

Sanaa K. Abujilban

Personal Information	<p>Date of Birth : June 2nd, 1974.</p> <p>Nationality : Jordanian.</p> <p>Marital Status: Married.</p> <p>Sex : Female.</p>
Education	<ul style="list-style-type: none">• 2004-2008 PhD in Midwifery, School of Nursing, Faculty of life and health sciences, University of Ulster at Jordanstown, N. Ireland, UK.• 2002 – 2003 Higher Diploma in Midwifery, Muta'h University, Jordan• 1998 – 2001 M.Sc. Degree in Nursing Education, University of Jordan, Jordan• 1992 – 1996 B.Sc. Degree in Nursing, Jordan University of Science & Technology, Jordan.
Certificates	<ul style="list-style-type: none">• Sep17 Certified Professional Trainer, International Association for People and Performance Development (IAPPD), # 21313671.
Thesis title	<ul style="list-style-type: none">• Effectiveness of antenatal education in improving maternal confidence, decreasing anxiety and improving birth outcomes in Jordan
Work Experience	<ul style="list-style-type: none">• Jun 1996 - Sep 2001, Staff Nurse in intermediate, Telemetry and Pediatric floor, Arab Medical Center, Jordan.• Sep 2001- Aug 2002, Teacher and Research Assistance, Hashemite University, Jordan.• Sep 2003- Sep 2004, Teacher and Research Assistance, Hashemite University, Jordan.• June 2008 – current, Assistant Professor, Hashemite University, Jordan.
Training Courses	<ul style="list-style-type: none">• 9th-16th Sep 2017, Train The Trainers training program (63 training hrs)• 18th Nov. – 6th Dec. 2012, Health Equity and Reproductive Health: Implication for research, Policy and Action” (3 weeks), The American University in Cairo.

	<ul style="list-style-type: none"> • 18 June – 27 June 2002, SPSS (40 training hours), Center for Studies, Consultations, and Community Services, Hashemite University, Jordan. • July – Aug 2002, Comprehensive Computer Course (100 training hours), Hashemite University, Jordan. • Other short training courses [Arrhythmias, CPR]
Administrative work	<ul style="list-style-type: none"> • Head of Maternal, Child and Family Health: Sep 2016- current • Dean Assistant: Sep 2008- June 2010 • Head of Maternal, Child and Family Health: 24 Feb 2009- 15 June 2009, Acting
Publications	<ol style="list-style-type: none"> 1. Damra, J. & Abujilban, S. (2018). Violence against Women and Its Consequences on Women's Reproductive Health and Depression: A Jordanian sample. <i>Journal of interpersonal violence</i>. In press. 2. Mrayan, L., Alnuaimi, K., Abujilban, S. & Abuidhail, J. (2017). Exploring Jordanian women's experience of first pelvic examination. <i>Applied Nursing Research</i>. 38: 159–162. 3. Hatamleh R, Zayed FF, Khasswneh MY, Abujilban S, Sinclair M. (2017) Maternal and fetal morbidity and mortality following multiple caesarean sections in northern Jordan. <i>Evidence Based Midwifery</i>. 15(1): 20-28 4. Abujilban, S., Abuidhail, J., Mrayan, L., & Hatamleh, R. (2017). Characteristics Of Dissatisfied With Life Pregnant Jordanian Women: a Comparison Between Satisfied and Dissatisfied Women’s Demographics. <i>Health Care for Women International</i>. 38(6): 556-570. doi:10.1080/07399332.2017.1289535. 5. Al-Modallal, H., Al-Omari, H., Abujilban, S., Mrayan, L. (2016). Intimate Partner Violence and Female Nurses’ Employment: Disclosure and Consequences. <i>Journal of Family Violence</i>. 31(2):1-6. doi: 10.1007/s10896-015-9755-1. 6. Abujilban, S., Mrayan, L., Al-Modallal, H., & Isaa, E. (2015). Effects of Intimate Partner Physical Violence on Newborns' Birth Outcomes Among Jordanian Birthing Women. <i>Journal of interpersonal violence</i>. In press. DOI:10.1177/0886260515603975 7. Damra, J., Abujilban, S., Rock, M. , Tawalbeh, I., Ghbari, T., & Ghaith, S. (2015). Pregnant Women's Experiences of Intimate Partner Violence and Seeking Help from Health Care Professionals: A Jordanian Qualitative Study. <i>Journal of Family Violence</i>. 30(6): 807–816. doi:10.1007/s10896-015-9720-z

