

Mahmoud Ali Hussein Al-Haliq

Faculty of Physical Education & Sport Sciences

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PERSONAL INFORMATION

- **Date of birth:** August 8, 1969
- **Place of birth:** Irbid, Jordan.
- **Nationality:** Jordanian.
- **Marital status:** Married.

EDUCATION

- | | |
|------|---|
| 1997 | Ph.D. in Physical Education (training and fitness)
University of Kiev, Republic of Ukraine
Dissertation: "Trends and prepare the contents of the physical "fitness" in the first stages of life in the game of tennis" |
| 1992 | BA with Honors in Physical Education
University of Kiev, Kiev, Soviet Union
Previously |

EXPERIENCE

- | | |
|-------------------------|---|
| Dec. 2015 to present | ASSOCIATE PROFESSOR
Faculty of Physical Education & Sport Sciences,
HU, Jordan |
| 2014 to present | MANAGER OF HEALTH CLUB
Al Hussein Youth City |
| Sept. 2015 – Sept. 2016 | CHAIRMAN
Department of Sport Rehabilitation , Hashemite
University , Jordan |
| Sept. 2012 – Sept. 2013 | ACTING CHAIRMAN
Department of Sport Rehabilitation , Hashemite
University , Jordan |
| Sept. 2008 – sept. 2009 | VICE DEAN
Deanship of Student Affairs, HU, Jordan |

Sept. 2007 – Sept. 2008

ACTING CHAIRMAN

Department of Sport Rehabilitation , HU, Jordan

Sept. 2006 – Sept. 2007

ACTING CHAIRMAN

Department of Physical Education , HU, Jordan

Sept. 2014 to sept.2018

FITNESS TRAINER

Jordan Federation For Tennis

Jun.2019 to present

International lecturer (IFPA)

International Fitness Professionals Association

PUBLICATIONS

Al -Haliq, M. A, Abu-Shihab, E, N, Al-Kloub, M, A, Harafsheh, I, M. (2021) Testing the level of knowledge of physical fitness among the employees of Hashemite University, **International Journal of Human Movement and Sports Sciences** 9(1).

Al -Haliq, M. A. (2020) The Effect of a Training Program Using Speed-Specific Strength Exercises on Sensory-Motor Perception in Learning Stroke Forehand Smash in Badminton Material for Students of the Hashemite University, **International Journal of Human Movement and Sports Sciences** 8(6): 299-307, DOI: 10.13189/saj.2020.080601.

- Abu-Shihab, E, N, Al -Haliq, M. A. (2020) the Impact of a Training Program Using Machines and Free Weights on Developing Maximum Muscular Power among Bodybuilders, **Mu'tah Lil-Buhuth wad-Dirasat: Humanities & Social Sciences Series**, Acceptable for posting.

- Harafsheh, I, M, Abu Tabenjeh, A, I, Al -Haliq, M. A. (2020) Dimensions of self-concept between girl's students expected to graduate from the Faculty of Physical Education and Sports Science due to the integrated them in practical courses in sports, **International Journal of Psychosocial Rehabilitation**, Vol. 24, 12741- 12750.

- Al Haliq, S, A, Khraisat, O, M, Kandil, M, A, Al Jumaan, F, M, Alotaibi, F, S, Alsaqabi, H, M, Alajmi, H,A, Ellouly,A,E, Al-Haliq, M,A, Alkhawaldeh,A, ALBashtawy,M, Abuhammad,S. (2020) Assessment on CPR Knowledge and AED Availability in Saudi Malls by Security Personnel: Public Safety Perspective, **Journal of Environmental and Public Health**, Volume 2020, Article ID 7453027, 6 pages, <https://doi.org/10.1155/2020/7453027>

- Al-Kloub, M, A. Al-Khawaldeh, O, A, ALBashtawy, M. Batiha, A, M. Al -Haliq, M. A. (2018). Disordered eating in Jordanian adolescents, Wiley – **international journal of nursing practice**, DOI: 10.1111/ijn.12694.

- Abu Zemeh, A.S. Maghayreh, E O, The Impact of the Using of Cooperative Teaching on Learning the Basic Skills of Chest Swimming, **Dirasat: 44(4), addition (9)**, 277 -287.

- Abu Zemeh, A.S. Al - Haliq, M. A. Maghayreh, E O. (2016) Degree of training competencies and availability of the swimming coaches from the viewpoint of swimmers. **Dspace at Al al-Bayt University**22 (4)173-207.

- Al -Haliq, M. A. Zaid,Z.A. (2016) Physiological, Physical, and Body Characteristics of Physical Education Students at the Hashemite University, The eleventh conference of the

Faculty of Physical Education, University of Jordan, **the third of the Association of Faculties of Arab Physical Education, "Integrative in Sports Sciences.**

- Al -Haliq, M. A. (2015) the relationship between anthropometric measurements and physical Characteristics with the level of performance for tennis players, **Journal of Sport Science**, 2: 40-46.

- Al -Haliq, M. A. (2015) the Circuit Training Method to Promote the Physical Fitness Components of the Hashemite University Students, **Advances in Physical Education.5 (3).**

- Al -Haliq, M.A. Altahayneh, Z.L & Oudat, M. A. (2014) Levels of burnout sports referees in Jordan. **Journal of physical education and sport, 14(1)**, 47-51

- Al -Haliq, M.A. Oudat, M. A. & Abu AL-Taieb, M.H (2013). The Effect of Using Video on Developing Physical Fitness of Physical education Students at the Hashemite University. **Asian Social Science Vol (10) 1**, 21-27.

- Al -Haliq, M.A. & Khasawneh, A.S. & Al – Akor, A (2013). The effect of mental training program related to skills teaching on learning the Volleyball basic **International Journal of Academic Research, 5(2)**, 308 – 312.

