

# CURRICULUM VITAE

## Personal Information:

Name: Jamila Abd Al-Rahman Abu Idhail  
Date of birth: 16/1/1970  
Place of birth: Kuwait  
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## Academic Qualifications:

Ph.D in Maternal and Child Health Care/ Postnatal Care- Glasgow Caledonian University/ UK- 2008

**Title of Ph.D Thesis: "Rural Jordanian Mothers' Cultural Health Beliefs, Knowledge, and Practices of Postnatal Care".**

M.Sc. Degree in Critical Care Nursing- University of Jordan-Faculty of Nursing- 2003- GPA= (3.3/4).

B.Sc. in Nursing- Jordan University of Science and Technology (Jan. 1992 – June 1996) (Rank 3<sup>rd</sup> among 138 students)- GPA= (82.9%).

The General Secondary Certificate (Scientific Stream), (from Kuwait – 1988) – GPA= (94.5%).

## Working experiences:

Working as Assistant Professor at Faculty of Nursing/ The Hashemite University from June, 22, 2008- till present, and Head of Maternal, Child and Family Health Department from September, 14, 2008/2009 –2010/2011.

Working at Hashemite University – Faculty of Nursing as Research and Teaching Assistant since 4/9/2000- 2004.

Working at Jordan Hospital – Amman in ICU / CCU during 6/7/1996 – 19 /12 1997.

Working at Jordan University Hospital (JUH) in Surgical ICU and Surgical Cardiac ICU since 13/12/ 1997 – 17/8/2000.

## **Publications:**

### **Published papers**

Abuidhail, J., Al-Modallal, H., Yousif, R., & Alemresi, N. (2014) "Exclusive breast feeding (EBF) in Jordan: prevalence, duration, practices, and barriers", *Midwifery*. 30 (3), 331-337.

Abuidhail, J., & Abujilban, S. (2013). "Characteristics of Jordanian depressed pregnant women: A comparison study ", *Journal of Psychiatric and Mental Health Nursing*. Published online, in press.

Abujilban, S., Abuidhail, J., Al-Modallal, H., Hamaideh, S., & Mosemli, O. (2014) "Predictors of Antenatal depression among Jordanian pregnant women in their third trimester", *Health Care for Women International*, 35 (2), 200-215.

Al-Modallal, H., Abuidhail, J., Sowan, A., & Alrawashdeh, A. (2010) "Determinants of depressive symptoms in Jordanian working women", *Journal of Psychiatric and Mental Health Nursing*, 17 (7), 569- 576.

Abuidhail, J. (2014). "Colostrum and Complementary Feeding Practices among Jordanian Women". *MCN: The American Journal of Maternal Child Nursing*. In press. It will be published in Volume 39 No. 4 (July/ August).

Sowan, A., & Abuidhail, J. (2013). " Evaluation of an interactive web-based nursing course with streaming videos for medication administration skills ", *International Journal of Medical Informatics*. Accepted for publication on 20<sup>th</sup> of May, 2014.

Abuidhail, J. (2008) "Women's health and health informatics- perinatal care health education" In: Parry, D. & Parry, E. (eds.) *Medical informatics in obstetrics and gynecology*, Information Science Reference (an imprint of IGI Global): USA.

Abuidhail, J. & Fleming, V. (2007) "Beliefs and practices of postpartum infant care: review of different cultures", *British Journal of Midwifery*, 15 (7), 418-421.

Almoussa, E., Ismael, Y. & Abuidhail, J. (2004) "Coronary artery ectasia in Jordanians: angiography and clinical characteristics, 21 month prognosis and a proposed new classification", *Jordan Medical Journal*, 38 (1)

Petro, W.N., Mrayyan, M.T., & Abu Idhail, J. (2004) "Cigarette smoking behavior of students in an Arab university", *The Medical and Biologic Journal "Dirasat"*, The University of Jordan, 31(1), pp:17-26.

### **Submitted for publication**

Al-Motlaq, M., Abuidhail, J., Salameh, T., Awad, W. (2014). "Nurses and family perspectives regarding the implementation of family centered care in NICUs", *Maternal and Child Health Journal*. **Submitted for publication.**

Abuidhail, J. (2013). "Antibiotic Abuse among Jordanian Population- Cross-Sectional Study", *British Journal of Nursing*. **Submitted for publication.**

### **In Progress (running projects)**

Al-Motlaq, M., Abuidhail, J., Salameh, T., Awad, W. (2014). Jordanian Parents' lived experience of NICU: Phenomenological Study.

