

CURRICULUM VITAE



Personal Information

Full Name: Lina Mohammad Amin Mrayan
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Date of Birth: 13 June 1970
Country of Birth: Irbid – Jordan
Sex: Female
Marital Status: Married

Education

- 2010 Glasgow Caledonian University, Glasgow, UK
Degree- PhD School of Nursing, Midwifery and
Community Health

Thesis title: EXPLORING THE TRANSITION TO PARENTHOOD IN JORDAN

- 2003 Glasgow Caledonian University, Glasgow, UK
Degree- MSc School of Nursing, Midwifery and
Community Health

Dissertation title: ARABIC WOMEN MATERNITY CARE NEEDS IN
GLASGOW

- 1988-1992 Jordan University of Science and Technology
• Degree- BSc

- School of nursing
- 1985-1988 Irbid Secondary School for Girls

Speciality:

Maternity and Family Health

Training

- February 3rd, 10th preparing child for primary school workshop (importance of books, my photograph book, learning through activity,
- 17th, 24th 2006: developing fine motor skills).
- May/2006: How to write your dissertation workshop.
- June/2006: Resourcing global health conference.
- September/2006: Health Qwest Graduate School Inaugural Research students' conference? UK.
- October/2006: Getting started in your PhD supervision workshop.
- October/2006: Workshop what do Scottish PhD's do?
- October/November/ 2006: Learning through playing workshop. St Alberts Primary school/ UK
- November/2006: Seminar on A thematic analysis of quantitative and qualitative papers in a systematic review of the patient-centred stroke literature.
- November/2006 An interview with a researcher workshop.
- December/ 2006: Workshop - "The Good, The Bad and the Goog-ly!" Electronic Resources and how to use them
- December/ 2006: Workshop – Refworks.
- December/ 2006: Workshop - Getting your proposal registered: How to complete the RDC1 Form successfully.
- January/ 2007: how to be an effective researcher (two days course).
- February/ 2007: Workshop- Researching Research: The Nature of the Enquiry.

- **April / 2007: Writing and the PhD short course (6 days course).**
- **June / 2009 Postgraduate student seminar day**
- **June/ 2009 Research Poster Display Forum**
- **September 2009 Health Qwest Graduate School Research Students Conference**
- **January-June/ 2010 Preparing the curriculum for the Garmeen Nursing School/ Bangladish**
- **January-June/2010 preparing the syllabus for the Grameen Nursing School/ Bangladish**
- **Dec 1 2011: peer learning workshop on service learning in higher education concepts and application**
- **17-21 October 2010: teaching and assessment technologies in higher education"**
- **22 September 2011: توعية الجامعات بالمعلومات الخاصة بتنظيم الاسره المدمجه في المناهج"**
- **16-20 Jan 2011: learning management system, virtual class room class capturing system, authoring tool**
- **February 2011: Student Learning Outcomes (SLOs): Design and measure**

Conferences:

- 1. Service-Learning and Civic Engagement, American University of Beirut (AUB) University of Balamand (UoB) / Beirut**
- 2. International Nursing And Primary Healthcare Conference in Dubai (2016)**

Honors & Awards

- **(2003-2010) In all the courses I took at the in Glasgow Caledonian University I passed with a cumulative outstanding average rating Excellent.**
- **(1988-1991) In all the courses I took at the Jordan University of Science and Technology I passed with a cumulative outstanding average rating good.**
- **(1988) In the high school, my result in the final exams was 79%.**

Experience

- Princess Badeea'a Maternity Hospital / Neonatal Intensive Care Unit. Irbid/ Jordan
- 2007- 2008: part time lecturer at Jordan University of Science and Technology (Maternal Health)
- 2010-Now: Assistant Professor / Hashemite University
- Sep 2010-sep 2011: Assistant Dean / Hashemite University
- Sep 2011-2013: Head of Department/ Maternal, child and family health / Hashemite University
- 2018-current: Head of Department/ Maternal, child and family health / Hashemite University

Community services:

- Establishing a community service group of nursing students (Nursing for you)
- Organizing of 6 Blood donation campaigns at Hashemite University for the blood bank
- Organizing Blood donation campaign at Hashemite University for Al-Hussain Cancer Center
- Organizing of Blood donation campaigns at Hashemite University for Thalassimia patients
- Organization of Health Education campaigns for schools at Al-Zarqa and Amman schools
- Organizing of four Campaigns of medical examination for university students at Hashemite University

Interests

- Matrnity and Family Health
- Women Health
- Neonatal care
- Transition to parenthood
- Domestic Violence

