anxiety symptoms worsen health outcomes in patients with heart failure when accompanied by depression. Symposium presentation, *Fourth International Nursing Conference, Amman, Jordan*. April, 2013.
- Does the early use of anxiolytics modify the relationship of anxiety with in-hospital complications in patients with acute myocardial infarction? Symposium presentation, *Second International Nursing Research Conference, Kuala Lumpur, Malaysia*. February, 2012.
- Anxiety predicts shorter event-free survival only among heart failure patients with co-existent depressive symptoms. Poster, *Southern Nursing Research Society Conference, Austin, Texas, USA*. February, 2010.

MANUSCRIPT REVIEW

- Heart & Lung: The Journal of Acute and Critical Care
- Journal of Cardiovascular Nursing

EDITORIAL BOARD MEMBER

- Journal of Cardiovascular Nursing

FUNDED PROJECTS

- The mismatch between expected and experienced symptoms of acute myocardial infarction in relation to prehospital delay. *Primary investigator*. Funded by the Hashemite University, 2012 (943 JD [1332 USD]).
- The Effect of Depression and Anxiety and Quality of Life in Jordanian Patients Receiving Hemodialysis: Patient-family caregiver dyads. *Co-investigator*. Funded by the University of Jordan, 2015 (4250 JD [5994 USD]).
- Developing and evaluating of a multidisciplinary discharge educational program for CABG patients in Jordan. *Co-investigator*. Funded by the Hashemite University, 2017 (2760 JD [3892 USD]).

HONOURS THESIS EXAMINATION

- Hala Kleib (2020). MSN. University of Jordan.
"The relationship between distressing symptoms and health related quality of life among patients with chronic diseases."
- Salam Abufeddeh (2018). MSN. University of Jordan.
"Impact of work-related stress on caring performance of newly graduated nurses in critical care units in Jordan."
- Mariam Al-Nadi (2018). MSN. University of Jordan.
"Incidence and associated factors of acute Kidney injury post percutaneous coronary intervention."
- Motaz Al-Radyda (2015). MSN. University of Jordan.
"The association of spiritual well-being and depression among Jordanian patients receiving hemodialysis."

COURSES TAUGHT/ UNDERGRADUATE PROGRAM

- Fundamentals of Nursing/ Clinical
- Fundamentals of Nursing/ Theory
- Adult Care Nursing 1/ Clinical
- Adult Care Nursing 1/ Theory
- Adult Care Nursing 2/ Clinical
- Adult Care Nursing 2/ Theory
- Health Assessment/ Clinical
- Health Assessment/ Theory
- Pathophysiology
- Health Education & First Aids
- Critical Care Nursing

COURSES TAUGHT/ GRADUATE PROGRAM

- Advanced Health Assessment Methods
- Advanced Biostatistics