Abuidhail, J. (2013). Postnatal breastfeeding education to promote exclusive breastfeeding among Jordanian mothers: quasi- experimental study.

Mrayyan, L., Abuidhail, J. Abujilban, S. (2014). Couvade Syndrome among Jordanian expected fathers: a descriptive study.

Ibbini, J., Mashal, K., Alqanneh, M., Alzobi, K., Masadeh, M., and Abuidhail, J. (2014). Evaluation of medicinal use of clay minerals isolated from Jordan's clay soil.

### **Funded Projects**

Abuidhail, J. (2014). Exclusive breast feeding (EBF) in Jordan: prevalence, duration, practices, and barriers. This study was funded by the Deanship of Scientific Research Department/ The Hashemite University (1700 JD).

**Role: primary investigator.**

Sowan, A., & Abuidhail, J. (2014). Evaluation of an interactive web-based nursing course with streaming videos for medication administration skills. This was funded by Shoman Foundation for Scientific Research Fund (11,694 JD).

**Role: second investigator.**

Al-Motlaq, M., Abuidhail, J., Salameh, T., Awad, W. (2014). Nurses and family perspectives regarding the implementation of family centered care in NICUs. This study was funded by the Deanship of Scientific Research Department/ The Hashemite University (1150 JD).

**Role: second investigator.**

Abuidhail, J. (2013). Postnatal breastfeeding education to promote exclusive breastfeeding among Jordanian mothers: quasi- experimental study. This study was funded by the Deanship of Scientific Research Department/ The Hashemite University (1060 JD).

**Role: primary investigator.**

## **Conferences:**

Abuidhail, J (2011) "Rural Jordanian Mothers as a Vulnerable Population Group," was accepted for podium presentation at Guaranteed Symposium, "*New Perspectives in Promoting Comprehensive Women's Health across the Lifespan, through the 2011 MNRS Annual Research Conference in Columbus, Ohio, March 25-27, 2011.*

Abuidhail, J (2007) "Integration of cultural beliefs and practices of rural Jordanian mothers in the health education programs of postnatal care", Abstract acceptance at the 33rd Annual Conference of the Transcultural Nursing Society, 19th – 21st September, Talbot Campus, Bournemouth University.

Abuidhail, J (2007) "Rural Jordanian mothers' knowledge and cultural infant care practices", Abstract acceptance at *MNRS 31st Annual Research Conference, 25th March, Nebraska, USA.*

Abuidhail, J (2006) "Effect of postpartum cultural health beliefs, knowledge, and practices on infants' health among rural Jordanian women", *The Resourcing Global Health conference in Glasgow, 7th to 9<sup>th</sup> June.*

Docherty, C. A, Abuidhail, J., Alhasan, N. & Tylor, K (2002) "PBL workshop", *International Nursing Conference at Jordan University of Science and Technology (JUST)/ Jordan, May, 7-8*

Abuidhail, J (1998) "Nursing staffing system in Jordan", *Fifth International Middle East Nursing Conference/ Jordan, May 4-5.*

Abuidhail, J (1996) "Using oral instruction with written supplement to teach diabetic patients", *Fourth International Middle East Nursing Conference/ Jordan, May 7-8.*

## **Special Courses:**

Participating in the On-line World health organization (WHO) training entitled with "From Research to practice: Training in Sexual and Reproductive Health research) that is running now between May 2014 and November 2014.

Supervising nursing students to conduct a research study about antibiotic abuse among Jordanian people within a scientific research competition in 2011 (June to November).

Attending and participating in the scientific workshop entitled by "Increasing the participation of Jordan to the people program" that was conducted by Eu-Jordan net project on 2<sup>nd</sup> of November 2011.

Participating in a workshop entitled with "Ethics of clinical trials in the Arab region: what are the issues?" on 25<sup>th</sup> of October 2011.

Participating in training on the minimal initial service package for sexual and reproductive health in crises during 20-23<sup>rd</sup> of June 2011, in Land Mark Hotel, Amman, Jordan.

Attending workshop about supervising Ph.D students conducted by Faculty of Nursing at University of Jordan, Amman, on 20<sup>th</sup> of April, 2011.

Attending The Third International Nursing Conference of Jordanian Nursing Council (JNC) entitled with "The Heart of the Matter: Relevance of Nursing Responsiveness" during 27<sup>th</sup>- 28<sup>th</sup> of April, 2010 in Amman, Jordan.

Participating in the workshop about family health, which was conducted by Department of Statistics and USAID in 27<sup>th</sup> of October 2010, Applied Balqa University.