Publication:

1. **Mrayan, L.,** Abujilban, S., Abuidhail, J., Bani Yassein, M., & Al-Modallal, H. (2018). Couvade Syndrome among Jordanian expectant fathers. *American Journal of Mens Health*. 1-9. <https://doi.org/10.1177/1557988318810243>
2. **Mrayan, L.,** Abujilban, S., Abuidhail, J.,& Alsharaifeen, A. (2018) Traditional Neonatal care practices in Jordan: a qualitative study. *Nursing and health Sciences*. 20(2),1-8, doi: 10.1111/nhs.12540.
3. **Mrayan, L.,** Alnuaimi, K., Abujilban, S., & Abuidhail, J. (2017). Exploring Jordanian women's experience of first pelvic examination. *Applied nursing research: ANR*, 38, 159-162. DOI: 10.1016/j.apnr.2016.07.002

4. Abuidhail J., Abujilban S., **Mrayan L.** (2020) Arab Women's Health Care: Issues and Preventive Care. In: Laher I. (eds) Handbook of Healthcare in the Arab World. Springer, Cham
5. Alnuaimi K, Almalik M, **Mrayan L**, Mohammad K, Ali R & Alshraifeen A (2020) "Resumption of Sexuality and Health Education in Postpartum Period: From Jordanian Health Care Professionals' Perspectives", , Journal of Sex & Marital Therapy, DOI: 10.1080/0092623X.2020.1769242
6. Abuidhail, J., **Mrayan, L.**, Jaradat, D. (2018) Evaluating effects of prenatal web-based breastfeeding education for pregnant mothers in their third trimester of pregnancy: Prospective randomized control trial, *Midwifery*, 69, 143-149
7. Abuidhail, J., Al-Motlaq, M., **Mrayan, L.**, & Salameh, T. (2017). The Lived Experience of Jordanian Parents in a Neonatal Intensive Care Unit: A Phenomenological Study. *The journal of nursing research : JNR*, 25(2), 156-162. DOI: 10.1097/JNR.0000000000000134
8. Abujilban, S., Abuidhail, J., **Mrayan, L.**, & Hatamleh, R. (2017). Characteristics of pregnant Jordanian women dissatisfied with life: A comparison between satisfied and dissatisfied women's demographics. *Health care for women international*, 38(6), 556-570. DOI: 10.1080/07399332.2017.1289535
9. Al-Modallal, H., Al-Omari, H., Abujilban, S., & **Mrayan, L.** (2016) Intimate Partner Violence and Female Nurses' Employment: Disclosure and Consequences. *Journal of Family Violence*. 31:161–166. DOI 10.1007/s10896-015-9755-1
10. Abujilban, S., **Mrayan, L.**, Al-Modallal, H., & Isaa, E. (2015). Effects of Intimate Partner Physical Violence on Newborns' Birth Outcomes Among Jordanian Birthing Women. *J Interpers Violence*. Sep (7). DOI: 10.1177/0886260515603975
11. Abuidhail J., Abujilban S., **Mrayan L.** (2019) Women's Health in the Arab World. In: Laher I. (eds) Handbook of Healthcare in the Arab World. Springer, Cham
12. Muneer Bani Yassein, Mohammad Hamdan, Hisham Shehadeh, **Mrayan L.**(2017) , " A Novel Approach for Health Monitoring System Using Wireless Sensor Network, *International Journal on Communications Antenna and Propagation (IRECAP)*, SCOPUS (Q1).
13. Muneer Bani Yassein, Ismail Hmeidi, Marwa Al-Harbi, **Mrayan L**, Wail Mardini, Yaser Khamayseh (2019) Proceedings of the Second *International Conference on Data Science, E-Learning and Information Systems*, pp (1-9)

14. M Yassein, Mohammad Hamdan, Hisham Shehadeh, **Mrayan L** (2015) An improvement on health monitoring system for multiple patients using wireless sensor network, *BRIS Journal of Advances in S & T*

Publication in process

1. **Mrayan, L.**, Al-Obisat, S, (2019) The lived experience of early marriage in Jordan: young girls' experiences
2. **Mrayan, L.**, Abujilban, S., Abuidhail, J., Mdallal, R. (2019) **Violence during facility-based childbirth In Jordanian public hospitals**

البحوث الجارية: -:-

1. Abuidhail, J., **Mrayan, L.**, Abujilban, S., (2019) Application of Evidence-based practice in maternal and newborn care

New research Projects:

Application of Evidence-based practice in maternal and newborn care