- Al-Haliq, M.A., & Abu Zemeh, A.S., (2013). Establishing Norms for Some of the Physical Fitness Components for Undergraduate Physical Education Students at the Hashemite University. **Dirasat: Educational Sciences 40(1)**, 682 -697.

- Abedalhafiz, A., Altahayneh, Z.L., & Al-Haliq, M.A., (2012). The relationship between physical activity and self-esteem among students of Zarqa education directorate. **International Journal of Academic Research, 4(6)**, 39-48.

- Khasawneh, A.S. & Al – Akor, A & Al-Haliq, M.A., (2012). Determining the level of Cognitive Knowledge in Volleyball for Physical Education Students at Yarmouk University. **Journal of institutional Research south East Asia (JIRSEA), 10(2).**

- Al-Haliq, M.A., Altahayneh, Z.L., & Al-Momani, Z. (2011). Leadership competencies of Jordanian individual sports coaches as perceived by male and female athletes. **Abhath Yarmouk: Humanities and Social Sciences, 27(3)**, 2243-2258. .

- Abedalhafiz, A., Altahayneh, Z.L., & Al-Haliq, M.A., (2010). Sources of stress and coping styles among student-athletes in Jordan universities. **Procedia Social and Behavioral Sciences, 5**, 1911–1917.

- Salameh, I., Altahayneh, Z.L., & Al-Haliq, M.A., (2008). The effect of utilizing the self-check style and guided discovery style on developing forehand push and backhand push in table tennis for physical education students at the Hashemite University. **Dirasat, 35(2)**, 360-371.

- Al-Haliq, M.A., Altahayneh, Z.L., & Salameh, I. (2007). Evaluating the effectiveness of field-training program for physical education students at the Hashemite University. **Mu'tah Lil-Buhuth wad-Dirasat: Humanities & Social Sciences Series, 22(4)**, 259-281.

- Al-Hayek, S., & Al-Haliq, M. A. (2007). Student attitudes toward physical education teaching materials the process by using computer technology as a teaching assistant on the computer. Annual Scientific Conference of the Department of Sport and Exercise Psychology,

"Psychological care for athletes" - Helwan University, 29-30/4. **Scientific Journal of Physical Education and Sports, No. (50).**

- Khasawneh, A.S. Al-Haliq, M. A., & Serdah, E.M. (2005). A comparative study of some elements of physical fitness and arranged according to their importance to the players, taekwondo and karate at the University of Jordan. **Mu'tah Lil-Buhuth wad-Dirasat: Humanities & Social Sciences Series, 20(9).**

- Al-Haliq, M. A., & Khasawneh, A.S., (2005). Constraints faced by the player's table tennis clubs in Jordan. **Dirasat, 32(19).**

CONFERENCES

1) First international scientific **conference**, "Towards Active Community to Develop Health and Performance". College of Physical Education and Sports Science, Hashemite University, Zarqa, Jordan 14-15/5/2008

2) Annual Scientific **Conference** of the Department of Sport and Exercise Psychology, "Psychological care for athletes" - Helwan University, 29-30/4/2007.

3) Fifth international scientific **conference** "Sport Science in a Changing World." Faculty of Physical Education, University of Jordan, 10-11/5/2006.

BOOK

- Translation of an organization is **the book on personal training (IFPA)**, Deposit No. National Library (2020/9/3808).

COURSES TAUGHT

- Health-related fitness.
- Fitness
- Psychological preparation of athletes
- Sport Psychology
- Psychology Rehabilitation Sports
- Sports and Health
- Tennis
- Badminton

COMMITTEES

- Member of the Faculty of Physical Education and Sports Science board - academic year 2006/2008.
- Member of the curriculum committee - academic year 2006/2008.
- Chairman of the Social Committee of the college - the academic year 2003 / 2011.
- Chairman of the Committee of tennis - Sports Excellence for the academic year 2003/2008
- Member of the Election Commission, Hashemite University for the academic year 2005/2008.
- Director of the field of elections, the Hashemite University for the academic year 2008/2009.
- Chairman of the parents committee in the graduation of students for the academic year 2008/2009.
- Chairman of the Commission of Inquiry into the issues of student / Deanship of Student Affairs 2008/2009.
- Member of the Technical Committee of the Union of Jordan tennis from 2007 to 2010.

TRAINING COURSES

- Soccer conditioning specialist Certification (**IFPA**), 2020.
- Accessibility and Customer Service Training, **YMCA** of Greater Toronto's. Canada, (Certification Number **262019/1**), 2019.
- Strength and sport conditioning specialist Certification (**IFPA**) 2019.
- Personal Fitness Trainer Certification (**Europe Active**) - Membership Number (**61638**), 2019.
- Personal Fitness Trainer Certification (**IFPA**) (Certification Number **353621**), 2018.
- Personal Fitness Trainer Course (**ISSA**), 2017.
- Personal Fitness Trainer Certification, (**IFBB**) (License Number **S922**), 2016.
- **Sports massage** and health issued by the Ministry of health / Soviet Union/Ukraine/ 15/10/1990- 15/5/1991.
- **Computer course** - the University of Jordan 1997.
- International instructors course in the **sport of swimming**/Jordanian Union of swimming 2000.
- **E-learning course** held at the Hashemite University through the academic year 2003/2004
- **ICDL** Hashemite University, 2005.
- **Educational technology** and evaluation of faculty members - Hashemite University, 2003.

- **Blackboard Learning** System Essentials Course - the Hashemite University, 2006.
- Statistical analysis using **SPSS** - The Hashemite University, 2007.
- **Software overall** education-mail - The Hashemite University, 2007.