Attending a scientific day about Jordan- European Union Education Cooperation Day, at University of Jordan, Amman, on 15<sup>th</sup> of December, 2010.

Attending workshop about academic writing, run by the Caledonian Research Centre between 22/3/2007- 3/5/2007.

Attending SPSS workshop in GCU for three days in November, 2006.

Attending workshop: "From Science to Action: Reproductive Health in the Arab Countries", A specialist workshop in Cairo, December 4-22, 2005.

Participating in a workshop entitled "A Proposed Nursing Curriculum on Sexually Transmitted Diseases (STD's)" that held on June 4<sup>th</sup>, 2002, with cooperation with Ministry of Health, Jordan, and special support from World Health Organization regional Office.

Participating in the data collection for the research entitled "Demand Estimation for JAFPP's New Services, under a subcontract from John Snow International and in collaboration with the Jordan Association for Family Planning and Protection, Jordan during the period from February 16- March 28, 2002.

Attending workshops about Problem-based Learning (PBL) in Glasgow Caledonian University, as apart of implementing the project entitled with "Implementing Problem-Based Learning in the Faculty of Nursing, Hashemite University, which is funded by British Council. The first workshop was during 1/7/2001 to 10/7/2001, and the second one was during 7/7/2002 to 14/7/2002.

Attending workshop "ECG Analysis" consisted of 16 hours, which was held at Islamic Hospital from 8/9/2001 to 16/9/2001.

Attending workshop "Advanced CPR course" consisted of 24 hours, which was held at Islamic Hospital from 19/6/2001 to 21/6/2001.

Attending workshop “Statistical Analysis Using SPSS” consisted of (30) training hours, and was held by the Center for Studies, Consultations and Community Service, from 27/1/2001 to 4/2/2001.

Attending workshop “ Cardiac Surgery, Medicine, Anesthesia and Nursing Care “ from 18th March – 26th August 1999, at Jordan University – Center for Educational Development.

### **Community services**

Participating in Health Education Days in Albasheer Hospital, Al-Mafraq Hospital, and Prince Faisal hospital in December, 2013.

Conducting and participating in a workshop about family planning for the staff of nursing faculty in cooperation with Health System Strengthening (HSSII) on 22<sup>nd</sup> of September 2011 in the faculty of nursing/ Hashemite University, Zarqa, Jordan.

Conducting a workshop about celebrating the annual AIDS Day that is on the 1<sup>st</sup> of December yearly. The workshop was on the 2<sup>nd</sup> of December, 2010 at the students Affairs Department/ Hashemite University.

Organizing a workshop for the employees at UNORWA Community Service Office in Zarqa campus. This workshop included nine lectures about child health topic during the academic year 2008/ 2009.

Organizing lectures about nursing profession to the secondary schools of female students/ UNORWA during the academic year 2008/ 2009.

Preparation and opening of the ‘Playing Room’ at Mafraq Hospital for Maternity and Pediatric in 2009.

### **External activities**

Reviewer of Psychiatric and Mental Health Nursing Journal since 2011.

Reviewer of British Journal of Nursing since 2009.

Reviewer of Midwifery Journal since January 2014.

Reviewer of Transcultural Nursing Journal, since March, 2014.

Reviewer of Midwest Nursing Research Society (MNRS) international annual conference for years (2009, 2010, and 2011).

Reviewer of ICM international conference for the year 2011.

Preparing video film for patient education entitled “Patient Education about Cardiac Catheterization in Jordan University Hospital) in 1999.

Preparing an educational pamphlet entitled “Genetic Counseling and Inherited Blood Diseases” during the third year of undergraduate, and it was published among Social Centers in Jordan as educational material for families in (1995).

### Professional membership

Member in the Scientific Committee of Jordan Nurses and Midwives Council.

Member in the Midwest Nursing Research Society/ USA.

Member in the Transcultural Nursing Society.