8. Al-Modallal, H., Abu Zayed, I., **Abujilban, S.**, Shehab, T. & Atoum, M. (2015). Prevalence of Intimate Partner Violence Among Women Visiting Health care Centers in Palestine Refugee Camps in Jordan. *Health Care for Women International*. 36(2):137-48. doi: 10.1080/07399332.2014.948626.
9. **Abujilban, S. K.**, Abuidhail, J., Al-Modallal, H., Hamaideh, S., & Mosemli, O. (2014). Predictors of Antenatal Depression Among Jordanian Pregnant Women in Their Third Trimester. *Health Care for Women International*. Feb;35(2):200-15. doi: 10.1080/07399332.2013.817411.
10. Abuidhail, J., & **Abujilban, S.** (2014). Characteristics of Jordanian depressed pregnant women: a comparison study. *Journal of Psychiatric and Mental Health Nursing*. 21(7):573-9. doi: 10.1111/jpm.12125.
11. **Abujilban, S.**, Sinclair, M., Kernohan, WG. (2014). Antenatal education in Jordan: a rapid appraisal abstract. *Evidence Based Midwifery*. 12(4): 137-142.
12. **Abujilban, S.**, Sinclair, M., Kernohan, WG. (2012) The translation of the childbirth self-efficacy inventory into Arabic. *Evidence Based Midwifery* 10(2): 45-49
13. PhD Thesis (2008) "Effectiveness of antenatal education in improving maternal confidence, decreasing anxiety and improving birth outcomes in Jordan".
14. **Abujilban, S.**, Sinclair, M., Kernohan, WG. (2008). Exploring Jordanian Antenatal Education Outcomes: A Solomon Four-Group Study. *RCN annual international nursing research conference UK*. 43.
15. **Abujilban, S.** (2008). Book Review for Baby care before birth By Zeta West. *Evidence Based Midwifery*, in press.
16. **Abujilban, S.**, Sinclair, M., Kernohan, WG. (2008). Exploring Jordanian Antenatal Education Outcomes: Solomon Four-Group challenge. 27th Annual International Nursing & Midwifery Research Conference. *Royal College of Surgeons in Ireland. Faculty of Nursing & Midwifery. Wednesday, 20th & Thursday, 21st February 2008 Ireland*. 9.
17. **Abujilban, S.**, Sinclair, M., Kernohan, WG. (2007). *Antenatal Education in Jordan: A rapid Appraisal. RCM Annual Conference and Exhibition* (Brighton, UK).
18. **Abujilban, S.**, Sinclair, M., Kernohan, WG. (2007). Translation and Adaptation of the Childbirth Self-Efficacy Inventory (CBSEI) from English to Arabic using a new WHO process. *RCN annual international nursing research conference* (Dundee, Scotland, UK).46.
19. **Abujilban, S.**, Sinclair, M., Kernohan, WG. (2006). Child Birth Self Efficacy Inventory: An Arabic Version. Abstracts of the 17th workshop on Midwifery