### Courses Taught at the Hashemite University

Semester	Course name	Teaching Methods	Credit Hours
Summer, 2007/08	<ul style="list-style-type: none"> <li>▪ Health education</li> </ul>	Face to face discussion	<ul style="list-style-type: none"> <li>▪ 3</li> </ul>
1st Semester 2008/09	<ul style="list-style-type: none"> <li>▪ Maternal and family health nursing-theory</li> <li>▪ Maternal and family health nursing-clinical</li> <li>▪ Health education</li> <li>▪ Administrative work (Head of Department)</li> </ul>	In all courses: Hybrid: (face-to-face, Blackboard learning management system)	<ul style="list-style-type: none"> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> </ul>
2 <sup>nd</sup> Semester 2008/09	<ul style="list-style-type: none"> <li>▪ Maternity leave</li> </ul>		
Summer, 2008/09	<ul style="list-style-type: none"> <li>▪ Health education</li> </ul>	Hybrid: (face-to-face, Blackboard learning management system)	<ul style="list-style-type: none"> <li>▪ 3</li> </ul>
1 <sup>st</sup> semester 2009/10	<ul style="list-style-type: none"> <li>▪ Maternal and family health nursing-theory</li> <li>▪ Maternal and family health nursing-clinical</li> <li>▪ Health education</li> <li>▪ Growth &amp; development</li> <li>▪ Foundation of nursing theories (Master level)</li> <li>▪ Administrative work (Head of Department)</li> </ul>	In all courses: -Hybrid: (face-to-face, Blackboard learning management system, and Tegrity Distance learning System)	<ul style="list-style-type: none"> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 2</li> </ul>
2 <sup>nd</sup> Semester 2009/10	<ul style="list-style-type: none"> <li>▪ Research in Nursing</li> <li>▪ Maternal and family health nursing-theory (three sections)</li> <li>▪ Maternal and family health nursing-clinical</li> <li>▪ Administrative work</li> </ul>	In all courses: -Hybrid: (face-to-face, Blackboard learning management system, and Tegrity Distance learning System)	<ul style="list-style-type: none"> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> </ul>
1 <sup>st</sup> semester 2010/11	<ul style="list-style-type: none"> <li>▪ Maternal and family health nursing-theory</li> <li>▪ Maternal and family health nursing-clinical.</li> </ul>	In all courses: -Hybrid: (face-to-face, Blackboard learning management system, and	<ul style="list-style-type: none"> <li>▪ 3</li> <li>▪ 3</li> </ul>

	<ul style="list-style-type: none"> <li>▪ Research in Nursing</li> <li>▪ Foundation of nursing theories (Master level)</li> <li>▪ Administrative work (Head of Department).</li> </ul>	Tegrity Distance learning System)	<ul style="list-style-type: none"> <li>▪ 3</li> <li>▪ 2</li> </ul>
2 <sup>nd</sup> Semester 2010/11	<ul style="list-style-type: none"> <li>▪ Maternal and family health nursing-theory</li> <li>▪ Maternal and family health nursing-clinical.</li> <li>▪ Research in Nursing</li> </ul>	In all courses: -Hybrid: (face-to-face, Blackboard learning management system, and Tegrity Distance learning System)	<ul style="list-style-type: none"> <li>▪ 3</li> <li>▪ 3</li> </ul>
1 <sup>st</sup> semester 2011/12	<ul style="list-style-type: none"> <li>▪ Maternal and family health nursing-theory</li> <li>▪ Maternal and family health nursing-clinical.</li> <li>▪ Research in Nursing</li> <li>▪ Foundation of nursing theories (Master level)</li> <li>▪ Growth &amp; development</li> </ul>	In all courses: -Hybrid: (face-to-face, Blackboard learning management system, and Tegrity Distance learning System)	<ul style="list-style-type: none"> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 2</li> <li>▪ 3</li> </ul>
2 <sup>nd</sup> Semester 2011/12	<ul style="list-style-type: none"> <li>▪ Maternal and family health nursing-theory</li> <li>▪ Maternal and family health nursing-clinical.</li> <li>▪ Research in Nursing</li> <li>▪ Health education</li> </ul>	In all courses: -Hybrid: (face-to-face, Moodle learning management system.	<ul style="list-style-type: none"> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> </ul>
1 <sup>st</sup> semester 2012/13	<ul style="list-style-type: none"> <li>▪ Maternal and family health nursing-theory</li> <li>▪ Maternal and family health nursing-clinical.</li> <li>▪ Research in Nursing</li> <li>▪ Foundation of nursing theories (Master level)</li> <li>▪ Nursing ethics and standards.</li> </ul>	In all courses: -Hybrid: (face-to-face, Moodle learning management system).	<ul style="list-style-type: none"> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 2</li> <li>▪ 3</li> </ul>
2 <sup>nd</sup> Semester 2012/13	<ul style="list-style-type: none"> <li>▪ Research in Nursing</li> <li>▪ Nursing ethics</li> <li>▪ Introduction to nursing informatics</li> <li>▪ Fundamentals of nursing- theory.</li> </ul>	In all courses: -Hybrid: (face-to-face, Moodle learning management system.	<ul style="list-style-type: none"> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 4</li> </ul>
1 <sup>st</sup> semester 2013/14	<ul style="list-style-type: none"> <li>▪ Research in Nursing</li> <li>▪ Foundation of nursing theories (Master level)</li> <li>▪ Introduction to nursing informatics</li> <li>▪ Maternal and family health nursing-clinical.</li> </ul>	In all courses: -Hybrid: (face-to-face, Moodle learning management system).	<ul style="list-style-type: none"> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> </ul>
2nd semester 2013/14	<ul style="list-style-type: none"> <li>▪ Introduction to nursing informatics</li> <li>▪ Maternal and family health nursing-clinical.</li> <li>▪ Maternal and family health nursing-theory</li> <li>▪ Fundamentals of nursing- theory.</li> </ul>	In all courses: -Hybrid: (face-to-face, Moodle learning management system).	<ul style="list-style-type: none"> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 3</li> <li>▪ 4</li> </ul>

## Membership in School Committees

2008/2009	<ul style="list-style-type: none"> <li>▪ Member, School of Nursing Council</li> <li>▪ Member, Curriculum development Committee</li> <li>▪ Member, Counseling and academic advising Committee</li> <li>▪ Member, Committee to establish Clinical Master's programs</li> <li>▪ Member, Higher Education Accreditation Criteria Committee</li> <li>▪ Member, Developing and updating School of Nursing Web Site,</li> <li>▪ Member, Tenders Committee</li> <li>▪ Member, Scientific Research Committee</li> <li>▪ Chairperson, Counseling for 2<sup>nd</sup> year undergraduate nursing students</li> <li>▪ Chairperson, Committee for postgraduate students selection</li> <li>▪ Chairperson, Committee to prepare a Maternity Care Lab</li> <li>▪ Chairperson, Committee to prepare a Pediatric Lab</li> </ul>
2009/2010 & 2010/ 2011	<ul style="list-style-type: none"> <li>▪ Chairperson, Counseling for 2<sup>nd</sup> year undergraduate nursing students</li> <li>▪ Chairperson, Committee of accreditation of Nursing program, Bachelor Degree</li> <li>▪ Member, School of Nursing Council</li> <li>▪ Member, Curriculum development Committee</li> <li>▪ Member, Counseling and academic advising Committee</li> <li>▪ Member, Higher Education Accreditation Criteria Committee</li> <li>▪ Member, Developing and updating School of Nursing Web Site</li> <li>▪ Member, Tenders Committee</li> <li>▪ Member, Scientific Research Committee</li> <li>▪ Member, Staff development Committee</li> <li>▪ Chairperson, Committee to prepare a Maternity Care Lab</li> <li>▪ Chairperson, Committee to prepare a Pediatric Lab</li> <li>▪ Member, Scientific Research Committee</li> </ul>
2011/2012 & 2012/2013	<ul style="list-style-type: none"> <li>▪ Chairperson, Counseling for bridging nursing students</li> <li>▪ Chairperson, Committee of accreditation of Nursing program, Bachelor Degree</li> <li>▪ Member, School of Nursing Council</li> <li>▪ Member, Curriculum development Committee</li> <li>▪ Member, Counseling and academic advising Committee</li> <li>▪ Member, Higher Education Accreditation Criteria Committee</li> <li>▪ Member, Developing and updating School of Nursing Web Site,</li> <li>▪ Member, Curriculum development Committee</li> <li>▪ Chairperson, Staff development Committee</li> <li>▪ Chairperson, Committee to prepare a Maternity Care Lab</li> <li>▪ Chairperson, Committee to prepare a Pediatric Lab</li> <li>▪ Member, Scientific Research Committee</li> </ul>
2013/2014	<ul style="list-style-type: none"> <li>▪ Member, Developing and updating School of Nursing Web Site,</li> <li>▪ Chairperson, Counseling for bridging nursing students</li> <li>▪ Chairperson, Committee of accreditation of Nursing program, Bachelor Degree</li> <li>▪ Member, School of Nursing Council</li> <li>▪ Member, Curriculum development Committee</li> <li>▪ Member, Counseling and academic advising Committee</li> <li>▪ Member, Higher Education Accreditation Criteria Committee</li> <li>▪ Member, Curriculum development Committee</li> <li>▪ Member, Staff development Committee</li> <li>▪ Member, Scientific Research Committee</li> </ul>

## References:

Prof. Valerei Fleming, Secretary General, Global Network of WHO Collaborating Centres, Professor and Head of Division, School of Nursing, Midwifery and Community Health, Glasgow Caledonian University, E Mail:  
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