	Research in the German Speaking Area. 5. (Germany)
Languages	<ul style="list-style-type: none"> • Arabic: Mother Language. • English: Fluent.
Honors during my Academic Careers	<ul style="list-style-type: none"> • Selected by the Accreditation and Quality Assurance Commission for Higher Education Institutions to be a member of the committee for preparing the standards of midwifery BSc education in Higher Education Institutions in Jordan. • Selected by the Accreditation and Quality Assurance Commission for Higher Education Institutions to be a member of the committee for studying the midwifery BSc program at Jordan University of Science and Technology. • Selected by the Jordanian Nursing Council (JNC) to be a member of the committee for preparing the standards of midwifery practice in Jordan • Selected by the Jordanian Nursing Council to be a member of the committee for preparing the questions of specialization's exam • Selected to review some research paper for the Evidence Based Midwifery, such as: <ol style="list-style-type: none"> 1. EBM 010 2. EBM 104 • Selected to be a member of the scientific committee for the world's first Doctoral Midwifery Research Society Conference taking place 1-3 September 2010. • Selected to be a member of the scientific committee for the Research Advisory Network of research advisors and peer reviewers to provide advice and support to the ICM and the Research Standing Committee 2011.
Honors as co-advisor for master students thesis during my Academic Careers	<ul style="list-style-type: none"> • 2017. Selected to be the as co-advisor for a master student at JUST with a dissertation titled "The Effect of Involving husbands in Antenatal Education on Women Empowerment and Antenatal Depression in Jordan" • 2015: Selected to be the as co-advisor for a master student at JUST with a dissertation titled "Evaluation Of The Effect Of Childbirth Preparation Educational Program On Self-Efficacy, Anxiety, And Birth Outcomes Among First Time Jordanian Mothers" • 2015: Selected to be the as co-advisor for a master student at JUST with a dissertation titled "The Impact Of A Planned Health Education Program On The Compliance And Knowledge Of Jordanian Pregnant Women With Anemia" • 2014: Selected to be the as co-advisor for a master student at JUST with a dissertation titled "Evaluation Of The "Helping Baby Breath Training Program" On Midwives' Knowledge And Skills In The North Of Jordan"
Honors as external examiner during my Academic Careers	<ul style="list-style-type: none"> • Selected to be the external examiner for a master student at JUST with a dissertation titled "The Effect of a Planned Health Educational Program on Jordanian Women Knowledge of Warning Signs of Pregnancy Complications" in January 2014. • Selected to be the external examiner for a master student at JUST with a dissertation titled "Nurses Knowledge, Practice and Perceived Barriers of Collecting and Storing Breast Milk in the Neonatal Intensive Care Unit in Northern Jordan" in June 2013. • Selected to be a member of the external examiners for senior year nursing students at Al-Albait University in May 2011.

	<ul style="list-style-type: none"> • Selected to be the external examiner for a master student at JUST with a dissertation titled “Learning needs of Jordanian women during the antenatal period” in June 2009. • Selected to be a member of the external examiners for senior year nursing students at Jordan University in May 2009.
Reference	<ul style="list-style-type: none"> • Prof. Marlene Sinclair, PhD supervisor, School of Nursing, Faculty of Life and Health Sciences, University of Ulster at Jordanstown, UK. m.sinclair1@ulster.ac.uk, +44 (0) 28 90368118. • Prof. George Kernohan, PhD supervisor, School of Nursing, Faculty of Life and Health Sciences, University of Ulster at Jordanstown, UK. wg.kernohan@ulster.ac.uk, +44 (0) 28 90366532. • Dr. Majd Mrayyan, PhD.Associate Professor, Dean of Faculty of Nursing, Hashemite University, Jordan, mmrayyan@hu.edu.jo & m_mrayyan@yahoo.com, +962-5-3903333, Ext. 4382, 4604
Taught courses as a PhD holder	<ul style="list-style-type: none"> • Graduate courses: <ol style="list-style-type: none"> 1. Foundations of nursing theories for master students 2. Scientific Research Methods for master students • Undergraduate courses: <ol style="list-style-type: none"> 1. Maternity and Family Health, theory 2. Maternity and Family Health, clinical 3. Health Education, 4. Mother and Infants Care, 5. First Aid, 6. Growth and Development, 7. Scientific Research in Nursing, 8. Midwifery 2, theory. 9. Gynecology theory. 10. Nursing Profession Standards and code of ethics 11. Midwifery nursing • Voluntarily courses <ol style="list-style-type: none"> 1. Reproductive Health course to the Hashemite University’s students 2. Scientific Research in Nursing course to the senior nursing students 3. Scientific Research in Nursing course to the department staff